



August Newsletter

Vol 8 Issue No. 8 2023



Representatives from the Raja Trust Foundation.

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Dear Partners, Supporters, Family and Friends,

During August, the schools closed for two weeks, as well as the vocational training centre and Songa Mbele na Masomo. The Rehabilitation Centre and Clinic continued normal activities, although the boys had a more relaxed holiday program. I hoped to have a more relaxed program myself, but that did not happen. Both Sr Patricia and Sr Barbara were on leave so I had to attend to all the chores that they normally looked after.

Luggi who had visited us in July visited again in August with a group from Linz Diocese, Austria, who either work for Catholic projects or support them. The group were very happy to get to know some of the work supported by DKA Austria. Luggi's wife and some group members taught our catering students how to make jam from commonly available Kenyan fruits.

A Kenyan mother, Esther Karinge, who resides in the USA, brought her grown-up cerebral palsy-affected son, Nicholas, to visit us accompanied by her cousin, Sr Anne Itotia. This was a help and inspiration to the children of Songa as they saw him walking, talking and singing, as well as being joyful and grateful to God and his mother for the journey he has travelled and his present quality of life. Esther, the mother, was shocked at the lack of resources for the children of Kenya living with disabilities. She is so grateful for her son's huge government support in the USA as she knows her son would only be a 'shadow' of himself without it. Kenya signed the UN Charter for the Convention of Rights of Persons with Disabilities (CRPD) in 2008 and then established the National Council for Persons with Disabilities. However, support is not reaching the grassroots level for families.



Some interesting statistics from the United Nations (2021) report state that approximately 15% of the world's population (1BN) live with some form of disability and this figure is increasing due to ageing populations and chronic health conditions. From this figure, 80% or 800 million individuals live in developing countries such as Kenya where 90% do not have access to education, "making those with disabilities the largest and most marginalized minority in the world". MPC continues with its advocacy for families whose children are living with disabilities and hopes to see significant changes soon.

We attended a farewell for the outgoing Irish Ambassador to Kenya, Her Excellency Fionnuala Quinlan. She had visited our projects twice during her four-year office term and hosted us many times in her residence. We wish her and her family every blessing and success in her new appointment. The Irish Embassy Grants program assisted some of our unemployed parents in establishing their own businesses.

Sometimes you may wonder what happens to those children who are not academically successful due to their addiction to alcohol or other substances. David Irungu visited us and was in a sorry state. Due to the consumption of homemade non-standardized alcohol, he had lost his sight in one eye and may lose sight in the other. His wife had left him taking their daughter with her and left him to care for the son, who was six. He had no job, no place to rent, and no food yet had taken good care of the boy and I could see a strong bond between them. I hated to see the small boy on the streets. I advised David to allow the boy to join the other boys in the Rehabilitation Centre while he found a place to stay, some food and a job. MPC paid the rent arrears and helped set him up in a small business, through the program's help for former prisoners. His little son is in the Mary Immaculate Rehabilitation Centre, preparing to join a normal primary school in January. The father visits him regularly. Let us pray and hope the father retains his sight and stabilizes his income.

As you read in the newsletter, you see a summary of activities taking place during August. Seeing happy children and students preparing for a stable future is so fulfilling. I thank you all for enabling the parents and children to have a better life.

May God bless you abundantly,

Sr Mary Killeen
Director



Social and Health Services

Social Services



During the two-week school holiday period, the Department's main activity was the distribution of food. Most of the student population comes from very poor homes with little prospect of getting a decent meal. For many of them, school meals are the only reliable source of nutrition, so when they are at home, they have nothing to eat if their parents cannot work that day. This often leads some of them to start collecting metal scraps to sell or resort to stealing to survive. Over 200 families benefited from the food packages distributed by the Department, which aimed to ease the burden of the neediest parents struggling to feed their children, especially given the current high food prices.

