

January Newsletter Vol 8 Issue No. 1 2023



Knitted Baby Hats from St Martin's Church England

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Dear Partners, Supporters, Family and Friends,

I wish you all a very happy year in 2023. The year had a very tough start in Mukuru as money is very short due to effects of CoVid19 lockdowns, resultant job losses and the cost of living increases due to prolonged drought and war in Europe. The prices of food, petrol, electricity and gas have risen pushing up all other prices, but wages mostly have not risen. Parents with children who are to join secondary are going around to friends and well-wishers trying to get funds for fees and uniform. Other parents whose children have completed Grade 6 are asked to buy new uniforms for former Grade 7 and 8 that is now renamed junior secondary. There are many 13 year olds and teenagers hanging around who have been unable to join school due to the costs. If they have not gone to school by February, we will call them and see what can be done.

We had a funeral on 5th January for Sr Jennifer, the second of our Kenyan Sisters to die. She taught in St. Elizabeth's Lunga Lunga and was the Headmistress there for 2 years in the nineties. May she rest in peace. In January we carried out lots of staff appraisals and renewed staff contracts. We also had interviews for new secondary teachers where the Government had hired some of our teachers. We did not renew the contract of the secondary head teacher due to disappointing performance. The former deputy is now Headmaster at St Michael's Secondary School.

The dining room project in the Rehabilitation Centre is going on well and expected to be finished in February. Thanks to Paula Cullen and group for funding this project.

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Plans are also ongoing to make the former catering dining room (Pride Restaurant) into a training kitchen to cater for the larger intake of vocational training students. This construction and renovation is funded by Fidel Goetz Foundation (FGF). We have already constructed an alternate dining room. A local hotel, Bounty is now changing its purpose from hotel to one and two bedroom apartments. The owners decided to donate 72 chairs and 24 beds to us. The beds were given to some of those whose houses had burned in a fire with all of their belongings. The chairs are being used within the project with some of them going to fire victims.

We had a visit from Barbara Bravo, a volunteer with Africa Directo, Spain. She will stay in our volunteer house for one month. She intends to visit those projects which had applied for help to Africa Directo. She spent a few hours each day in Songa Mbele na Masomo as that is the department we had applied to Africa Directo for advice and assistance.

The secondary school is quite a new building but has very poor quality blackboards and picture boards which are broken and shabby. Sr Louise got together a team of workers to put in new blackboards, whiteboards and graph boards. With time and with enough resources, we hope to replace the picture boards.

Eight boys from our Rehabilitation Centre were referred to a long term home. We did not find responsible people among their near relatives who could care for them. Many boys are on the streets as there is no one in the immediate family to take care of them. If taken back home after rehabilitation they would be on the streets very soon again. As we rescue boys from the streets, if they stay on in the Rehabilitation Centre, they are in danger of being affected by the behaviours of new boys from the streets.

Chantal Goetz from FGF visited us at the end of the month. She engaged a group called 'Out of the Box' to evaluate our girls empowerment program. It is not easy to have an evaluation in January especially this year when the secondary school had just opened with new changes to the system. We also had the financial audit going on.

I thank God and you for the help you have given which enables us to give the services.

Sr Mary Killeen Director



Social Services

With the commencement of a new academic year post CoVid19 the terms went back to normal times with new admissions taking place in the different learning institutions. Sponsorship follow ups were carried out on the candidates who sat for their national exams last year while the social workers in their various offices continued to prepare profiles for needy students who require sponsorship.

MPC through its Social and Health Services Department outreach offered support services to over 1,000 needy families within Mukuru slums in January. Sadly, the fire outbreak in the Kayaaba and Masai villages impacted 126 households affecting more than 300 people of which 44 were students from MPC institutions. Extra uniforms, clothes, shoes and educational materials were distributed to those students. We are very grateful for the donations received during the month that were channeled immediately to the fire victims and other needy families.



Aftermath Kayaaba and Masai Village Fires

Clothes donated by BA Crewmembers

Nutritional support was also a major activity during the month. St Catherine's Social Office was able to support needy families by its distribution of food provisions. The sick clients with chronic illnesses were assisted through the fortnightly Amaranth program. The offices also distributed sanitary towels to the vulnerable schoolgirls courtesy of the Conrad Hilton Fund to ensure there is reduced absenteeism and retainment of girls in school.





Fire victims receive new uniforms



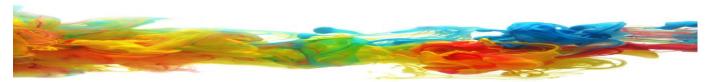
school bags



bedding

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Mukuru Promotion Centre January Newsletter 2023



Having our own Clinic helps MPC to provide affordable healthcare access to the slum dwellers that would otherwise be out of reach. The neediest patients receive medical support through the "waiver program" and the social office plays an important role to ensure that everyone, especially children receive medical treatment and referrals if necessary to other hospitals. Accessing a medical facility in the early stages of an ailment improves the probability of good health outcomes. The social office works to ensure all the cases are followed up because at times the lack of cooperation from the parents with sick children can be a major challenge.









