



MPC
May Newsletter
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Mukuru Promotion Centre

Empowerment Step By Step

Sponsored by Sisters of Mercy

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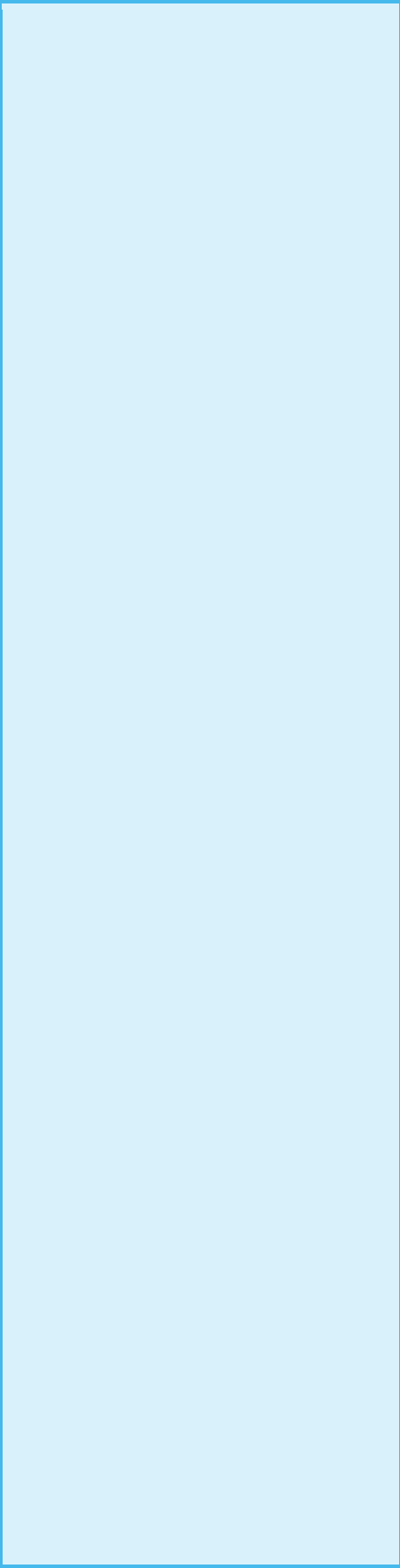

Announcements

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Dear Partners, Supporters and Friends,

We were delighted to welcome Maria Pawelka from DKA, Austria for her May visit. DKA has been our longest and most constant partner. They have stood by MPC through all the years from the mid-nineties when children learned under trees or with temporary shelter. It is through their support that MPC could expand from one school within slums to six. The DKA organisation fund some salaries and running costs, which is of huge help to MPC. Most other organizations wish to fund a building or equipment but do not fund operational or recurrent expenses. DKA realize that a project has to have staff and consumables in order to implement the activities such as teaching and social work. During Maria's visit she has worked hard to develop the Child Protection policy and its implementation from the bottom to the top. She has highly encouraged interaction between DKA supported projects in order to improve practice in all. We are grateful to Maria and her colleagues and the children of Austria who supply the funds. Maria is about to finish her time with DKA. We wish her every success in her next endeavour and are grateful for the time spent with us.

Susanne Schaudy, from Brothers and Sisters in Need, also from Austria, visited the Rehabilitation Centre for boys which her organisation assists with some salaries and activities. It was wonderful that she could see the work and the boys and inform her colleagues of facts on the ground. They, like DKA, are one of few organizations willing to fund some recurrent expenses.



I am very grateful to all the donors, local and foreign, for their help as you read about in the newsletter. These are harsh economic times with food prices soaring together with all other costs such as gas and transport.

It is very worrying to see the drop in school attendance in primary schools and Form 4s in secondary school. With the loss of jobs over the past two years a number of families have relocated to where they can get work or returned to ancestral homes. Our concern is that the children continue in school regardless of where they are living. Our great sorrow is that some may drop out and never return to schooling to complete their education.

Thank God, this is the last year for unusual and awkward term dates. The school year for 2022 began in May. Staff and students find the term dates and short holidays very difficult. Everyone needs a decent break between the terms. This year the breaks will be very short separating terms and year.