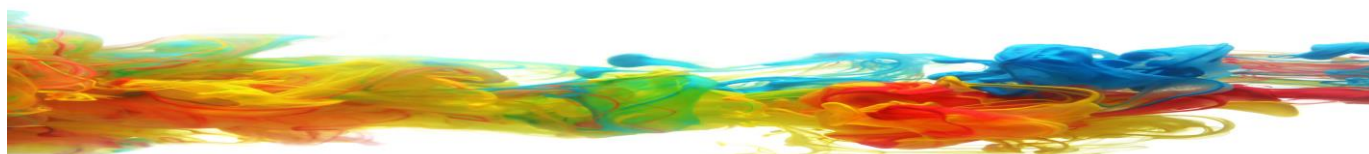
Our department is immensely grateful for the unwavering support we have received from our donors, partners, and well-wishers. Their generous donations have helped us serve the needy families in Mukuru slums. One of our key activities is providing support to those in need through our various social offices. We cater to different needs such as nutritional support for sick clients and children, clothing aid, and support for needy students. Our social workers are dedicated to compiling student case profiles and conducting home visits for needs assessment.

Psychological support and mentorship sessions were also conducted for the students before the holidays. The sessions aimed to guide them with helpful things to engage in while they are at home, encouraging them to take care of themselves, and have healthy relationships with their parents. Counseling was also offered to students and clients who had challenges with family, peers, and personal struggles. They were guided on how to cope with challenging situations whenever they arise.

The clinic plays a crucial role in providing accessible and affordable healthcare to both our clients and students. The clinic's social office is particularly helpful in working with students who require treatment and needy clients who receive medical support through waivers. The social worker diligently follows up on cases of children with chronic illnesses, especially cancer and other terminal illnesses, to ensure they adhere to routine hospital check-ups. The social office provides comprehensive support to these clients, ensuring they do not miss their hospital appointments and have a faster healing process.



Needy pupils from St. Bakhita receive a new set of school uniforms.



MPC Clinic

The Clinic treated 1,893 patients with diverse healthcare needs. Of these 1,585 received outpatient services and 313 were treated under the other clinics with 292 patients waived. Among these beneficiaries, 98 were needy individuals from the Mukuru slum and 194 were students from MPC schools who required medical assistance. Among the population, 64 were St Michael's Secondary School. Most students were found to be in good health with a few, exceptions requiring specialized care.

An analysis of the data highlighted key health challenges across various age groups such as upper respiratory tract infections among children aged (0-5 Yrs) and gastrointestinal issues affecting the (18-35 Yrs) and (36-49 Yrs) age groups. Cardiovascular conditions, primarily hypertension, were prevalent in adults aged (18-64 Yrs). Genitourinary issues, including urinary tract infections and pregnancy-related concerns, were common in individuals aged (18-64 Yrs). Musculoskeletal problems, particularly myalgia/neuralgia affected the (18-64 Yrs) age group. To address these trends recommendations were made to include more vaccination campaigns, hygiene promotion, stress management, regular blood pressure checks, prenatal care enhancements, physical activity promotion, and pain management workshops. These measures aim to improve healthcare services and public awareness, fostering a healthier community.

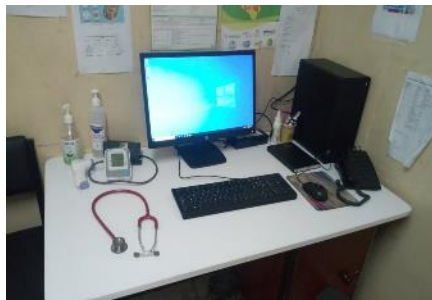
Summary Statistics for August 2023

Categories	0-5 Years	6-12 Years	13-17 Years	18-35 Years	36-49 Years	50-64 Years	Above 64 Years	Total
Registrations	590	157	185	525	221	106	17	1,801
Diseases Treated	454	150	175	479	209	101	17	1,585
Clinics	230		9	73	1			313
Laboratory Tests	131	60	141	346	113	60	14	865

The Tuberculosis Screening Initiative is an attempt to alleviate the residents' health concerns due to the poor living conditions and the added challenges of inadequate ventilation and under-nutrition that are further exacerbated by current economic hardships. To combat the spread of this highly transmissible disease, the clinic has intensified tuberculosis screening for all clients at the Clinic's entrance. This crucial process is led by community health workers in collaboration with other healthcare professionals.