Needy client receives food

Teenage Mothers

Sponsorship Assessment

Home Visit

			Education				Health		Masomo Renabilitation Centre Protection 1 - - 1 - - 1 - - 1 - - 1 - - 8 - - 11 - - 12 16 - 13 25 7 2 - - 3 1 - 2 2 - 6 27 1 - - - 6 27 1 - - - - - - - - - 4 - -			
No.	Case type / Activities	St Bakhita	St Catherine	St Elizabeth	Sancta Maria Kayaaba	St Michael's Secondary	Vocational Training Centre SKILLS	MPC Clinic	Songa Mbele na Masomo	Rehabilitation	Child Protection	Total
1	Abuse Cases			1			1		1			3
2	Amaranth Adult Clients		61									61
3	Amaranth Baby and Child Clients		6									
4	Behavior and Discipline Cases									8		8
5	Business Startups / Boosters	1			1	2			1			5
6	Counseling and Guidance Sessions				4		23			16		43
7	CoVid19 Hygiene Material Resources											-
8	Donations Received	1	4	1	2	2	2		13	25	7	50
9	Fire and Floods Disaster Assistance	56		1	3	4						66
10	Food Distribution Parcels		55									55
11	Home Visits	15		1	8	3			3	1		31
12	Hospital Visits (other Hospitals)							22	2	2		26
13	Malnourished Babies		9									9
14	Medical Cases (to MIC)	2	33	3	10	2	2	60	6	27	1	145
15	Meetings and Trainings	1										1
16	Mentorship Sessions	3	4	2	2		4					15
17	Mobilization of Resources											-
18	Needy Families Support (Community)		39		5	1	5					50
19	Needy Students / Children	23	6	3	13				4			49
20	Networking Meetings		5	1	4		2	11		2	3	25
21	New Admissions to MPC Institutions		102	15	6	1	33		8	13		178
22	New Teenage Pregnancies Cases											-
23	Nutritional Support		5									5
24	Placements (Job /Internship)					1						1
25	Pregnancy Support Packages	2				4						6
26	Provision of Sanitary Towels	7	67	39	15	58	6		2			194
27	Referrals (except medical)	22		4	7		26					59
28	Safeguarding Follow Ups									1		1
29	School Absenteeism / Truancy					11	3		45			59
30	Schools Profiles	15	13	16	20	10	5		4			83
31	School Visits									1		1
32	Songa Mbele Therapy Sessions											-
33	Sponsorship Follow-ups		17		12	44	7		33	4		117
34	Uniform Aid		9	20	5							34
	Totals	148	435	107	117	143	119	93	124	100	11	1,397

Social and Health Statistics for January 2022

Mukuru Promotion Centre January Newsletter 2023



After a good break with family and friends the MPC Clinic staff returned for a New Year to assist those in Mukuru slums with their health. In the short month of January there were 1,497 registrations at an average of 72 patients per day with 36% of them being children. The children's immunization rate continues to increase which is very heartening. The laboratory tests are trending as normal.

The year began with support supervision and data review conducted by the Starehe Subcounty Tuberculosis and Leprosy Coordinator, Mary Nzamalu. It was reported that the Clinic had a 105% increment of tuberculosis patients treated in 2022 compared to 2021 with a treatment completion rate of 89%. The targets set for 2023 were determined to be 87 adults and 9 paediatric patients. The Coordinator encouraged early

follow up of TB patients who lack good adherence to medication through calls and home visits by the community health worker. This will enhance completion of medication and boost successful treatment of all patients on TB treatment.

Patient education is offered daily at the Clinic by the community health workers, to help the patients manage their health better especially with communicable diseases. In January tuberculosis was emphasized, which is a highly transmissible infection in the community.



Community Health Worker educating patients on tuberculosis.

Training on the T-bu lite data app, a digital platform for follow up of patient was conducted to enhance efficient use at the facility. The app will be used by the clinician at the facility to register patients and monitor them in accordance with Ministry of Health guidelines.

Category	Gender	0-5 Yrs	6-12 Yrs	13-17 Yrs	18-35 Yrs	36-49 Yrs	50-64 Yrs	Above 64 Yrs	Total
New cases	Female	80	32	38	184	45	23	2	404
	Male	70	19	33	86	43	19	3	273
Subtotal		150	51	71	270	88	42	5	677
Revisits	Female	168	24	32	158	69	34	4	489
	Male	111	31	15	87	55	28	4	331
Subtotal		279	55	47	245	124	62	8	820
Total		429	106	118	515	212	104	13	1497
Percentage	Female	58%	53%	59%	66%	54%	55%	46%	60%
	Male	42%	47%	41%	34%	46%	45%	54%	40%

January Registrations 2023



Diagnosis in January 2023

Diseases	0-5	6-12 V	13-17 V	18-35	36-49	50-64	Above	Total
	Yrs	Yrs	Yrs	Yrs	Yrs	Yrs	64 Yrs	
Outpatients								
Respiratory	105	28	14	76	32	15	1	271
Gastronintestinal	48	17	28	65	21	8	2	189
Cardiovascular	92	38	49	170	81	56	6	492
ENT	9	4	4	5	4	0	0	26
Genitourinary	4	3	7	85	24	5	0	128
Sexually Transmitted Diseases	0	0	0	7	9	1	0	17
Musculoskeletal	9	8	6	34	15	17	4	93
Integumentary (Skin)	10	6	3	10	5	1	0	35
Dressing	0	1	2	4	1	0	0	8
Other Diseases	24	1	3	10	2	0	0	40
Subtotal Outpatients	301	106	116	466	194	103	13	1,299

Clinics in January 2023

	0-5	6-12	13-17	18-35	36-49	50-64	Above	Total
Clinics	Yrs	Yrs	Yrs	Yrs	Yrs	Trs	64 Yrs	Total
ANC				60	0			60
Immunizations	135							135
Nutrition								0
Comprehensive Care	0	0	0	1	2	1	0	4
Tuberculosis	0	0	0	2	2	1	0	5
Non Medical (Mental)	0	0	0	1	0	0	0	1
Referrals to Medical Facilities	0	0	0	0	0	0	0	0
Subtotal Clinics	135	0	0	64	4	2	0	205
Total	436	106	116	530	198	105	13	1,504