It is great to see the increase in activities in the Rehabilitation Centre such as Rugby, Art, Acrobatics which are funded by the group of Paula Cullen, that is, Catherine, Irene, Vera, Adrienne, Claire, their husbands, families and friends and the Congregation of Calary Church in Co. Wicklow.

It is sad to see the increase in hunger among Mukuru residents and their desperation in trying to meet costs of food, shelter, education and health. We continue to do what we can to assist and are grateful to all of you that we can do so. Thanks to the staff for all the good work done in all of the departments across the five sites.

May we continue to alleviate the poverty we find.
Best wishes and prayers

Sr Mary Killeen
Director

Welfare Services Rehabilitation Centre

May was a month of good vibes, cheerful atmosphere and increased numbers. The ambience created by our frequent visitors, donors and parents was contagious and impacted on the boys through the talks, exchanges and conversations. The happiness was evident on the boys' faces as they participated in the events and celebrations. We welcomed Susanne Schaudy from 'Brothers and Sisters in Need'- Austria, Paula Cullen, Irene Plunkett, Adrienne Burke, Catherine Nolan – Ireland and Maria Pawelka from 'DKA' Austria.



Two boys, Joseph and Austine Omondi were reintegrated with their families. The current number of boys residing at the Centre is 62 with another 17 who attend the carpentry classes but live with their families and are aged over 16 years.

Joseph Kanyuira re-united with his father

Classes	Accelerated Learning Class	St Catherine Primary	Vocational Training	Carpentry	Secondary	Mang'u Boys High	Totals
Year 1	19						19
Year 2	14						14
Standard 2							
Standard 3		3					3
Standard 4							0
Standard 5		1					1
Standard 6		1					1
Standard 7		3					3
Standard 8		4					4
Grade III			3	12			15
Grade II							0
Form 1					8		8
Form 2					5		5
Form 3					5		5
Form 4						1	1
Total	33	12	3	12	18	1	79

The academic term commenced for most of the new recruits, the teachers had to integrate various techniques to enable a smoother transition for the boys. It is important for the boys to maximise the accelerated learning so that they can sit their respective examinations before they reach a certain age. The other factor is the gradually fading out of the old 8-4-4 system which is being replaced with the new 3-3-3-4 competency based curriculum. If they miss out the boys will need to return to Grade 3 to sit the KNEC assessment tests as required by the Ministry of Education which will hinder the older boys. The boys have been attending library lessons where they are learning how to read storybooks on their own, increase vocabularies and literacy levels.



Library session

The teachers continue their training with the Pro Futuro tablets to benefit the boys especially for the accelerated learning classes. The digital format helps break any classroom monotony for them and they can progress more at their own pace. The teachers have noted that the boys really enjoy using the tablets.



Teachers Josephine, Jane and Charles with the trainer



Teacher Josephine with Year 2 boys

One of the favourite activities at the Centre is the Art and Craft sessions. Exercising the left side of the brain is a welcome break for the boys. During the art sessions they are taught drawing techniques, colour schemes and bead work. Some of the more eminent pieces are sold to help earn income which will be given to the boys when they leave the Centre.



Art and Craft

The counselling sessions at the Centre are an integral part of the overall program. The 12 new recruits participated in the orientation that includes individual and group counselling sessions. It is hoped that each boy will develop personally, socially and emotionally by learning the new 'tools' geared towards their understanding themselves and the world around them to make good decisions for their future. Volunteers from USIU (*United States International University*) have committed 3 days a week for 4 hours per day to assist with the counselling.



Sr Lillian addresses the boys

Co-curricular activities such as rugby, acrobatics, dancing, and football are always welcomed by the boys. The recent success at the rugby tournament has created further interest in the game and Paula Cullen's group have generously sponsored the rugby program that includes a coach. The team had their first competition recently and won. Maybe one day one of the boys will represent Kenya at the HSBC World Rugby 7s series. A promising young rugby player Dennis has been sponsored by the Paula Cullen group to a boarding school with a strong rugby program.