TB Screening Tent



The consultation rooms after the new tabletop installation

The Clinic has upgraded its consultation rooms to improve patient care and privacy during medical examinations. The upgrade includes the installation of new tabletops that are easily disinfected, as well as improved screen curtains. The United Nations Women's Guild generously facilitated these upgrades through a grant.



Curtain screen for patients during medical examinations

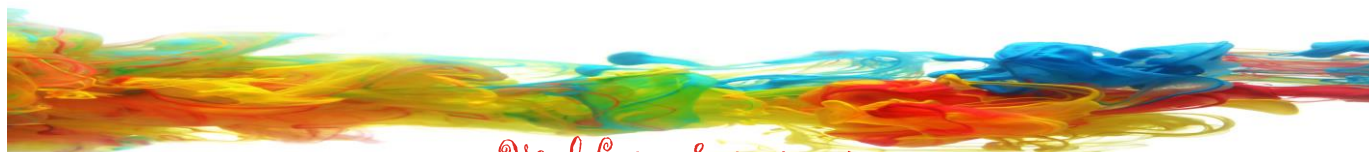
Mary Immaculate Clinic continues its partnership with the Ministry of Health to ensure its healthcare professionals remain up to date with the latest medical knowledge and practices. In August 2023 a nurse from the Clinic attended a two-day training program on the management of pulmonary tuberculosis and drug-resistant tuberculosis. The training at the Clarion Hotel, Nairobi, will boost the Clinic's ability to detect tuberculosis cases promptly and accurately.



MoH Management of Pulmonary Tuberculosis and drug-resistant Tuberculosis workshop

The social office at MIC currently oversees the care of 19 needy patients whose conditions require specialized care at referral facilities such as Kenyatta National Hospital, Mbagathi Hospital, PCEA Kikuyu Hospital, and Huruma Lion's Hospital. This often requires the social worker to accompany patients and family members to the various medical facilities which takes hours each time.

MIC Clinic's success and impact are possible thanks to the dedicated staff, volunteers, and partners committed to improving community health and well-being.



Welfare Services Rehabilitation Centre

As most of August held the school holiday break, the boys were engaged in many extracurricular activities like acrobatics, dance, music, soccer, rugby, agriculture and art. The Centre enrolled another 2 boys to take the total number of residents to 62. The accelerated learning class has 36, St Catherine's Primary 15, secondary schools with 9, vocational training has 12 students and 10 boys were sponsored to boarding schools in Kenya. Former resident, James Mangu, sponsored to Murang'a University by Paula Cullen's Group, spent time with the current cohort and assisted with their revision.



Daniel Macharia at his home

While the boys were fully engaged with the many activities, the holiday break gave the staff time to conduct the home visit program to help in the reintegration process and for the boys to get used to their home environment.



Mwendwa Maweu with his grandparents and uncle



Chickens

A poultry project funded by the Brothers and Sisters in Need continues to flourish. The plan is to increase the fresh egg production so the boys can receive their daily allowance of the 13 essential nutrients and vitamins in eggs. Five cocks were prepared for an evening meal.

The Centre also has 5 rabbits, 2 of them pregnant. The extra rabbits should arrive in October so it gives time to work out how to accommodate the extra numbers.



Chicken Meal



Tomatoes pruning

The weather in August is normally cold and does impact the vegetable garden. The tomatoes were transplanted into the greenhouse and are doing much better. The pruning was carried out and the plants started flowering. Hopefully, they will be ready by the end of September. Over 60 fruit trees and 200 Eucalyptus trees were planted and with the lack of rain 48 fruit trees are doing well while 73 Eucalyptus trees did not survive.

Pawpaw Trees





The Rehabilitation Centre values the generosity of local and overseas well-wishers and donors who contribute to the enabling environment that allows the boys to flourish in many ways. MPC acknowledges that many people around the world are also experiencing financial hardship and yet they still contribute to others who are less fortunate. One terrific initiative was the new picnic tables by Charles and the carpentry boys sponsored by Paula Cullen's group.