January 2023 Laboratory Tests

Laboratory Tests	0 - 5 Yrs	6-12 Yrs	13-17 Yrs	18-35 Yrs	36-49 Yrs	50-64 Yrs	> 64 Yrs	Total
ANC Profile	0	0	2	24	3	0	0	29
Anti-streptolysin O test (ASOT)	0	0	0	1	0	0	0	1
Bilirubin Levels	0	0	0	0	0	0	0	0
Blood Group	0	0	2	1	0	0	0	3
Blood Sugar (R.B.S/F.B.S)	0	0	1	18	15	13	1	48
Brucella	0	0	0	0	1	0	0	1
BS for MPS (Malaria)	51	15	5	38	11	8	0	128
Calcium Levels	1	0	0	0	0	0	0	1
Creatinine levels	0	0	0	0	0	0	0	0
Du test	0	0	0	0	0	0	0	0
Full Haemogram	11	5	6	34	11	14	0	81
HbA1c	0	0	0	0	0	0	0	0
Helicobacter Pylori	1	6	8	37	12	7	2	73
Hemoglobin Levels	18	8	18	9	3	2	0	58
Hepatitis B (HBsAg)	0	0	0	1	0	0	0	1
High Vaginal Swab Microscopy	0	0	0	16	2	0	0	18
Lipid Profile	0	0	0	0	0	0	0	0
Liver Function Test	0	0	0	0	0	0	0	0
Pregnancy Test	0	0	4	26	0	0	0	3 0
Rheumatoid Factor	0	0	0	11	4	2	5	22
Salmonella	1	2	2	5	3	2	0	15
Stool Analysis	12	23	10	44	11	7	1	108
UEC's (Urea, Electrolytes and Creatinine)	0	1	0	0	0	0	0	1
Uric Acid	0	0	0	0	0	0	0	0
Urinalysis	3	13	12	98	35	12	1	174
Urine Culture	0	0	0	0	0	0	0	0
Urine multi-drug test	0	0	0	0	0	0	0	0
VDRL/Syphilis	0	0	1	1	1	2	0	5
Total Laboratory Tests	98	73	71	364	112	69	10	797
Average Tests Per Day								39.85



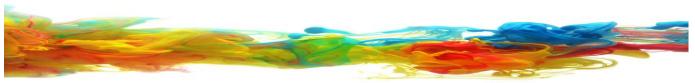
Rehabilitation Centre

The Rehabilitation Centre began 2023 with 50 boys in residence. There were 13 new recruits, 8 transfers and 1 boy reintegrated back with his family. There are 17 boys who remain under MPC sponsorship but were exited in 2022. We are very appreciative of Paula Cullen and her Group's generosity ensuring that the boy's futures have potential for self-sustainability through education. There are many other important aspects to the rehabilitation program and Paula and her Team are always keen to see how they can assist the overall program working very hard behind the scenes to improve the outcomes for the boys throughout the year and not just on visits. They have successfully contributed to sporting tournaments, transportation and coaching costs, materials for the art program as well as the instructor's salary, subsidizing other salaries at the Centre, educational resources, technology and sporting equipment, clothes, uniforms and excursions. Visiting the centre twice a year gives them a great capacity in understanding the ongoing needs at the Centre that is not always evident through reports. The boys are excited to learn that the Group consisting of 7 women will visit the Centre in March.

Early January saw the transfer of 8 boys aged between 8-11 years to Karai Children's Home in Kikuyu County after successfully securing places for them. The Home caters for orphans and vulnerable street children and has a formal registered school on campus. It is one of the best reliable referral organisations in Kenya. The boys that are referred there have completed their rehabilitation process successfully but cannot be reintegrated back to their families. This is normally due to extreme poverty, negligence, stepparent conflict or alcoholism. The transfer of the boys is usually completed by the parents signing a consent form and accompanying them. The Centre saw an opportunity that was suitable for the boys prospects where they will be funded to tertiary level education as well.

Classes	Accelerated Learning Class	St Catherine Primary	Vocational Training	Secondary School	Sponsored Boarding	Total
Year 1	13					13
Year 2	16					16
Standard 2						
Standard 3		4				4
Standard 4						
Standard 5		1				1
Standard 6						
Standard 7		3				3
Standard 8					1	1
Junior Sec.		1			1	2
Grade III						
Grade II			7			7
Form 1						
Form 2				1	1	2
Form 3				1		1
Form 4						
Total	29	9	7	2	3	50

Rehabilitation Centre Composition January 2023



The bulk of the boys are being introduced into one of two levels of basic education. Assessments will be made to identify their abilities and capabilities. The older boys will be accommodated in the vocational training sector while the others will continue with their education in mainstream schools and university.



The boys with their parents at Karai Children's Home.



Mackenzie and Kibicho with the social worker from Napenda Kuishi.

The CoVid19 pandemic disrupted the academic calendar for 3 years in Kenya and 2023 will see a return to normal terms but with a late start in January. While the boys were enjoying their extended holiday break they were kept busy slashing the grass, watering trees and vegetables as well as leveling the field.

A new initiative for 2023 is the 'Healing Garden'. It is specifically for boys who suffer from anxiety and is aimed at helping them reduce their anxiety by focusing on another living thing while enjoying gardening. The project is sponsored by Rebekah Bor and her team, Wairimu and Njoroge. The boys will be taught farming skills and develop an appreciation of environmental conservation.



Njoroge and the boys during the garden preparation.



Apart from the many day to day activities that occurred in January there were a few special events. One such event was the 'New Year' celebration sponsored by the Whistle Team from Ireland. The boys ushered in the New Year with a feast. For a former street boy, a new year has the hallmarks of the previous one, which may not necessarily be anything worth celebrating. However, the New Year at MPC

Rehabilitation Centre is marked with lots of potential and possibilities.

New Year's Day Celebration.



Mukuru Promotion Centre January Newsletter 2023



Another event was hosting the St Andrew Donholm Catholic Church Youth Group. The youth group helped out with the cleaning, gardening, washing and reading throughout the day as part of their community outreach program.

St. Andrew Donholm Catholic Youth Group.





Weekly Washing

It was not all work, there was time to fit in some sporting activities. They organized friendly matches in football and basketball.

MPC is always deeply grateful to the many well-wishers who come to the Centre and donate essential provisions. Everything helps to feed, shelter, support and clothe 50 boys each day. We acknowledge Team Pankaj, John Pembe, Maxwell Cars Ltd, Dawoodi Bora Community, KAFOCA, George Waweru of Autoworks, Agatha Muigai for the locally donated food provisions vegetables, clothes, chips, shirts, rice, fruit, cakes, Jerseys and for the overseas clothes, shirts and jerseys donated by British Airways crewmembers and Paula Cullen's Group.



