

April Newsletter

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Dear Partners, Supporters and Friends,

As we share this April Newsletter, I would like to sincerely thank all our donors, partners, volunteers and friends for journeying with us to support the vulnerable children, families and communities of Mukuru.

We witnessed many encouraging moments: donor visits, volunteer engagement, improved school infrastructure, nutrition support programs, vocational exposure opportunities for students, medical camps, therapy services for children with disabilities, and emergency support for flood-affected families. These interventions would not be possible without your continued partnership.

We are especially grateful for the visits and ongoing support from our development partners DKA Austria and eRko Slovakia. The monitoring visits from project partners also help us enhance our services. Their engagement with our staff, children, and management has strengthened collaboration and accountability in implementing various programs.

Dr Ana and the team from the Pablo Horstmann Foundation, Spain, for visiting our programs and exploring the Mukuru community to gain a deeper understanding of the challenges faced by the vulnerable families we support. Their ongoing assistance with medical interventions and nutritional support is invaluable to our work.

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The Whistle Team offered practical support and outreach during their visit to Songa Mbele and to the Mary Immaculate Rehabilitation Centre, including maintenance work, renovations, and activities that bring joy and encouragement. Their dedication over the years has significantly improved the living conditions and safety of the children in our care.

I would like to inform our partners and stakeholders that I will be on holiday in Ireland from April 24th to May 26th, 2026. This trip will provide me with the wonderful opportunity to reconnect with family and friends. In addition to spending quality moments with my loved ones, I look forward to engaging with our donors and friends from the MPC community during my stay.

During my time away, I have full confidence that my capable deputy, Dinah Mwendwa, along with the dedicated management team and our committed staff, will tirelessly ensure seamless operations and maintain continuity of service across all departments. I am profoundly thankful for the dedication of our staff, volunteers, and supporters, whose steadfast commitment continues, and for your relentless efforts, which are vital to our success.

As Mukuru Promotion Centre celebrates more than 40 years of steadfast dedication to the Mukuru community, we reaffirm our commitment to our motto, "Empowerment Step by Step." Throughout these decades, we have worked collaboratively alongside the community to build a brighter future, instilling hope, restoring dignity, and creating meaningful opportunities for vulnerable children and families. Together, we strive to foster resilience, ensuring that every step taken brings us closer to a more inclusive and supportive environment for all.

Your support allows us to continue confidently each day. Thank you for your assistance in enabling our services.

Sr Mary Killeen
Director

Archival Corner

MPC Awarded the Prestigious Agathe Uwilingiyimana Education Award 1997

The Agathe Uwilingiyimana Award, which recognises innovative achievements in education, is a funding initiative established by the Forum for African Women Educationalists (FAWE). This award supports educational projects and income-generating initiatives that empower African girls. It honours the legacy of Rwanda's first female Prime Minister, who was a strong advocate for women's education and equality.



In the early 1980s, the Mukuru slums in Nairobi, Kenya, experienced rapid population growth, leading to a significant shortage of public schools. There was an urgent need to build more schools in this area. At that time, men were considered to be the superior gender, and as a result, very few girls had the opportunity to complete their education or pursue higher learning. Instead, most girls ended up in early marriages, limiting their chances of competing in the job market.

In 1985, the Sisters of Mercy, under the direction of Sr Mary Killeen, established Sancta Maria Mukuru Kayaaba Primary School, marking the first school under Mukuru Promotion Centre. Over the years, they opened six additional primary schools, a high school, and a vocational training school. Two primary schools were handed over to other religious congregations. Also included in the MPC development were a medical clinic, a rehabilitation centre for street boys, and a centre for children with disabilities. Many girls from Mukuru slums were empowered to pursue higher education through sponsorship. Largely, through education, stereotypes have been challenged. More females can compete on a more equal footing in the job markets and political arenas.

The educational efforts of MPC for the girl child were recognised for their significant contribution to education, leading to the prestigious Agathe Uwilingiyimana Award from FAWE, Kenya, in 1997. MPC Director Sr. Mary Killeen travelled to Dakar, Senegal, to receive the award. With the support of donors and development partners, over 7,000 children from the Mukuru slums continue to receive the beginnings of an education each year, with hundreds receiving MPC sponsorships to learning institutions.