Onyango donated charcoal.



Pankaj donation



Paula Cullen's Group and the new picnic table



Spanish Visitors



Bakers Corner



Team Kaburu donated fresh vegetables



Patel Family



Action and Focus



Safaricom Team.



Safaricom donated a new home theatre system to the Centre



*ICC donations
International Churches of Christ*

Thank you to all the incredible supporters who consistently stand behind the Centre, month after month and year after year. Your unwavering commitment profoundly impacts the lives of the boys and their families.



The school holidays bring lots of activities for the Sponsorship Office. The program relies totally on the generosity of donors who support the education of individuals and groups of children in Mukuru slums. Making education accessible is the best way to empower children, youths and adults to overcome poverty and inequalities. There are 454 individuals/groups who have received such a wonderful gift this year. The percentages are Primary 14%, Secondary 55%, Special Needs 12%, Vocational 17% and University level 2%.

Many students wrote thank you letters to their donors for the end of term 2. The letters expressed gratitude and appreciation for the sponsorship and shared their academic progress and personal stories. The break also allows the opportunity for the students to do some community service at MPC. The added bonus is that the community service program engages them during the holidays and away from possible negative peer pressures in the slums. The student's academic reports have been scanned and uploaded to the database for the sponsors to access at their convenience.

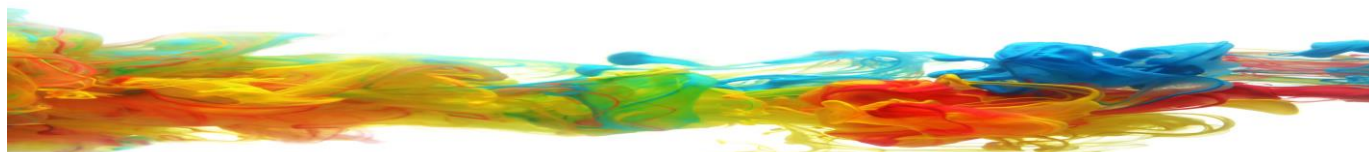


Pupils diligently write appreciation letters to their sponsors.

At the end of each term, we organize a Sensitization and Awareness Day for the students who receive financial support. With the aim to empower and inspire them to become focused to succeed in their studies. The students learned about overcoming self-doubt, finding their self-identity, and embracing the sponsorship opportunity by working hard to achieve a good education. The session was interactive and involved small group discussions on each topic and presentations to the whole team.



Sensitization and Awareness Session



Another program that a few people in the USA have sponsored is the Ex-convicts program. During the month a seminar was organized to raise awareness of the stigma attached to individuals who have found themselves on the wrong side of the law at some point and their struggles after release from jail. The seminar featured a guest speaker, Mr Lenny Were, a prison warden chaplain in Kenya, who advised and encouraged the group to exercise their potential and participate in social life without fear and shame.



Lenny, Raphael, James, Milka and Priscilla.



Some participants at the seminar

Airtel Kenya MD, Mr Ashish Malhotra, Vice President for Airtel Africa and Corporate Communications and CSR Manager, Mr Emeka Oparah invited MPC to sign a 3 year partnership agreement to sponsor 22 St Michael's Secondary School Students. Airtel have been supporting MPC for over 10 years with sponsorships, mentorships and career days.

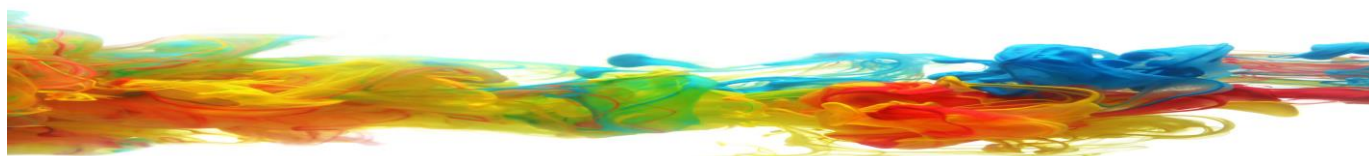


Bob Paterson, Sr Mary, Mr Malhotra and Mr Oparah

Sharon's journey from the slums to social work is a remarkable example of how MPC's sponsorship program can transform lives. Sharon attended Sancta Maria Primary Kayaaba where she scored 339 marks in her KCPE (2014). She was sponsored at St Michael's Secondary School and achieved a C in her KCSE (2018) which enabled her entrance into the Kenya Institute of Social Work and Community Development. She graduated in February 2023 with a Diploma in Social Work. She is a true inspiration for many others who face similar challenges. They just need people to give them a chance.