Donated Fresh Provisions





Donated Goods





The construction of the new dining hall resumed in January after the Christmas break. On resumption the builders continued with the flooring and ceiling inside and the pavement area outside. Also, the utilities were connected. The quality of the building is very impressive. We are very grateful to Paula Cullen and her Team for sponsoring the major works at the Rehabilitation Centre.



Wash up area and External sinks.







Gypsum Ceiling Board Installation





Screeding preparation for the Terrazzo Flooring



Terrazzo Flooring



External View



Preparing the foundation for the Assembly Area



Plumbing Connections



Preparing the Assembly Area for the Paving

Gone is the ugly big open drain that went across from the Clinic building to the river side, straight through the old dining room. The space has been transformed and will provide options for assemblies and concerts. We hope that the completion and handover will occur in February and the official opening take place when Paula Cullen and her Team visit the Centre in March. A big thank you to Mr Vinod of Anshi Builders for constructing a terrific dining hall and external space. After a few years in the planning, a special thank you to Paula Cullen and Team for making it all happen.



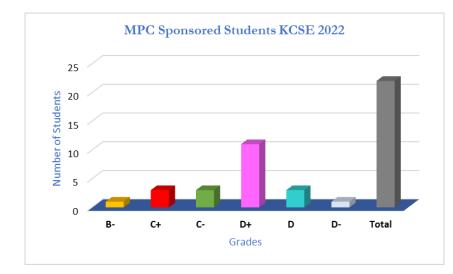
Sponsorship Office

We welcomed the new year full of appreciation that 2023 will not have the complications of the last 3 years

due to the CoVid19 Pandemic. After the release of the 2022 KCPE *(Kenya Certificate of Primary Education)* the prospective interviews were carried out to identify needy students for sponsorship to join Form One at St Michael's Secondary School located at the Head Office. Out of the 67 KCPE graduates assessed by the social workers 51 who were accompanied by their parents and guardians were assessed. Due to the levels of poverty in the area the demand for sponsorship has increased 5 fold. The decision on sponsorship has been modified to ensure that the desperately needy students can be assisted and admitted to St Michael's Secondary Form One.



Interview session with class 8 candidates



The KCSE *(Kenya Certificate of Secondary Education)* results for 2022 candidates were released on 20th January 2023. There were 22 students sponsored in the class of 2022 and some performed very well, while others could have done better. Four of the 22 students have gained access to university courses while 18 students have access to vocational training courses. All students expressed their appreciation to those who have sponsored them throughout secondary school.

One of the Special Needs a dwarfism student, Martin Muteithia, was enrolled for counselling at Greater Life Concern for 2 months due to alcoholism and drug abuse. He received the appropriate therapy that assisted him greatly though not fully recovered. Martin received sponsorship and will continue with his studies at St Michael's Secondary for Form 3 and Form 4.

Initiated by the Member of Parliament, the National Government Constituencies Development Fund officials visited MPC to discuss the distribution of bursaries and education loans to students. The meeting gave MPC and the public the opportunity to ask the Government for some support for the marginalized students. The meeting echoed by the participants demanded fairness and equality when awarding the bursaries.



NG-CDF meeting Mukuru Promotion Centre January Newsletter 2023



January is normally the month where 60% of the school fees are processed to all the learning institutions in the country. Non-payment of school fees means that students will not be allowed to enter the schools. It is a very worrying time for many.

A visit was conducted to two of the businesses started in December 2022 by Faith Mwikali and Faith Malinda who are sharing the same premises. Both young women were former students at Our Lady of Mercy Vocational Training Centre. It was impressive to see that despite the many challenges and economic crisis in the country their businesses are running smoothly. They are grateful for the opportunity they received from MPC.



Faith Malinda's Salon



Faith Mwikali's Salon

Mukuru Promotion Centre January Newsletter 2023



Songa Mbele na Masomo Children's Centre

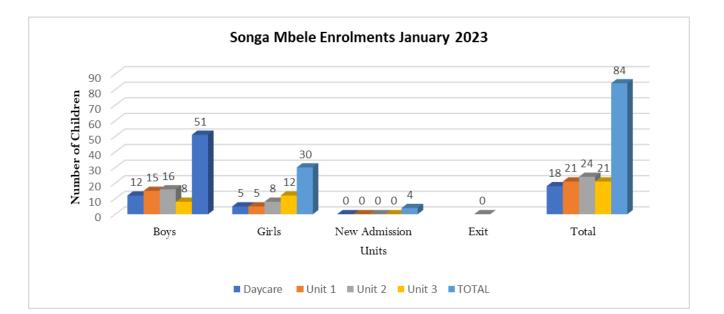
After the Christmas break we were expecting some deterioration in the children's progress however, most of our parents did well with the home program and there were only a few cases of regression with toileting. The attendance in the first few weeks of January was a bit low as some of the children were still upcountry with their parents. By the end of January all the children had returned except for 3 and the social worker will follow-up on them. There were 4 new admissions aged between 3 ¹/₂ and 13 years. One child who was an outside therapy client, one five year old girl who has mild cerebral palsy, one 3 ¹/₂ years and one 13 year old.