E_{ducation}

P_{primary} Schools

St Bakhita, St Catherine's, St Elizabeth and Sancta Maria Kayaba

During the April school holidays, although the pupils were away, the schools remained operational. Teachers reported to work as scheduled to fulfill their institutional responsibilities. Throughout this period, they maintained a presence on school grounds, conducted routine checks, and diligently recorded any significant occurrences or events. This approach ensured that the schools remained secure, organized, and well-prepared for the eventual return of the students.

Enrolments across the four primary schools have remained steady at 6,391 students, maintaining a balanced gender ratio of 50:50. St. Catherine Primary School welcomed a new head teacher in April, following the retirement Mrs Zelipher Wanjohi. Mrs Esther W. Karomo, the new Headteacher is expected to provide strong instructional leadership by overseeing the implementation of the curriculum, monitoring teaching standards, and promoting academic excellence among students. Additionally, the head teacher will play a crucial role in fostering teamwork among the teaching staff, offering renewed hope and direction to staff, pupils and parents.

The security team from Garda World undertook a commendable initiative at St. Bakhita Primary School, repainting the interior of the ECDE block and the science laboratory. This effort significantly enhanced the appearance and condition of the learning spaces, contributing to a more conducive educational environment. The improved classrooms are now cleaner, brighter, and more welcoming, which is expected to positively influence learners' comfort, motivation, and overall learning experience. Such support not only enhances the school's physical infrastructure but also underscores the importance of maintaining safe, friendly, and inspiring spaces for effective teaching and learning.



Garda World repainted the ECDE and the school computer lab at St. Bakhita Primary School

The Order of Malta, in partnership with Rahma Worldwide, donated 20 chairs and 20 tables to St. Catherine Primary School. This generous contribution addresses the shortage of classroom furniture. School administrators, teachers, and students expressed their heartfelt gratitude for the support, noting that the donation will enhance student concentration, participation, and overall academic performance. This initiative demonstrates the strong commitment of both organisations to supporting education and uplifting communities through practical, impactful assistance.



Order of Malta Ambassador and Rahma Worldwide Representative presenting a donation of 20 chairs and tables to MPC.

Holiday feeding programs were successfully implemented in all schools throughout the month. This initiative was instrumental in improving children's nutrition and overall health, ensuring they had access to consistent, balanced meals, even at home. The program significantly alleviated the financial burden on parents and guardians by reducing the cost of daily meals during the holiday period, and MPC is very grateful to Team Pankaj for their support of the program. By offering well-balanced diets, the program helped students return to school healthier, stronger, and better prepared to engage in academic activities.



Schools holiday feeding program



Pankaj Shah visits to monitor the school's feeding program

A DKA Austria monitoring visit to MPC was successfully conducted during the month. The visiting officer had the opportunity to engage directly with key stakeholders at the school level, including two learners and one teacher from each participating school. These interactions provided valuable insights into the day-to-day operations of the schools, the learning environment, and the practical impact of the support being provided. The discussions also explored the challenges faced by both learners and teachers, including resource constraints, instructional needs, and any barriers to effective teaching and learning. In addition, the officer assessed beneficiaries' awareness and understanding of the funding support, its purpose, and intended outcomes. The visit further enabled the on-the-ground authentication of project implementation, strengthening accountability and transparency. It also created an opportunity for feedback from schools, fostering a participatory approach and reinforcing collaboration between the donor and implementing partners.



DKA monitoring meeting with teachers

St Michael's Secondary School

Given the April school holidays there were few school-based activities. St. Michael's School proudly took part in the Kenya Secondary Schools National Athletics Championship, which took place in the vibrant Kisumu County. Among our talented athletes, Glen Muganda stood out, representing our school in the 800-meter race. He demonstrated remarkable



determination and skill, finishing in a commendable 5th place overall. Regrettably, Angela Shayo, who had qualified to compete, was unable to participate due to incomplete registration details. It was a disappointing setback for her and the team, as we were all looking forward to her performance on the track. Both students were accompanied by their teacher Steve Biko.

Angela, Steve and Glen

The school achieved a significant milestone by successfully administering and publishing the results for the Form 4 Pre-Mock and Form 3 End-Term examinations. These results were promptly shared with parents, keeping them informed of their children's academic progress and performance.

Form 4 students who achieved a grade of C+ and above are as follows: - Teresa Meme: B+, Desiderious Fundi: B, Gabriel Onyango: B, Idah Achieng: B-, Derrick Muigai: B-, Vallary Anyango: B-, Purity Abigael: B-, Lawrence Kimanthi: C+, Salome Wachera: C+, Hussein Zamzam: C+, Mutuko Manase: C+. These students have until September to improve their results. The rest of the Form 4 cohort now face the challenge of enhancing their scores to broaden their options after completing secondary education.