Boys delight in their rugby trophy



Dennis



The boys' athletic abilities are outstanding. They continue to shine in various local competitions. Irene Plunkett and friends donated their shoes and uniforms.

Acrobatics and Dancers in action with trainer Brian keeping an eye on proceedings.



Paula Cullen, Irene Plunkett, Catherine Nolan, and Adrienne Keeley visit MPC a few times a year. Even though the pandemic caused much disruption, the group have continued behind the scenes working for the development of the Rehabilitation Centre. The boys and staff are always excited to see them. The group is affectionately known as the Big Five. Secretly, we know there are more than 5! Vera and Claire were not able to visit this time.

Paula wished to convey this message to her supporters:

"On behalf of our group we would like to thank all our families and friends for their continued support for the Rehab Centre for street boys of Mukuru slums. Our recent coffee morning was a huge success and now allows us to proceed with planning permission for a permanent building for the new dining hall. Asante Sana to all"



Planting seedlings

MPC received funds from Trocaire Ireland and Brothers and Sisters in Need Austria for the development of small enterprises for the Centre as well as for the boys' parents. This program will assist with the reintegration processes as some of the reasons for the boys living on the streets are due to poverty. One of the projects within the social entrepreneurship program is focused on agriculture. The funds helped purchase various seeds for vegetables, fruit trees and blue gum trees for their fast growing ability. The funds will also help to expand the poultry farming which has also commenced.

The small enterprise training workshops for parents commenced in May. The five-day workshop shared important techniques to utilize when researching, writing plans, budgeting, cost of goods and other tools for building a successful business.



Rachael facilitating the parents workshop training

Throughout the year MPC receives monitoring and evaluation visits from our European partners. During May, Maria from DKA Austria, spent time with a number of the MPC projects including the Rehabilitation Centre. We are always delighted to receive our overseas visitors who provide much support.



Maria interacting with the boys

On her first visit to the Rehabilitation Centre Susanne from Brothers and Sisters in Need Austria was delighted to finally see Hekima House and the learnings carried out there. She managed to spend time interacting with the boys in their classes as well as meeting with staff members.



Susanne interacts with carpentry students



Susanne with Dinah MPC Executive Development Officer



Team Pankaj - vegetables



Henry Kanyonga - maize flour



Mr Waweru - ripe bananas

We are acutely aware that many people around the world are experiencing economic hardship. It is consoling that there are individuals who are able to think of those who are less fortunate. Although the donations during the month were down on previous months, we are very appreciative of people's generosity.

The Capital Centre Shopping venue donated cakes of soap, toilet rolls, baking paper roll, aluminum foil, cling wrap, brush ware, detergents, bottled water, sufuria scrubbers, drawing books and some poultry care items. Action in Focus provided such vegetables as green peas, butternut, broccoli, onions, baby spinach, eggplant, French beans, cucumber, carrots and biriganya. All very nutritious foods to ensure that the boys remain healthy and fit. Benson Thumi donated clothes and shoes. James Kabau donated some trousers, shirts and hygiene products. Ms Agatha brought some spinach and bananas. Another supporter Rachel from Muindi Mweusi Supermarket donated a month's supply of bread to the Centre.



Agatha's donation



Donations from Pembe Unga Industry and Rebecca Bor.



Despite the economic constraints in the country MPC is very grateful to the many supporters who can see the work and know that the donations are going directly to the projects. Thank you for being part of individuals transformation.

Just a reminder that the **Go Fund Me Project** for the Dining Hall for Street Boys Rehabilitation Centre is still open. Due to the support the decision was made to build a permanent structure rather than a prefab one. Currently 60% of the funds have been raised only another 40% to go! If you wish to be part of the development at the Centre, please consider donating.

<https://www.gofundme.com/f/Dining-Hall-For-Street-Boys-Rehabilitation-Centre>

Proposed Design



Sponsorship Office

Experience has taught us that the best way to change a child's life is to provide an education, adequate food, safety for the child and health care. While MPC endeavours to serve the destitute of Mukuru living in extreme poverty, it has taken the kind hearts of our donors to realize the mission.