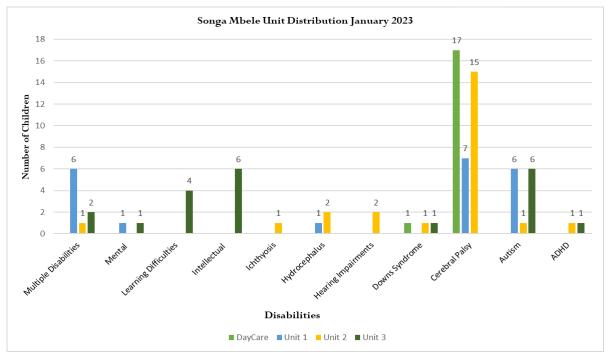
Josephat Muhanji exited to St. Catherine Primary School Grade 1



Stacy Moraa exited to Kamboi Deaf School





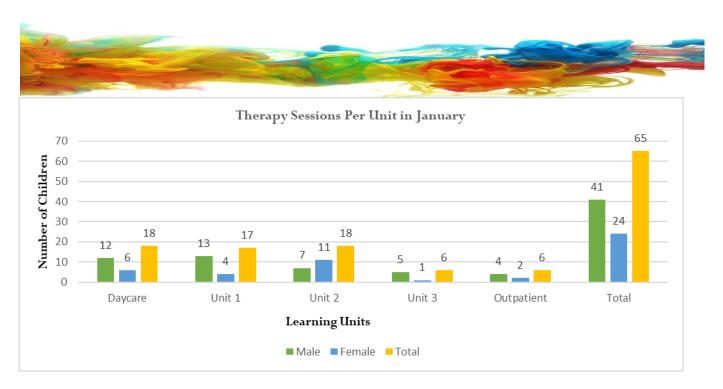


The Centre continued with the weekly therapy sessions throughout January. The big improver for the month was Stanley Ochieng from Unit 2. Stanley is 6 1/2 years old with mild cerebral palsy and has been attending Songa for the last 7 months. The main weakness is in his left side and is unable to speak, with little hand use. After continuous therapy sessions the left side of his body has improved. He has achieved proper posture and balance, is able to use both hands and can manage a few words.

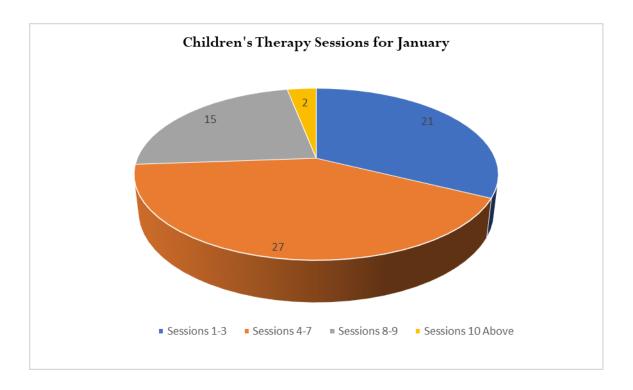


Stanley in action

The number of therapy sessions for Daycare, Unit 1 and Unit 2 were fairly equal and Unit 3 and outside clients were similar. There were more boys who required therapy compared to the girls being a distribution of 63:37.



There were 65 children who received therapy sessions in the month. The majority of the children participated in between 4 to 7 sessions per month. Finding the right mix of sessions per child is an ongoing exercise.



In January the Centre received 12 volunteers from different colleges and universities within Nairobi who assisted the classroom teachers and caregivers in each of the units. We welcomed Maria Haluskova, a Special Needs Teacher, from Slovakia who will complete a six month internship placement at Songa Mbele.

The Centre is always appreciative of generous donors who provide funds, provisions or donations in-kind for the children and their families.



Primary Schools

The holiday feeding program continued while the schools were closed for the many children who would otherwise go out onto the street begging for food. The primary schools opened on 23rd January after an 8-week holiday. Children were eager to come back to school and the teachers were excited to see them.

The Ministry of Education assessed all primary schools, both private and public, in the country to ascertain the schools capacity to absorb the Grade 7 pupils who will now be in Junior Secondary School (JSS) within Primary Schools. The Ministry directed that all students transit to Grade 7. The schools that lack the capacity will not be allowed to enrol Grade 7 pupils, instead they will be transferred to neighbouring institutions within a 2 kilometre radius.

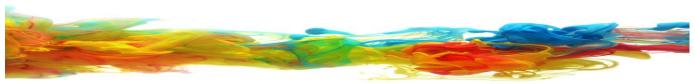
The team was checking on the type of school, whether it is boys, girls or mixed, day or boarding, and regular or special needs, among others. The National Education Management Information System (NEMIS) was also checked at each school. The thorough assessment included such things as: head-teacher qualifications, specialisation (for special schools), teaching staff availability, number of qualified teachers, internet access, computers and functionality. Schools will not be approved to host JSS if they fail to meet set requirements, including adequate sanitation facilities, land and validity of the title deed, furniture and classrooms that can be equipped for sciences. Other criteria are space for agriculture projects, assorted farm tools, classroom for tools for pre-technical studies, water availability and reliable power supply.

All the 4 MPC primary schools were approved to hold Junior Secondary School after the assessment. Since 1996 MPC has enabled a building program, specifically for the poor, that replaced all the mabati iron sheeting classrooms with permanent structures. It would not have been possible without the generous support of KfW Cooperation Germany who built Sancta Maria Kayaaba, St Elizabeth, St Bakhita and St Michael's Secondary; Melon Educate Ireland who built St Catherine's; in collaboration with the Sisters of Mercy, National and County Governments of Kenya. The last building development program which concluded in 2017has left the Mukuru residents in a strong position to attend 1 of 4 MPC primary schools that are located within 5 kilometres of each other.

After the release of KCPE, the calling letters for Form One admission commenced. Once the KCPE results are released many students apply for sponsorship with Foundations such as Hatua, Rotary Clubs, Banks and other organizations. Most of these foundations opt for the very high achievers which leaves the bulk of primary children without the possibility of transiting to secondary school. We congratulate the 37 students who managed to obtain sponsorship from the organizations listed below. We wish them every success for secondary school since they have done extremely well to achieve the results they did.