In preparation for the KCSE 2026, a total of 131 students were successfully registered with the Ministry of Education and the Kenya National Examination Council.

Regrettably, flooding persisted throughout April, severely affecting many students and significantly disrupting school activities upon return from holidays. Some classrooms were unusable, and extracurricular programs were halted.

Our Lady of Mercy Vocational Training Centre

There were few activities in April for the 170 students enrolled at OLMVTC due to Easter and end of term break. There was a follow up for the St Michael's alumni to gauge the interest of former students wanting to learn a vocational training skill. Around 18 former students expressed an interest and 6 actually enrolled for second term.

The catering students were divided into 2 cohorts to facilitate easier management during their visit to Hilton Kwetu Curio. The students had the opportunity to meet the Human Resources Officer who explained how each department operates, the skills and knowledge



required to deliver services required to satisfy the guests and customers. The hotel tour was very encouraging and motivating for our students, who met the other students who are there for their internship at the hotel. The hotel tour provided a good experience, especially in housekeeping and laundry, since MPC does not have that in place.

OLMVTC and Hilton Kwetu Curio Management members



Students on tour at Hilton Kwetu Curio

The catering students were introduced to various hotel departments and learned about everything involved in providing guests with the best possible service. These hotel tours offer invaluable experiences for students, as they closely resemble what they will encounter in the hospitality industry. The Foreign Affairs Department has recently announced several international events to be held in Nairobi, offering our students a distinct opportunity to participate during their placements.



Students at the Hilton Hotel

Another dimension of the Hilton Global sponsorship is the provision of hygiene materials to support students. Maintaining hygiene aligns with expected standards in the hospitality industry and elsewhere, upholding human dignity. Some of the students are young mothers committed to their studies, yet they have a responsibility to provide for their children, themselves, and even their siblings.

The materials distributed were 20 dozen boxes of washing soap, 20 dozen boxes of body oil, 35 boxes of sanitary pads, 19 dozen boxes of panties and 12 dozen boxes of boxers.



Distribution of hygiene materials

On a regular basis, many British Airways crew members donate materials to beauty, hairdressing, and garment-making students. The donations are fortuitous, as they provided the students with materials for their practicals.

Transformations

Songa Mbele na Masomo Children's Centre

The month of April was relatively short due to a two-week school break. Despite this, the Centre continued to implement key activities focused on child protection, health care, rehabilitation, education, and capacity building. The interventions carried out during the month contributed significantly to improving the well-being, inclusion, and overall development of the children under the program. The Centre has 111 children after the passing of 2 children.

In April, a total of 3 home visits were conducted, primarily to assess the family's suitability and evaluate their needs for interventions. These visits allowed social workers to address psychosocial needs, engage with caregivers, and develop strategies to restore confidence and improve school participation. Additionally, they provided an opportunity to monitor the children's medical conditions. Overall, these visits enhanced case management, improved our understanding of the children's home environments, and ensured timely interventions for both social and health-related challenges.



A home visited by MIC's Mercedes and team alongside 2 social workers (Songa and MIC)



In April, 12 children (3 girls and 9 boys) were taken to AIC Kijabe Hospital for orthopaedic services. The children received various interventions, including surgical booking for one child, fitting of KAFO (Knee, Ankle, Foot Orthoses) for 3 children, and provision of inner soles and rubber KAFO for others. These services significantly enhanced mobility, reduced physical discomfort, and improved the children's ability to participate in the Centre's daily activities, while also contributing to ongoing physiotherapy outcomes.

In addition, 15 medical cases were referred to Mary Immaculate Clinic. The conditions treated included common illnesses such as colds, flu, and stomach aches, as well as nutrition support and routine medication refills. This ensured continuity of care, improved health outcomes, and reduced illness-related absenteeism.

Social worker, Angela Maloba, from the Centre participated in a two-day training on gender mainstreaming organised by DKA Austria. The training focused on several key areas, including understanding gender relations, examining gender dynamics, integrating gender into project implementation, and conducting gender analysis using structured frameworks. This training equipped staff with practical skills to develop SMART gender action plans that include clear objectives, responsibilities, and timelines. Additionally, the social worker, who is the contact person for Cheshire Disability Services Kenya, attended a training on Community-Based Rehabilitation (CBR) and meaningful youth engagement. This session enhanced the team's understanding of the CBR model, the stakeholders involved, and how to implement community-based interventions effectively. The knowledge gained is expected to improve service delivery and strengthen community-level support systems for children with disabilities.