St Michael's Secondary Form One admission

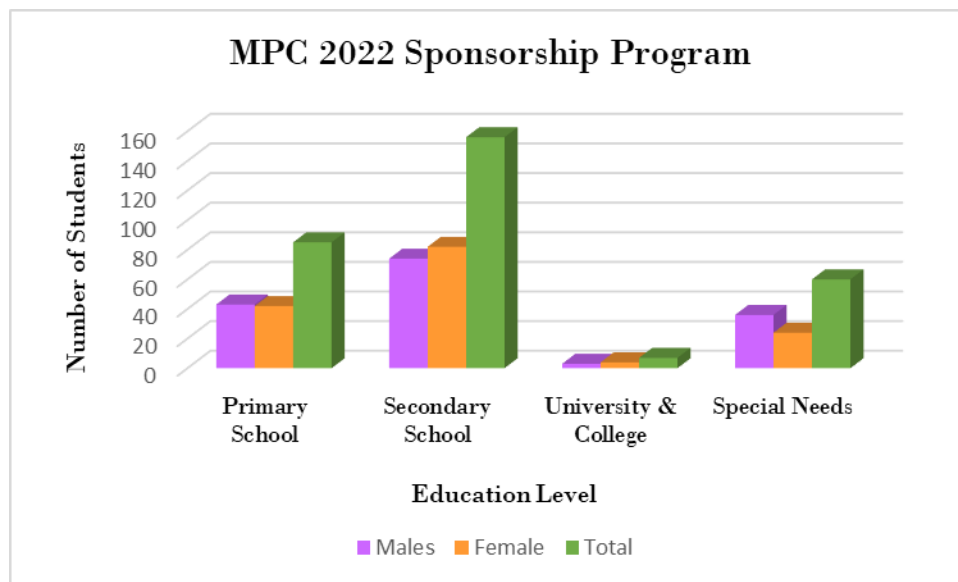
The new academic year for the secondary students began in May. After sending out 'calling' letters, conducting interviews and ensuring parents' collaboration the Form One admissions went smoothly. To see the excitement on the faces of the students who were very pleased to be getting an opportunity to continue their education was a sight to behold. We are grateful to all the donors who have committed to support over 50 new students to transition to high school.

The Kenya Pipeline Company has partnered with MPC to sponsor 30 students at St Michael's Secondary School. Frank and Paula Cullen and friends have sponsored 27 boys from the Rehabilitation Centre with 8 of them enrolled at St Michael's Secondary School and 5 at St Catherine's Primary School. They are also sponsoring the rugby program at the Centre. MPC Board member Bob Paterson and his group continue to sponsor 70 students at St Michael's and a few at boarding schools outside Nairobi. We are indebted to all our 200+ sponsors who value the power of education at all levels.



Kenya Pipeline Company visits the sponsored students

Despite the irregular school calendars for the last 3 years in Kenya we admire the gallant efforts from the teachers and students to engage and participate as much as possible given the circumstances of the CoVid19 pandemic. The students from Mukuru slums must deal with extraordinary pressures most of the time.



This year MPC has recorded an increase in Form One sponsorships with a total number of 58 students enrolled in different schools with a 49:51 gender ratio. The majority of them have been admitted to St Michael's with 8 of the students from the Rehabilitation Centre reintegrated with their families.



Kenya Pipeline Team with the new Form One St Michael's students

Under Kenya's Constitution (2010) primary education tuition is free. Through the Teachers Service Commission (TSC) the Government pays for teachers' salaries. However, as all parents know there are many other fees that contribute to a child's education. Various expenses such as uniforms, shoes, equipment, resources, excursions, transport, lunches, building programs, maintenance, county and sub-county fees can double or triple the overall costs. Charging parents for tuition fees in primary schools is illegal in Kenya but sadly the practice occurs. Parents from Mukuru slums cannot afford to pay for these 'extras' which excludes their children from attending school. These extra costs are especially difficult for marginalized children such as females, orphans, abandoned children and the financially underprivileged.



MPC primary school student representatives meet Maria Pawelka of DKA

We are grateful to an Irish donor who wishes to remain anonymous has sponsored over 60 primary children and to the 50 individuals who make up the Friends of Mukuru Western Australia group.