Sponorsing Founation	Students	MPC Primary School	School Attending in 2023
	Ann Andsi	St Bakhita	Loreto Limuru
	Pamela Adhiambo	St Bakhita	Limuru Girls
	Condalize Otara	St.Catherine	Limuru Girls
	Ignatius Mukayachi	St Catherine	Utumishi High
Hatua	Lavin Ranji	St. Elizabeth	Loreto Limuru
	Otieno Quinton	St Elizabeth	Lenana High
		St Elizabeth	Moi Girls
	Alex Mutunga	Sancta Maria	Lenana High
	Okari Peris	Sancta Maria	Kenya High
	Devin Simbe		Hospital Hill
	Bryson Wandera		Hospital Hill
-	Samuel Mwithiri	St. Catherine	Hospital Hill
Milimani	FounationStudentsFounationAnn AndsiPamela AdhiamboCondalize OtaraCondalize OtaraSIgnatius MukayachiSIgnatius MukayachiSLavin RanjiSOtieno QuintonSJoyce NyanchamaSAlex MutungaSOkari PerisSRotary Club of MilimaniDevin Simbe Bryson WanderaRotary Club of MilimaniSamuel Mwithiri Sheila Kwamboka Joesephine Adekeuity Wings to FlyBethia NyambutoSAdiona WaeniSEmmanuel BwireFatuma ZawadiSCB FoundationHilda KaireriSRuth WanbuiSSOkari Derrick Moses OmwindiSOkari Derrick Moses OmwindiSJoseph Eshikumo Sharon MautiSVairobi MuslimNasira Hassan Guliye GodanaSHarambeeDennis OderaS		Loreto Kiambu
			Kijabe Girls
			Kijabe Girls
Equity Wings to Fly	Bethia Nyambuto	St. Bakhita	Bishop Linus Okok
Elimu Foundation	Adiona Waeni	Sancta Maria	Mumbini Girls
		-	St. Paul's Isinya
		Sancta Maria	Pangani Girls
	Alloys Ochieng		Kericho High
KCB Foundation	Hilda Kaireri	Sancta Maria	St. Ann's Lioki
	Ruth Wanbui	St. Bakhita	Stella Maris Othaya
	,		St.Mary's Nyamuguso
			St. Ann's Jogoo Rd
			Baricho High
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Rotary Club of Milimani Equity Wings to Fly Elimu Foundation KCB Foundation County Government Nairobi Muslim Harambee			Nyanchwa High
		St. Elizabeth	OLM Shauri Moyo
			Kereri Girls
		Sancta Maria	Precious Blood
			State House Girls
Nairobi Muslim		St. Catherine	Nairobi Muslims
	Guliye Godana		Nairobi Muslims
Harambee	Dennis Odera	St Elizabeth	Homabay Boys
Scholarship	Sharon Moraa	st. Enzabeth	Nyakoiba Girls



With the new Junior Secondary School comes new Government regulations and guidelines. The JSS appoint a subcommittee to oversee the running of the JSS section. The guidelines further direct the Head Teachers to rebrand the schools with appropriate color and include the level Junior Secondary on gates. There was no mention to include the school sponsors' names. Students to be enrolled should have a new school uniform different from the primary one. MPC schools have tried to comply with the new guidelines by utilizing the resource and the manpower available in their schools.



Re Branding Junior Secondary School



Here are the new uniforms for the MPC primary schools.



St. Bakhita

Sancta Maria



St. Elizabeth



St. Catherine

The Mercy Education Office organized to meet the best 10 well performed candidates in all Mercy Associated Primary Schools. The function was held at MPC hall where all students received words of encouragement from different people and tokens of appreciation from Sr Mary Kanyi, Director Mercy Education Office.



Mercy Education Office awarded the top 10 KCPE candidates in Mercy Associated Schools

Mukuru Promotion Centre January Newsletter 2023



The long awaited 2022 Kenya Certificate for Secondary Education (KCSE) result were released in January 2023. The Computer Studies subject recorded the highest score. While there were a few individual good performances the school overall needs to improve as there are too many students who are not obtaining the options for university entrance. The number of students scoring D and below has increased to 64% of the candidates. The subjects that need to develop thorough strategies for improvement are Biology, Chemistry, Mathematics followed by Physics, Business Studies and History and Government. The compulsory subjects of English, Kiswahili, Mathematics and Chemistry was a mixed bag of achievement. During term 1 students will receive extra assistance with the hard sciences at lunchtime and after school.

	St Michael's Secondary School KCSE 2022 Subject Results														
Subject	Α	A-	B+	В	B-	C+	С	C-	D+	D	D-	E	No. of Candidates	Mean Points	Grade
Form 4				1	3	4	6	15	33	18	1		81	4.44	D+
Agriculture			2	4	4	5	4	1		2			22	7.18	C+
Biology						1		2	3	17	20	1	44	2.75	D
Business Studies					3	1		1	1	19	7	1	33	3.39	D
C.R.E.			1	4	10	11	11	8	10	22	1		78	5.34	C-
Chemistry				1		1	1	3	4	21	42	8	81	2.56	D
Computer Studies	7	6	4	3	3	2							25	10.21	B+
English					7	11	25	15	10	13			81	5.39	C-
Geography		1		3	5	5	3	2	4	16	2		41	5.09	C-
History and Government					1	1	8	8	9	13			40	4.45	D+
Kiswahili			3	2	5	11	9	11	15	24	1		81	5.03	C-
Mathematics				1			3	3	1	16	25	32	81	2.17	D-
Physics			1	1	1	2	2	2	4	12	12		37	3.75	D+
Total	7	7	11	19	39	51	66	56	61	175	110	42		4.78	

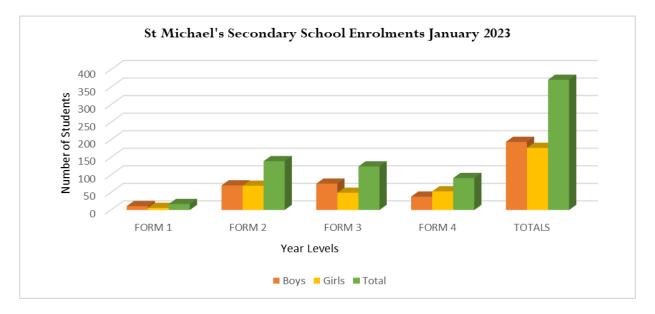
Breaking the results further down into gender categories the girls were marginally ahead of the boys.