The Centre continued to implement inclusive education in line with the Competency-Based Education framework. This approach aims to enhance individual children's abilities and skills, facilitating more effective interventions and comprehensive support services at an early stage. Two staff members participated in a course focused on inclusive education, covering topics such as disability etiquette, effective communication strategies, inclusive teaching strategies, classroom adaptations, and understanding various disabilities. The training also emphasised the importance of identifying and nurturing talent among children with diverse needs. As a result, the Centre's capacity to provide inclusive, learner-centred education has strengthened, leading to improved classroom management and engagement.

The Centre participated in World Autism Awareness Day under the theme “Every Life Has Value.” Activities included sack races, singing, dancing, and short races. These activities provided a platform for children with autism to express themselves, build confidence, and showcase their abilities, while also promoting inclusion and awareness within the Centre community.



World Autism Day



Valentine

Although death is a natural part of the life cycle, it doesn't make it any easier when someone passes away. For many children living in slums, numerous deaths can often be prevented. Valentine Agatha passed away while receiving treatment at Kenyatta National Hospital after a sudden illness. This was a challenging moment for both the staff and the children, highlighting the vulnerability of the population served and the ongoing need for psychosocial support and timely medical interventions. Valentine joined Songa in July 2023.

The therapy services at the Centre play a crucial role in the children's health and well-being. The physiotherapist conducted 63 sessions for 30 boys and 19 girls, which resulted in improved mobility, posture, and physical strength. The occupational therapist conducted 28 sessions with 22 boys and 6 girls, helping them develop fine motor, self-care, and functional independence skills. The speech and language therapy sessions benefited 19 children (13 boys and 6 girls) over 45 sessions, significantly enhancing communication skills, expression, and social interaction. Overall, these therapeutic interventions improved the children's functional abilities, independence, and participation at both the Centre and at home.

Every month, Songa hosts visitors, both local and overseas. The Centre was delighted to welcome Lucia, Project Officer from eRko Slovakia, as part of their ongoing monitoring and evaluation visit to assess program implementation. Erko Slovakia have been a long-time partner with MPC. Lucia interacted with the pre-vocational children.



Mike guiding the children



Lucia with Prevocational class at Songa



Pablo Horstmann Foundation Team

The Centre also welcomed the team from the Pablo Horstmann Foundation, which has been instrumental in supporting medical interventions by providing medications for children referred to the Mary Immaculate Clinic. Their ongoing partnership has significantly improved access to essential medications and enhanced children's health outcomes.

Since 2010, the riparian land parallel to Songa has had many stories to tell. Initially, 3 meters of solid soil remained in accordance with regulations. However, some landlords took advantage of the situation by moving soil from one side to another to erect corrugated iron (mabati) shelters and rent them out. Last year, massive floods prompted the government to demolish structures within a 5-meter buffer zone along the river, leaving thousands homeless.

To protect the Centre and the riparian land, a significant gabion development project has commenced. This project aims to control water flow away from the Centre during heavy rains and to reinforce the perimeter wall. Construction is currently ongoing and in its final stages, with completion expected soon. This important initiative has been funded by the ProVictimis Group, which also funded the wall a few years ago and is expected to enhance the Centre's safety and sustainability.



Initial stage on the gabions at Songa – Ngong River



Gabion construction in the foreground and the wall in the background

Mary Immaculate Rehabilitation Centre

The April school holidays brought many children back from boarding schools, making the dormitories fully occupied with 64 boys. The Centre remained lively with structured activities, counseling sessions, donor visits, recreational programs, and ongoing rehabilitation support for the children. The holiday program replaced the regular school routine with activities designed to promote relaxation, bonding, creativity, and emotional healing. The boys participated in various activities, including football, rugby, chess, farming, table football, pool games, reading sessions, homework, and PlayStation games. These activities helped create a healthy and engaging environment for the boys during their time away from school. A safe environment allows vulnerable boys the opportunity to heal, grow, and dream once again.

The centre continued to benefit from the support of 5 volunteers during the month. Two



volunteers were assigned to the Social Office, and 3 to the Counselling Office. Among them were Le'a Maratuech and Agathe Loncq from France, along with Hope, a student volunteer from Strathmore University. Their contributions brought fresh energy, mentorship, and meaningful interactions with the boys. The counselling office was quite active, offering both individual and group sessions during the holidays. Some of the younger boys faced language barriers, so the counsellors creatively utilised drawing and art therapy to help the children express themselves more freely.