Sharon Adhiambo



Songa Mbele na Masomo Children's Centre

Songa Mbele na Masomo has continued to offer various services geared towards assisting children with different conditions to attain milestones and to boost their esteem and confidence as they grow up into young adults. The children attended classes, learnt and were tested through an end-of-term assessment to identify their capability. Most children have remained consistently within their capacity while a few have improved. The Centre is fortunate to have specialist therapy programs to improve the children's capacities. The two major disabilities at the Centre are cerebral palsy (47%) and autism (20%).

The Centre received donations throughout August from local and international well-wishers who brought food provision, clothes, toys, learning materials and hygiene essentials to assist in the running of the Centre and improve the welfare of children.

The Centre "Stars" for August were Blessing Nyambura, Jane Kourtney and Randy Onyango who managed to reach their milestones. Blessing Nyambura from Daycare has cerebral palsy and improved communication, pronunciation and responses. Jane Kourtney from Unit 1 showed improvement in conducting ADLs independently. She has progressed from using a wheelchair to crawling and she loves to sing along to songs and dance to the music played. Karen Kuvuna from Unit 2 improved her fine motor skills and can now hold a pencil and write with minimal support. She is also able to read three-letter words and feed herself. As his concentration span increased, Randy Onyango from Unit 3 improved his literacy and numeracy skills. All the August "Stars" have had consistent and regular therapy throughout the month.



Jane



Karen



Blessing



Randy



Unit 3 children during mentorship

The children in Unit 3 experienced some mentorship sessions. The children received some awareness and caution on child trafficking issues that have been rampant across the country.



Home visit with Chrisantus

The Songa Mbele children are fortunate to have the Clinic nearby for any referrals or medical treatment. The Centre does have a medical doctor who visits once a month to carry out consultations on a voluntary basis. The social worker conducted Home visits during the month to keep in touch with the sick/absent children.



Star Kids Representatives' donations

The Friends of Songa Mbele continues to grow. In August well-wishers visited the Centre and donated food provisions, clothing, resources, shoes, bags and milk. Thank you to Lilly Nyawira, Steers and Debonair, Hitel Patel and Star Kids Initiative.

The Centre was graced with visits from local and international donors who came to interact, learn and share lovely moments with our children. Sr Anne Itotia's cousin brought her son, Nicholas, to meet the children at Songa. Nicholas has cerebral palsy and thoroughly enjoyed his time interacting with the children. His mother Esther Karinge was amazed at Songa's facilities and reflected on how significant the supports are in the USA compared to Kenya. Government support for families with disabilities is scant and needs a major injection of funds. The Centre social workers are constantly advocating to the Government authorities for the families.



Sr Anne with her family from USA



Antonio Laguna, Immaculate Beilo from Africa Directo.

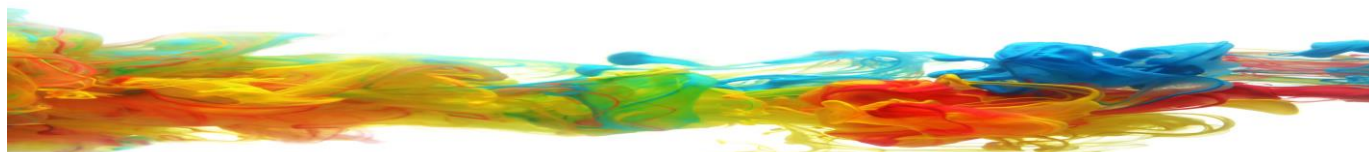


Catarina Nogueira from Italy

Parents received training on Trauma during the month learning more about the definition, causes, effects and solutions. Vicky Okumu from THIMKWE (*a Luo language name*) Kenya facilitated the sessions. The forum provided a safe platform for parents to talk about their issues and challenges raising children with special needs and the perception of family members and the community that causes them to be labelled and excluded from community and family activities.