Gender KCSE 2022 Results															
By Gender	A	A-	B+	В	B-	C+	C	C-	D+	D	D-	E	No. of	Mean	Grade
													Candidates	Points	
Girls					2	1	5	10	10	8			36	4.6389	C-
Boys				1	1	3	1	5	23	10	1		45	4.2889	D+
Gender Combined				1	3	4	6	15	33	18	1				



Form Group KCSE 2022 Results															
Form Group	A	A-	B+	B	B-	C+	С	C-	D+	D	D-	E	No. of Candidates	Mean Points	Grade
Form 4 North				1	1	3	3	10	15	8	1		42	4.57	C-
Form 4 South					2	1	3	5	18	10	0		39	4.31	D+
Form 4 Combined				1	3	4	6	15	33	18	1		81	4.44	D+

With a new academic year comes new promises and expectations. The year commenced on 24th January 2023 when 293 returned and another 87 were recorded as absent. By the end of January 371 students were in attendance while 27 students were still absent. Normally the first few weeks of a new year come with some confusion for parents and weighing up whether they can afford to send their children to secondary school, some have transferred and some may be returning from up-country. Over the next few weeks, the social worker will follow up on absenteeism and the school management will process more students. The gender ratio stands at 52:47 in favour of the boys.



Some of the new Form One students enrolling at St Michael's.



Form Ones settled into class. Mukuru Promotion Centre January Newsletter 2023

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It is great to be able to plan a 13 week term without the worry of juggling classes, meetings and events due to the Ministry of Education changes directed by CoVid19 consequences. The school environment is calmer now than the last 3 years.



The teachers prepare for the students' return and mark the opening term examinations.

Students sat the Opening Term Examinations in the first week to ascertain for the teachers how the students are academically placed. The rest of the term will have the usual parent meetings for new parents and existing parents, staff meetings, preparations for excursions, anticipation for the sports carnival, music festival and science fair. For the students there is much to look forward to and for the staff a chance to see the development of their students.



New boards

The maintenance staff were busy during the quiet time to run repairs in each classroom to ensure they were ready for the staff and students for the beginning of the term. One major job was to repair or replace the blackboards with whiteboards. All the school furniture was checked and the repairs are ongoing.



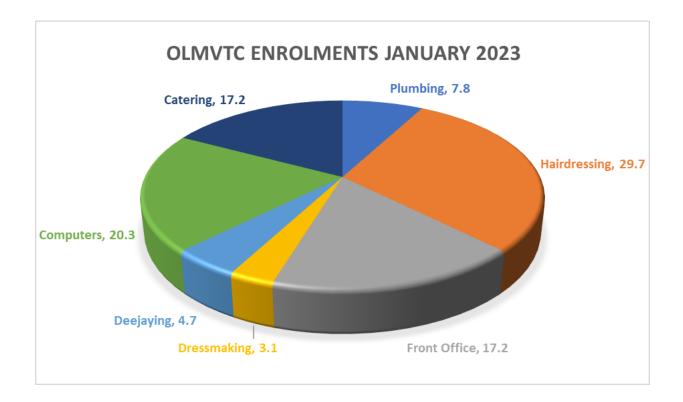
Repaired Desks

Girl Guides welcome the School Assembly



OLMVTC offers students the opportunity to refocus and redirect their energies to achieve their desired outcomes to leave the Centre at the end of the year with a qualification and experience to perform better than other vocational students. After the break our staff are revitalized and recharged for the busiest term of the year with admissions, classes, final exams for some courses and the graduation ceremony. Apart from the daily activities of the Centre we hope to spend time achieving our strategic objectives such as introduce new marketable courses; apply for KNEC accreditation for the catering and front office courses; initiate internship placements with local organizations; improve the Centre's visibility, strengthen relationships with the County Government and other stakeholders; and create a production unit that will make uniforms for the MPC schools.

Since CoVid19 played havoc with the academic calendar across the different levels of education in Kenya, 2023 will be a return to normal terms with the slight exception on commencement dates and examinations for vocational training centres. For the Centre this meant that a new intake was planned for January 2023 rather than the customary April 2023. OLMVTC will conduct two sessions of lessons for each course due to the previous intake's final exams not taking place until April 2023, excluding the computer course. By the end of January 64 students had enrolled in one of 7 courses currently available.



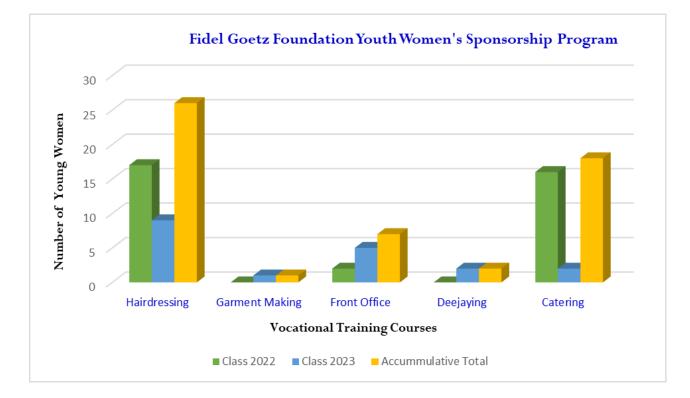


A big supporter of educating young women is the Fidel Goetz Foundation (FGF). The FGF Executive Director, Chantal Göetz and a group from 'Out of The Box' visited the Centre on 30th January 2023 to interact with the young women and assess the 2022 project. The sponsorship of young women through the Catering and Hairdressing courses has been a core objective of FGF activities at the Centre. As a result of the review and understanding, it takes more than just offering tuition fees for women to succeed, FGF acknowledged the cost of living difficulties as a major obstacle for women to achieve. The Foundation generously provided

food parcels to their sponsored students. The other dimension critical to the success of the program was to have the right equipment so that the students can learn with the latest technology. Most of the equipment at the Centre has been upgraded several times with "loving patches" applied. The improved technology forms an essential part of the curriculum and the 16 new cutting-edge computers will provide a further edge for the young women.



Prospective Enrolments for FGF Program



Currently the accumulative beneficiaries of the FGF program stands at 54. The admission for 2023 is ongoing and we hope to have more young women establishing themselves through the program. MPC is very grateful to Chantal Goetz for her foresight, generosity and passion for education.