Drawing expressions

Special counselling interventions were conducted for boys preparing for national examinations to help them manage anxiety and stay focused on their academic goals. Additional sessions addressed behavioural concerns among children who had previously left the centre and returned to street life. Discussions revealed that peer conflicts and family dysfunction are significant factors pushing these children back to the streets. Encouragingly, the boys responded positively to counselling and showed a willingness to improve their behaviour and relationships. A few cases required medical intervention: one boy needed chemotherapy, another required eye surgery, and a third needed hernia repair.

Efforts are underway to streamline registration for the government's Social Health Authority (SHA) program to help cover the costs for medical treatment. However, delays caused by some parents and guardians continue to hinder the process, meaning MPC will need to apply for funds to cover ongoing medical care, especially surgeries.

The holidays normally mean a lot more fun activities like football, rugby, chess, farming, pool and PlayStation. There are also library sessions where the boys can catch up on reading and homework.



Playtime at the Centre



The Centre warmly invites donors, friends, and partner organisations to spend time with the boys. These visits consistently bring joy, encouragement, and insight into different realities of the world. Both the boys and the visitors greatly benefit from these interactions.

Members from Rekker Limited, Kenya, visited the Centre and shared cooking duties with the boys to prepare lunch. They also donated much-appreciated food provisions and sodas.

The boys greatly enjoyed interacting and cooking together with the visitors.



The Rekker team helps make chapatis

We also welcomed the Carmelite Brothers, who spent time with the boys at the playground and in the dining hall, sharing fellowship and encouragement. They generously donated food provisions, which greatly helped feed the boys, especially the extra numbers at the Centre during the school holiday break.



Carmelite Brothers with the boys

British Airways crew members visited the Centre and spent quality time with the boys, offering mentorship and encouragement. Together, they painted the doors and windows around the Centre. It might look like hard work, but its purpose is fostering teamwork and bonding. Jeremiah Obare also delivered some gifts.



BA crewmembers Gemma Burgess, Hannah James, Louis Esteves and Andy Free.

Team Whistle, Ireland, also visited the Centre in April and came with a program to upgrade the dormitory. The dormitory was built and opened in 2009 and funded by the then St Michael's Grammar School, Lurgan, Northern Ireland. Hundreds of boys have lived at the Centre since then, and, as with many facilities, it can look a little worn over time. Team Whistle has visited the Centre dozens of times, and with each visit, they come prepared to do some maintenance projects. This time, the dormitory ceilings received some attention, and the dorms got a facelift with new paint. Also, the boys' outside kitchen, which they use on weekends, was repaired. It wasn't all work; there was plenty of play.

The boys were treated to a memorable recreational experience with music, dancing, bouncey castles, pizzas, chicken, chips and sodas.



Team Whistle Dorm Reno



Outside kitchen



Samuel Ogutu tests the new bicycle from Team Whistle

The carpentry training at the Centre is a critical initiative that equips the boys with essential practical skills for their future. A long-time supporter of the Centre, Team Paula has supplied the necessary tools, including protective overalls, goggles, safety boots, timber, training boards, and other carpentry materials. These resources are instrumental in enhancing the boys' practical skills and empowering them to forge pathways towards independence and secure future employment. The boys made some amazing pieces and demonstrated their woodworking skills.

The carpentry boys made a few picnic tables and then, under Samuel's direction, designed patterns and coloured them.



New picnic tables





Picnic tables and carpentry tools and materials

In March, Team Paula witnessed the devastating floods that destroyed the chain-link fence, a crucial security measure for both the boys and the Centre. The group organised the construction of a new perimeter fence, which is vital given the Centre's proximity to the informal settlement. Security is a serious concern, particularly with teenage boys in residence. The fence serves a dual purpose: it acts as a barrier against the informal settlement and helps mitigate negative influences that might tempt boys to return to street life. Additionally, it provides the overnight staff with increased confidence in their safety.



New perimeter chain-link fence



The newly installed fence significantly bolstered child protection and security, creating a fortified perimeter that safeguards the Centre's resources and establishes a safe, stable environment for everyone. This improvement not only enhances the facility's overall safety but also promotes peace of mind for everyone involved. We extend our heartfelt gratitude



Team Paula Treat

to all who contributed to Team Paula's initiative, whether through generous donations of materials, financial support, or encouraging words. After all the boys' assistance with the new fence, they were treated to chicken and sodas.