Parents Trauma Training



Mentorship Session

Cheshire Disability Kenya facilitated the mentorship sessions for 15 Special Needs children. One of the presenters was Sheilah Kakaya from American Safe Space who focused on Career Choices. Another sponsored training by Cheshire Disability was for 20 Community Health Volunteers (CHV). Dr Sam Bwire led the sessions to help the CHVs with the early identification and detection of children with disabilities in the community. Many disabilities can be managed better with assistance from relevant agencies.



CHVs Training

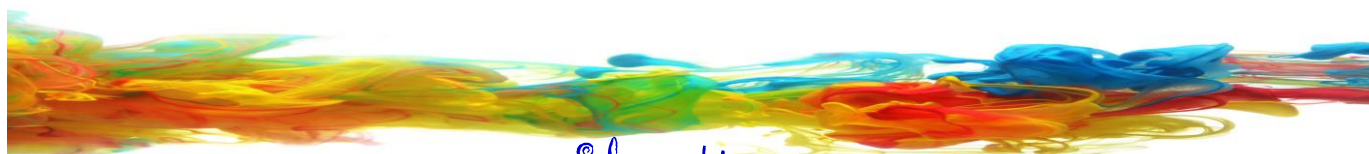
The Centre received 5 new children into the therapy program. Most of the children have cerebral palsy and one child has rickets. The big improver for the month was Lucy Mueni a 6-year-old from Unit 2. Lucy has cerebral palsy and has poor muscle strength, balance and coordination with delayed speech. After continuous therapy, her muscle strength has improved along with her fine motor skills. Lucy can now speak a few words, sit independently, crawl, and stand with support. Well done Lucy!



Lucy during her therapy sessions



Other children receive weekly therapy each month that improves their ability to reach their milestones. There were 351 physiotherapy sessions carried out in August on 93 children and 145 speech therapy sessions conducted on 43 children benefiting from multiple sessions.



Education Primary Schools

The Presidential Education Reforms were implemented in August for all schools across Kenya. As part of these reforms, the term 'Secondary' will be removed from the names of Junior Secondary and Senior Secondary Schools, which will now be called Junior and Senior schools respectively. The Kenya Institute of Curriculum Development (KICD) is tasked with rewriting the curriculum to reduce the number of learning areas from 9 to 7 in lower primary, from 12 to 8 in upper primary, and from 14 to 9 in junior school subject areas. Redesigning the curriculum areas will address the concerns raised by the teachers about system overload and overlaps. The Ministry of Education will develop new guidelines for accelerated education programs for marginalized groups, special needs children and adults, and continuing education, to enhance equitable access and inclusion. Additionally, the Ministry of Education will discontinue the current categorization of public secondary schools as National, Extra County, County, and Sub County and adopt a categorization based on career pathways for senior schools, among others. Hence schools that choose to have Science, Technology, Engineering and Mathematics as a focus will be named (STEM) schools and parents can enrol their children knowing the category of the school.

All students completed their exams and assessments at the end of the term. However, when they returned from the holiday break, there was a high rate of absenteeism. This is a common issue as many families travel to their ancestral lands during the holidays. The bus companies also raise their fares just before the end of the term and the start of a new one. As a result, parents find it difficult to afford the high fares for their children to return to school. This leads to normal enrolment levels only achieved in the second or third week of term. Unfortunately, this issue continues to have a negative impact on the education system. MPC continues to lobby the Ministry of Education.



National Primary School soccer team at Busia County.

The Primary School's National Soccer tournament was held at Busia County. Warren Shiunda from St Bakhita Primary School was among the selected few to form the Nairobi County team that played with other Counties at the National level.