Two former residents of the Rehabilitation Centre, Frederick Kituku and James Kamau received a boost from their sponsors. Frederick was privileged to receive a laptop and school items to enable him to study his Interior Designer Diploma course. James Kamau was excitedly gifted with a phone after graduating from Mangu' Boys High School with a good academic performance. Frederick, James and MPC are thankful to Frank and Paula Cullen and friends for providing them with the opportunity to brighten their future. Over to you now Frederick and James!



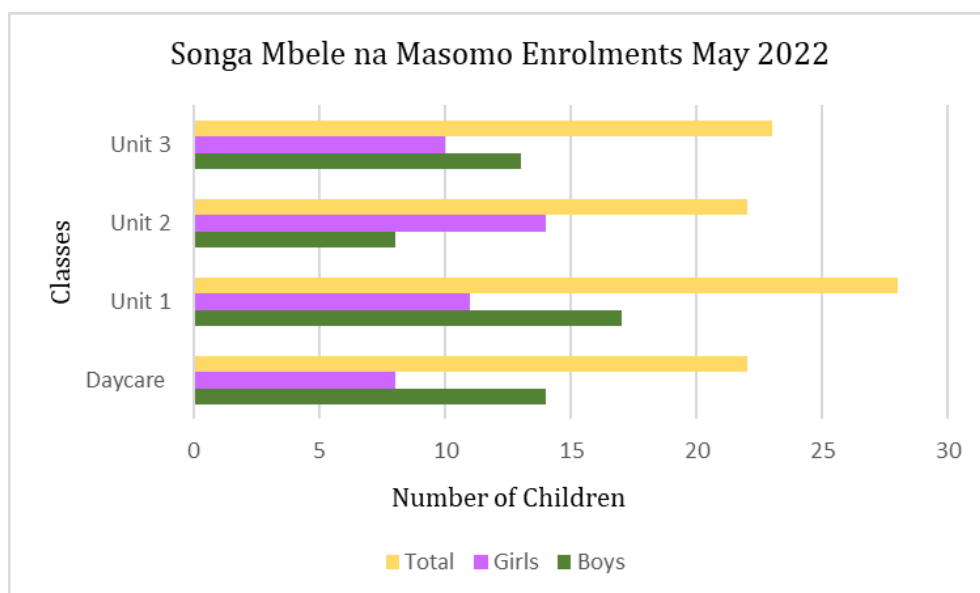
Frederick Kituku



James Kamau

Songa Mbele na Masomo Children's Centre

May brought the commencement of the new academic year that provided opportunity to reassess the composition of the different Units. The reports from National Council for Persons with Disabilities (NCPWD) consultants to provide greater clarity on the children's abilities and disabilities are still pending. Currently at the Centre we are trying to develop the individual education plans to improve efficiency and effectiveness. An occupational therapist, Michael Otieno, conducted further assessments on some of the children. The multi-disciplinary approach will hopefully add to the delivery of improved services at the Centre. At the beginning of May the Centre's enrolment increased by 5 children. Most of the new admissions have cerebral palsy and autism.



With the construction of the new therapy block at MPC main campus a number of older children will be assisted to develop particular pre-vocational skills to ensure that at the right time they will be integrated into the youth program there. The Centre is very fortunate to have a steady number of volunteers throughout the year from USIU, Strathmore University, the Railway Training Institute, RAFA Homecare as well as overseas visitors. The extra 'hands' from the volunteers help to achieve a higher number of milestones for the children.



Yasmin Mustafa

An outside client, 2-year-old Yasmin has attended therapy sessions to treat her hypotonicity since she was 18 months. Now she can hold her own weight and crawl independently for 200 metres which six months ago was not possible. The consistent passive stretches, weightbearing exercises, posture and balance exercises are making a huge difference. Another child, Emmanuel Baraka has autism and as has shown great improvement in his daily living activities.

Recently, more training has been organized for sensory integration to reduce hyperactivity and develop stronger concentration. The balancing exercises help to build improved posture stability and coordination. The resistance exercises assist with increase muscle power and strength. The massages advance blood circulation and joint motion.