The impact of donors, supporters, and well-wishers is immense and deeply appreciated. Through your efforts, the boys experience love, dignity, encouragement, and hope. The programs and services at the Centre are made possible only by your generosity. The boys receive nutritious meals, medical care, psychosocial support, counselling, opportunities for recreation and art, a conducive learning environment, and capacity-building activities.

We extend our heartfelt appreciation to Team Whistle, Rekker Ltd, the Carmelite Brothers, BA crew members, Jeremiah Obare, Team Paula, and all the volunteers. Thank you for your solidarity with vulnerable children and for supporting our mission to rescue, rehabilitate, and restore young lives.

Sponsorship Office

In April, we primarily focused on maintaining program continuity and enhancing student engagement during the school holidays, as well as preparing administratively for Term 2. Our key efforts were aimed at promoting student responsibility through community service, ensuring timely communication with our donors, and preparing students for a smooth transition back to school for the new term. Below, you will find a summary of the activities conducted during the month.

The community service program for sponsored students lasted two weeks. During this time, the students actively participated for five days, dedicating their time and effort to support various institutions within the Mukuru Promotion Centre. The main activities involved cleaning tasks, which included maintaining school compounds, classrooms, and shared spaces within the centres. This initiative aimed to foster a sense of responsibility, discipline, and service among the students. It also provided them with an opportunity to give back to the community that supports their education and growth. Throughout the program, the students demonstrated commitment and teamwork. In addition to the physical work, the activities served as a mentorship platform, reinforcing values such as cooperation, respect for shared spaces, and personal accountability. This engagement is an important aspect of the sponsorship program, as it encourages holistic development beyond academic support.



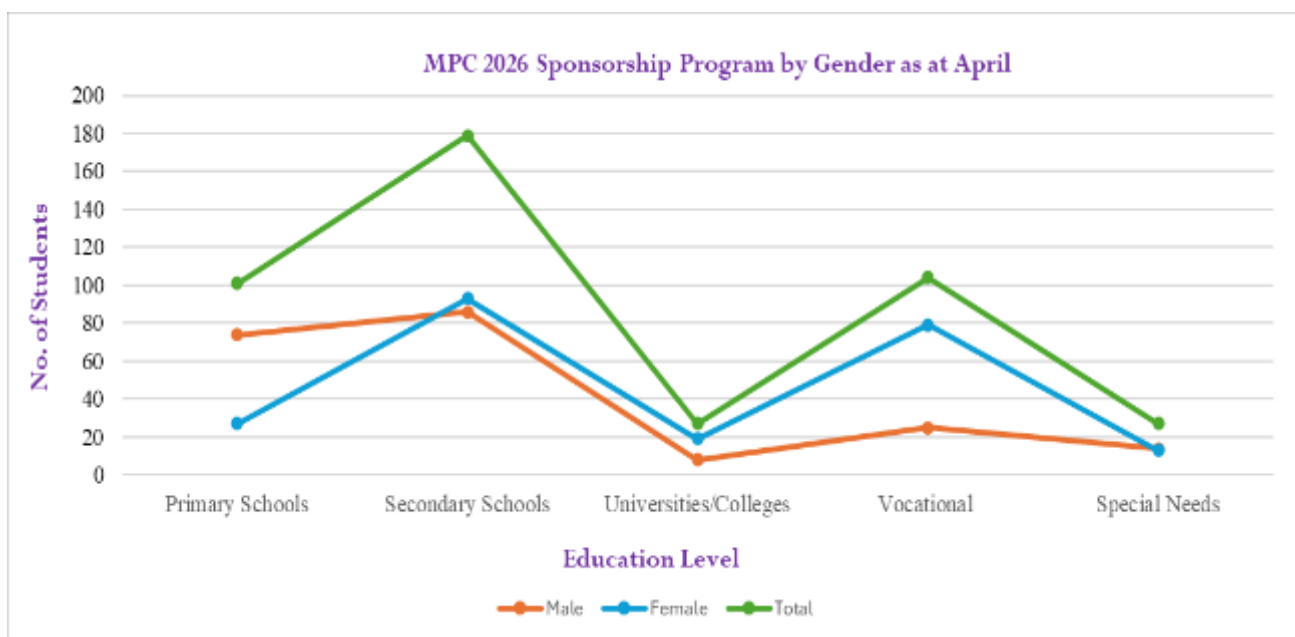
Sponsored Students at Community Service Program

A significant portion of the month was spent preparing student progress documents for donors. This involved organising and reviewing academic reports and letters from sponsored students to ensure completeness and accuracy. This effort is crucial for maintaining transparency and accountability in the sponsorship program and strengthens the relationship between donors and beneficiaries by showcasing students' academic journeys and personal growth. By the end, numerous documents were successfully compiled and prepared for dispatch to donors.