Warren Shiunda

During School Parents' Meetings, improvements were acknowledged, including mentorship programs and co-curricular achievements at the zonal, county, regional and national levels. Concerns raised were absenteeism, drug use, parental responsibilities, school uniforms, teacher ratios, and school levies.



St Michael's Secondary School

After completing 14 weeks of school in term 2, the students had opportunities to unwind, engage in community service projects or take up some casual work to supplement their family income. As part of this, 42 members of the Environmental Club at St. Michael's Secondary School, accompanied by Mr Machoka, went on an excursion to the Nairobi Animal Orphanage and Mamba Village. During their visit, the students had the chance to observe various animals and birds rescued from their natural habitats.

Mamba Village, which features a lake in the shape of Kenya, contains fish and the traditional huts surrounding the lake, have preserved artifacts from early hunters. The students were able to view the crocodiles in their enclosure and the ostriches had a much larger area to roam around in. Additionally, there is a sports ground for the more energetic students to run around during lunch breaks.



Animal Orphanage and Mamba Village Excursion

Signaling the end of term St Michael's Prize Giving Day was held to recognize the student's achievements. The celebration commenced with Mass presided by Fr Bino. The day served as a testimonial to our young scholars' countless hours of handwork, determination and perseverance. In attendance were our chief guest, Mr Omagwa, Director of Kenya Pipeline Company, MPC Director, Sr Mary, MPC Head of Education Mrs Lucia Njogu, Alumni members, other invited guests, Class of 2022, and parents.



Mr Omagwa and St Michael's Scouts



Prize Giving Day Mass



Dancers



Award Winners Class 2022



The English Press Representatives

The English Press Company visited St Michael's Secondary School and decided to sponsor 5 students instead of donating educational resources. The sponsorship will support poor parents who cannot afford the modest fees.

The Association of Sisterhood in Kenya (AOSK) sponsored a three-day workshop for the "Bakhita Program", which was held at the Passionist Retreat Centre in Karen. The program aims to ensure 100% school retention for girls and improve their access to education in targeted counties. During the workshop, the achievements of Phase One of the program were reviewed, and successful stories of beneficiaries were shared. This helped identify areas of focus for Phase Two.



A Form 3 St Michael's student, Jahiem Tola, died recently due to sickle cell anemia. Over 80% of sickle cell disease cases are believed to occur in Sub-Saharan Africa. The best treatment for sickle cell anemia is with vaccination, antibiotics, high fluid intake, folic acid supplementation, pain medication and blood transfusions most of these treatments are beyond the financial ability of slum dwellers. St Michael's Secondary School sent a group to attend the burial ceremony at Lang'ata Cemetery.

The last term for 2023 commenced at the end of August. The next 13 weeks will be extremely important for the KCSE candidates before they sit the national examinations. The Term 2 academic results were disseminated to students, parents and sponsors. To gain entrance into university the candidates need C+ and above and 97 students will sit their final secondary examinations. Currently, there are 12 students who will achieve entrance with a potential of 17 possibilities if they can apply themselves well for the next 13 weeks.

St Michael's Secondary School Term 2 Academic Results by Form								
Subjects	Form 1		Form 2		Form 3		Form 4	
	Mean	Grade	Mean	Grade	Mean	Grade	Mean	Grade
English	52.9	C	43.6	D+	38.0	D	43.4	D+
CRE	51.4	C	41.9	D+	37.9	D+	49.4	C
Kiswahili	50.7	C	43.5	C-	49.5	C	49.4	C-
Physics	43.6	C-	23.4	D-	19.3	D-	30.3	D
Geography	45.9	C-	33.6	D	48.1	C-	53.6	C
Biology	41.2	C-	29.5	D	33.0	D	33.2	D
History and Government	45.3	C-	37.6	D+	46.9	C-	54.4	C
Chemistry	34.4	D+	16	E	42.1	D+	23.7	D-
Business Studies	41.9	D+	38.8	D+	42.1	D+	55.3	C+
Mathematics	27.0	D	26.4	D	18.5	D-	22.5	D-
Agriculture	30.8	D	42.7	D+	34.2	D	39.9	D+
Computer Studies	27.0	D-	14.7	D-	17.3	E	59.6	C+

Our Lady of Mercy Vocational Training Centre

The students sat for their mock examinations in August. An Austrian group led by Luggi visited the Skills Centre after the student's exams and conducted a 'Jam' workshop. The workshop was a success and the students managed to sell jars of jam. The experience was an eye-opener for the students and we hope that a few students will take up the opportunity of making jam as a source of income once they are finished with their academic year. After the workshop, the Austrian team had many one-on-one exchanges with the Skills students in the different classes.