Two employees Hassan and Raphael received some expert training from Boniface, a trained gardener. The Centre boasts of a beautiful sensory garden and playground areas that need constant loving and attention. The extra training will help the two understand self-discipline, time management and protective gear while working on the grounds at Songa Mbele.



Raphael and Hassan collect residual grass and weeds so that they can prepare manure.



Boniface identifies some plants



Staff attending training

Michael Kitafaru, one of the Special Education Professionals (SEP), held an Autism training workshop at the Centre for 26 people. The parents numbered 16, 5 staff and 5 community health volunteers. Michael taught about the non-progressive neurological disorder that typically appears before the age of 3 years. The group learnt that autism affects specific areas in the body, described the signs and symptoms, clinical features and impairments in communication. The participants were grateful for the training and hope to share their knowledge with others in the community and to reduce any stigma attached to the condition.



Workshop attendants

We are delighted to welcome all who wish to help us provide good quality services to the children living with disabilities. During the month we received a number of appropriate donations such as food provisions, hygiene items, clothes, play equipment and educational materials. We would like to acknowledge Rajesh Gas Africa, Kenya Prisons, St. Hildegard Choir (*Our Lady of Queen of Peace Parish*) and Rachel Maleche for their donations.



Maria from DKA Austria managed to catch up with the staff at Songa Mbele to assess the program implementations. Maria enjoyed seeing the children colour in their books and listening to their singing.



Maria visits each Unit at the Centre and interacts with the children with some teaching

Social and Health Services

Social Services

A return to school for children equates to a fully engaged Social and Health Services Department to ensure that all school going children have reported back to school as well as follow ups on those joining secondary schools and vocational training colleges for the first time. This month MPC noted a record number of students who obtained sponsorships either through MPC or other foundations. There are over 500 new primary school admissions alone.



Students are set for secondary school courtesy of Rotary Club Milimani.

Sadly, abuse cases also increased as students resumed school after the long school holidays where some endured parental neglect, physical and sexual abuse. The Child Protection Office has been working hard assisting both children and their families to get some justice. The clients have been able to undergo counselling sessions to help them cope better. Maria from DKA Austria spent time with the social workers and looked at ways to create further awareness and advocacy for the children and partnering with other organizations to strengthen the child protection issues.



The current status of inflation in Kenya has created deeper economic concerns for parents in the slums, most of whom struggle to make a basic livelihood. Through the generosity of many people Mukuru residents have been supported with food parcels and nutritional support from Sr Barbara's Mukuru Liverpool group. Team Pankaj also provided food provisions for families that are distributed through the offices. When people don't eat, their health suffers. The Clinic has continued to play a pivotal role in ensuring the children and parents have access to healthcare services at a heavily subsidized cost.



Mothers receive food parcels, clothes and support from the social offices.



St Catherine's pupils receive new uniforms



St Michael's Secondary students receive food parcels

Last month a number of parents received 'start-up' grants from the Irish Embassy. The social workers continued with follow-ups. One such person beneficiary, Diana, spent time preparing to open her new Day Care Centre. Having a safe place for single Mums and Dads to take their children while they look for work is an increasing demand. The beneficiaries are spread across the different sections of Mukuru slums and include women, men and youths. We wish them every success with their endeavours.



Diana preparing for the new Day Care Place



New Day Care place

During the month of May it was noted that most of the statistics increased. May recorded a high number of school children at the Clinic who exhibited flu like symptoms especially from primary schools, while others were referred to different hospitals for specialized treatment.