In preparation for the school reopening, the office processed school fees for primary and boarding students to ensure a smooth return to classes. This involved coordinating with

relevant institutions to confirm fee structures and student requirements. Special attention was given to the personal needs of boarding students to ensure they were ready for the term. Timely coordination helped prevent disruptions from late payments or missing requirements, reflecting the program's commitment to supporting all sponsored students.

Follow-up communication with donors was ongoing throughout the month, focusing on reaching out to sponsors who had not yet sent school fee support. Weekly reminders ensured timely updates and maintained engagement, helping secure responses from several donors. This effort contributed to processing fees and preparing for the new school term.



Social & Health Services

Social Services

The month of April began with many ups and downs for the Social Services Department as heavy rains and floods continued to affect vulnerable families living within Mukuru informal settlements. Despite these challenges, the Department remained committed to restoring hope, dignity, and stability to families whose homes, livelihoods, and household belongings were destroyed by the floods. The 12 social workers intensified the outreach and support services to the most vulnerable members of the community and conducted just under 1,000 interventions.

In April, the Social Services team conducted 14 home visits and 20 hospital visits and assessments targeting families severely affected by floods, demolitions, and displacement. There were 235 cases for malnourished babies, mothers and nutritional support to needy families. A further 75 food parcels were distributed to flood victims. Priority was given to single mothers, elderly persons, children, and people living with disabilities who were struggling to recover from the devastating impact of the fire and flood disaster. Through these visits, families received psychosocial support, counselling, referrals, and humanitarian assistance to help them rebuild their lives and regain hope.



Uniform relief



Flood relief

The Department also intensified relief interventions for more than 100 households by distributing hygiene kits, clean water, nutritional support, and other essential household items. These interventions not only addressed immediate needs but also promoted self-reliance and community recovery.



Parents of sick children receive food supplements



Free medical camp at St Catherine's

A major milestone this month was the generous support from a donor who wishes to remain anonymous, whose contribution brought relief to 100 vulnerable families. Families were also provided with beddings, food items and household appliances to improve hygiene and restore comfort after losing their belongings to the floods. These interventions greatly reduced the risk of hunger and disease outbreaks while strengthening family stability and child protection efforts within the community. Beneficiaries shared stories of renewed hope and gratitude as social workers continued to monitor their progress and offer support amid ongoing challenges, including relocations and poor housing conditions. The Social Services Department remains grateful to all partners, donors, and well-wishers who continue to support the work of transforming lives and restoring hope to vulnerable families.



Over 80 needy students receive clothing support

In April, the Clinic provided patient-centered care to a total of 2,380 patients, inclusive of 1,151 pediatric cases. The Child Wellness Clinic administered 115 immunisations, and 241 mothers received antenatal support, while 23 received postnatal support. Additionally, more than 160 ultrasounds were performed, and 1,437 laboratory tests were conducted, with 710 of those tests being for children. The Clinic received EDTA tubes (Purple Top) from CIHEB Kenya and CRP from Zekim to support accurate laboratory testing and improve quality patient care. CIHEB is the Centre for International Health, Education and Biosecurity Kenya, a local non-governmental organisation committed to improving lives through evidence-based solutions. Accurate diagnosis is the foundation of effective care. Children represented 48% of all consultations. Laboratory tests, such as CRP, full hemogram, and ESR, enabled the timely and accurate identification of infections. Ten teenage pregnancies were recorded, highlighting the need for targeted adolescent health interventions and preventive education.

In collaboration with Rotary Millimani Club, the Clinic hosted a free medical camp on the grounds of St Catherine's Primary School and treated over 200 people.



Patients at the Triage tents

MIC conducted routine TB screening with GeneXpert sample collection. HIV testing was integrated to provide comprehensive care. According to WHO, early detection remains one of the most effective strategies in reducing disease burden and improving survival outcomes.