Chantal Goetz with catering students Lavenda Imbitsi and Evelyn Amatika



Hairdressing and Beauty Students sponsored by FGF

British Airways crewmembers have greatly assisted MPC for many years with educational resources for practicals, clothing and shoes. During January we welcomed more crewmembers who donated hairdressing & beauty products like shampoo, hair nutrients, hand and body creams, make-up brushes, eye lashes and moisturizers. The Garment Making Class also received different types of fabric, shears, ribbons and pins. MPC is very thankful that our students are remembered.

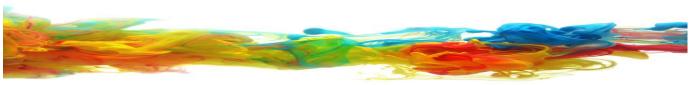




Special Needs and Garment Making Classes appreciate the donated goods from British Airways crewmembers.

Development work is extremely satisfying yet very challenging when the clientele does not have a regular income to contribute to course and material fees. Constantly identifying avenues to keep the Centre operational is demanding. MPC is focused on collaborating with groups who share our goals and values. We are delighted when other like-minded organizations inquire about possible partnerships to empower the residents of Mukuru slums.

A group of technical education students from Swaminarayan Academy visited the Centre for a benchmarking exercise. The event also served an educational objective where students were challenged to learn the functions of a social organization as part of a research requirement for their course. To learn more about the courses, the group was divided into various classes according to their areas of interest. By mingling with students from other institutions our students got the chance to learn more about other cultures, improve acceptance for diversity and also develop their self-confidence.



Academy students interact with OLMVTC students.



Plumbing





Art and Drawing

All the students at the OLMVTC receive a free lunch each day thanks to the generosity of wellwishers. The Swaminarayan Academy students also donated food provisions to the Centre.

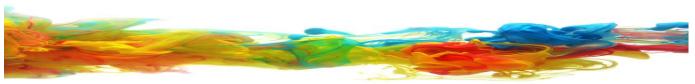


Special Needs Art Class with the Academy Students

Yoga of Devotion International (YoD) is an American organization working in Nairobi to help reduce extreme poverty through agriculture, art and entrepreneurship. The organization has supported and developed poverty reduction programs across the globe, including in Nepal, Indonesia, Peru, Kenya and Tanzania. Last year,



YoD and MPC worked together on a program for former Mukuru Schools pupils that featured arts and crafts activities. At MPC's compound, mosaics were made for the public where beneficial messages could be shared. This year, the program will primarily focus on creating puppets and mosaics to educate Mukuru youths on crime, drugs, and hygiene while collaborating closely with the YoD Mukuru team, composed of MPC alumni and western student interns from United States International University (USIU) in Nairobi. The team will be operating from MPC twice a week.



Sky Girl Foundation – Kenya

Sponsored by the Bill and Melinda Gates Foundation, another group visited the Centre in January, the Sky Girl Foundation. Sky's primary goal is to empower young girls, particularly teenagers. They arranged an all-girl event to educate them about the dangers of drug abuse, toxic relationships and the stigma associated with HIV/AIDS. The group held an interactive session with our students and presented the film 'Paa,' (Swahili = 'Fly').



Susan Bayachi (Catering student) accepts a book from Sky Girl Foundation.



OLMVTC students participate in the facilitated session.



A World Bank sponsored Social and Environmental Safeguarding Course group from Ethiopia's Eastern and Southern African Management Institute, ESAMI, visited the Centre to benchmark the good practices that they can replicate in their own countries. The areas of interest were the technical skills offered to the youths from Mukuru and the practical implementation of the social and environmental safeguards. The 7 delegates hope to put their learnings into practice.

Discussions on environmental safeguards - ESAMI

The Child Protection Office (CPO) held an empowerment session where 125 students from our various vocational training classes attended. Mr Victor Ochieng, a writer, trainer, teacher, and consultant with God's Pen Consultancy, led the sessions. The students took a class called "Skills Enhancement" where they learned about the various skills needed for their careers. Additionally, training was conducted on job-hunting techniques, which are crucial as they look for career prospects.



Victor Ochieng

Each Tuesday the CPO conducts guidance and counseling classes facilitated by Strathmore and Kenya Methodist Universities (KeMu) volunteers. During the month the classes covered topics such as self-reliance, hygiene, hierarchy of needs and relationships. The sessions were well attended.



Mr Vinod from Anshi Builders Limited commenced the Catering extension and improvements. The renovations will include 4 new cookers, sinks, kitchen cabinets and worktops. Once finished, the new catering kitchen will provide enough room for 16 students and 1 instructor to participate in practicums. Giving the students practical experiences provide them with an edge when applying for positions at the end of their course.



Measuring the space



Builders

The Special Needs class had an excursion to the Giraffe Centre, Mamba Village and Nairobi Animal Orphanage. All the students talked excitedly about the day and wanted to know when the next one was!





Special Needs class during an excursion



Other activities in January were:

MPC Head Office reopened on the 3rd of January 2023 after a short Christmas break. There were different activities taking place to start 2023. The first week saw British Airways crew members visit with donations. The donations helped the fire victims in Mukuru within the first week of January. Most of the residents lost their belongings in the inferno that took firefighters 10 hours to put out.



B.A. crew members visited Head Office with donations.



Mukuru residents receive donations of mattresses and beddings from Bounty Hotel

- Donations were received also from the Bounty Hotel that is located in the South B shopping area, just a kilometre from the Head Office. The donations included furniture, beds and mattresses and were timely for the fire victims.
- Chantal Goetz of Fidel Goetz Foundation together with her counterparts from Out of the Box, Maria and Rose visited the head office for a week from the 27th of January. They were able to meet with the different beneficiaries, mentors, mentees and staff involved with the African Adolescent Girl Fund program.

Maria meets and interact with the FGF beneficiaries.





Mukuru Promotion Centre

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