Jam Workshop



The team being braided by students in the hairdressing class.

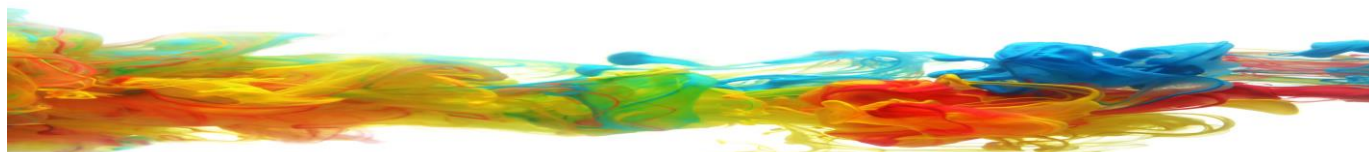


During the term break a number of students carried out their internship assessment in various companies within Nairobi. The attachments were very successful based on the positive feedback received from the companies, and 7 of them were employed. The assessment will continue until September because some students have not finished their attachments. It is a great achievement for the ones who have already secured employment. Congratulations to them!



New Sewing Machines

Through the Fidel Goetz Foundation, the Centre purchased sewing machines for the Production Unit. The new Unit plans to offer school uniforms for primary, secondary, catering, hairdressing, and any other individual orders.



The other initiative of the Fidel Goetz Foundation is the MPC internship program. Students from the Skills Centre are placed within the MPC campuses to gain office experience to help them with future career paths.



Intern at Skills Office

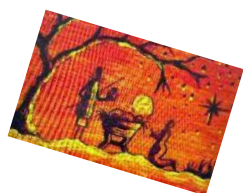
The Foundation understands the challenges of managing finances when the cost of living keeps increasing. The Foundation purchased food parcels and hygiene materials for the 9 girls in the internship program and 50 vocational-sponsored students to support those without a stable income. The food parcels contained maize meal, rice, green grams, beans, cooking oil, salt, sugar, and wheat flour. The hygiene materials included sanitary towels, bar soap, toothpaste, and body oil. These monthly parcels help the girls focus on their courses and improve their chances of finding employment.



Interns



Sponsored Vocational Students

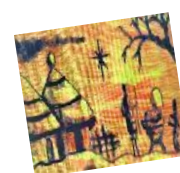


Art Program

Christmas Cards



MPC's Christmas Cards project, featuring the artwork of talented art students, was a success a few years ago. We are thrilled to announce the return of the cards to support the art program this year. To purchase a packet of unique cards, please email your order to Skills Coordinator, Loice at loiceao@mercymukuru.co.ke. The artwork will showcase the Christmas scenes through heritage, landscape, culture, and people. A packet will contain a **mix of 10 cards** and envelopes for **€15**. Each card will have a simple yet heartfelt Christmas verse inside. We look forward to your support for this wonderful cause.





Announcements

Many activities that continue throughout the month are not reported but are necessary to maintain the outreach services of MPC.

- Representatives from the Raja Trust Foundation visited the Head Office and donated various items.
- Mater Misericordiae Hospital donated some used items to assist the plumbing and masonry practicals.
- Sr Mary attended the Irish Ambassador, Fionnuala Quinlan's farewell. The Embassy has been a great support to MPC and its projects.
- A few British Airways crewmembers managed to visit some of the MPC projects on their short overnight stay.



BA Crewmembers

Mukuru Promotion Centre

Empowerment Step By Step

Sponsored by Sisters of Mercy

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