Pharmacist Robert, at the medical camp

The Clinic received essential donations from the Milimani Rotary Club and the Mater Misericordiae Hospital for its medical camp. These medications will ensure uninterrupted treatment access, particularly because patients are unable to afford essential drugs in the slums.



Nurse Evelyne

A team of 25 nutritionists, including our lead nutritionist and Sub-County MOH Nutritionist Ann Mugo, held a full-day practical training on Integrated Management of Acute Malnutrition (MAM). The aim was to enhance the identification, treatment, and recovery of malnourished children, especially in vulnerable households.



Nutritionists from Starehe SubCounty

Clinic staff continued its CME sessions to build capacity, deepen knowledge and improve standards in specific areas. This month, the focus was on Vaccination in Pediatrics, CPR & Septic Shock Simulation, Tuberculosis in Children, Haematological Disorders, Clinical Reviews, Diabetes in Pediatrics, Chest X-ray Interpretation and Practical Diagnostic Skills. The impact will be demonstrated in clinical confidence, diagnostic accuracy and emergency responses.



MIC CME Session with Dr Xavi

In April, the clinic procured essential triage equipment, including infrared thermometers, a SpO2 monitor, a pediatric cuff, and a BP monitor, to improve patient assessment, infection screening, and overall quality of care. These improvements have enhanced safety and efficiency in serving the slum community. We sincerely thank the Diocese of Rome for their generous support in improving our services.



Waste segregation bins



Triage equipment



The Clinic hosted a team from the Pablo Horstmann Foundation in Spain, who visited to monitor the programs. The team also took the opportunity to visit residents in the informal settlement from which the patients originated, allowing them to experience firsthand the living conditions of the communities they serve. This visit provided valuable insights into the Clinic's daily service delivery.



*Pablo Horstmann Foundation
walk through the Mukuru
slum*



Wandering through the narrow alleyways of Mukuru painted a vivid picture of the profound impact their support has on the community. Each step revealed the reality of life. The team had the opportunity to observe the various interventions in action at MPC's social offices, where essential food packages are distributed, and nutritional aid is provided to combat malnutrition among vulnerable populations.



Rose, a social worker with the beneficiaries and distribution of food packages

Announcements

Activities outside the Departments

The newsletter includes sections dedicated to each Department that summarise the events that occurred throughout the month. The Head Office supports these Departments in reaching their goals. Additionally, there are often other activities and events that take place that are not specifically listed under any Department.

- MPC received a visit from a student, Emma Lager and a lecturer, Elizabeth Muya, from St. Paul's University. The student was undertaking a three-month attachment program at St. Paul's from abroad and conducting research on how different organisations, including MPC, support and manage services for crime victims. The visit was accompanied by her lecturer for academic supervision. During their visit, they met with the Deputy Director and the Social Worker to gain insights into MPC's approaches and interventions in supporting affected individuals.



Dinah, Emma (student), Elizabeth (lecturer), Purity (social worker)

- A monitoring and evaluation meeting organised by DKA was held at the Head Office, where representatives Ute and Mercy Chege first met with the management team and later engaged with staff and children across all DKA-supported departments. The visit provided an important opportunity to assess the progress of ongoing activities, review program implementation, and evaluate the overall impact of DKA-supported initiatives within the Centre. Through direct interaction with management, staff, and beneficiaries, the representatives gained valuable insights into achievements, challenges, and areas for improvement. Additionally, DKA used the meeting to communicate recent policy changes and updates to project implementation guidelines to all DKA-supported partners.



DKA reps, Ute and Mercy Chege at Head Office

- A two-day DKA training session was held on the 23rd and 24th of April at the MPC Head Office Multipurpose Hall, facilitated by Ute and Mercy Chege and attended by all DKA partner organisations. The training focused on gender mainstreaming within organisations, equipping participants with a deeper understanding of how to integrate gender equality into policies, programs, and daily operations. It also highlighted the benefits of promoting inclusive practices, strengthening organisational effectiveness, and creating more equitable opportunities for all beneficiaries. The session provided a valuable platform for learning, collaboration, and sharing practical strategies to enhance gender-responsive approaches across partner organisations.





Two-Day DKA Training



- Colm from the Whistle Foundation visited the Head Office and spent the month of April supporting the maintenance team with various repair and improvement tasks across the Head Office and different departments. He was pleased to offer his support and contributed to the Centre's maintenance program.



Colm assists with maintenance at St. Michael's Secondary

- British Airways crewmembers also donated clothes.



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