Social and Health Services Statistics
Month of May 2022

Case type / Activities	Education						Health	Welfare			Total
	St Bakhita	St Catherine	St Elizabeth	Sancta Maria Kayaaba	St Michael's Secondary	Vocational Training Centre	MPC Clinic	Songa Mbele na Masomo	MPC Rehabilitation Centre	Child Protection	
Abuse Cases	2		2	1		1		1			7
Amaranth Adult Clients		65									65
Amaranth Babies & Child Clients		6									6
Behavior and Discipline Cases	2		2	10					15		29
Business Startup / Booster	4			3	3	3			9	2	24
Counseling and Guidance sessions		1	6	10	1	5		1	11		35
CoVid19 Hygiene Material Resources											-
Donations Received		4	1	2	1			4	27	5	44
Fire and Floods Disaster assistance											-
Food Distribution			50	257	8						315
Home Visits	6	39	7	17	3	1	3	4	1	4	85
Hospital Visits (other Hospitals)					1		8	1			10
Malnourished Babies		13									13
Medical Cases (Clinic)	13	85	4	47	18	7	65	11	16	4	270
Meetings and Trainings	3		1	1	3		2	4		3	17
Mentorship Sessions		2		3	2	3		1			11
Mobilization of Resources											-
Needy Families Support (Community)	24	31		11		1		197		37	301
Needy Students / Children	8	13	10	17	6	4					58
Networking	1	6	2	4		3	5		1	3	25
New Admissions to MPC Institutions	2	95	98	16	133	141		5	12		502
New Teenage Pregnancies cases	1										1
Nutritional Support	1	24	1		1						27
Placement (job/internship experience)		2			2	14			4		22
Pregnancy Support Packages	1										1
Provision of Sanitary Towels	3		25		23			9			60
Referrals (except medical)	1		2	10	3					4	20
Safeguarding Follow-ups				1	3						4
School Absenteeism / Truancy		18	10		15	6		28			77
Schools Profiles		10	35	32	60	43		4			184
School Visits								2	2		4
Songa Mbele Therapy Sessions								400			400
Sponsorship Follow-ups	10	46			37	1		26	15		135
Uniform Aid	2	25		13	4				15		59
Totals	84	485	256	455	327	233	83	698	128	62	2,811

The MPC Clinic had a 25% increase in patient numbers in May compared the previous month. Most of the patients had respiratory conditions which can be attributed to the fifth wave of CoVid19.

May Registrations 2022

Category	Gender	0-5 Yrs	6-12 Yrs	13-17 Yrs	18-35 Yrs	36-49 Yrs	50-64 Yrs	Above 64 Yrs	Total
New cases	Female	106	67	54	193	49	16	2	487
	Male	75	54	33	92	46	18	1	319
Subtotal		181	121	87	285	95	34	3	806
Revisits	Female	182	34	16	154	58	22	7	473
	Male	127	42	29	83	39	30	7	357
Subtotal		309	76	45	237	97	52	14	830
Total		490	197	132	522	192	86	17	1636
Percentage	<i>Female</i>	<i>59%</i>	<i>51%</i>	<i>53%</i>	<i>66%</i>	<i>56%</i>	<i>44%</i>	<i>53%</i>	<i>59%</i>
	<i>Male</i>	<i>41%</i>	<i>49%</i>	<i>47%</i>	<i>34%</i>	<i>44%</i>	<i>56%</i>	<i>47%</i>	<i>41%</i>

The Clinic was successful in obtaining funds from *Slovak Aid* for the community to carry out programs in the catchment area for health and hygiene education sessions and nutritional food parcels. The group from Fuata Nyayo Village community were trained on nutrition and hygiene by Nutritionist, Ann Kavuu and Public Health Officer, Victor Namulanda.



Community Health Session

Mary Nzamalu, the Sub-county Tuberculosis and Leprosy Coordinator attended the Clinic for the routine monthly supervision. The feedback on the TB program was that there is good patient follow up and documentation. High quality reporting and documentation is vital for the treatment of TB as the program takes 6 months to complete.

Keeping abreast with the latest medical information on tuberculosis, respiratory issues, CoVid19, nutrition, hypertension and diabetes is important as they account for the bulk treatments at the Clinic. The staff participated in TB / HIV data review workshop during the month with the focus on performance, coverage and documentation for the year 2020, 2021 and 1st quarter of 2022. The staff were sensitized on patient screening as a way of actively finding the Tuberculosis/HIV cases.

Summary Treatments For May 2022

Diseases	0-5 Yrs	6-12 Yrs	13-17 Yrs	18-35 Yrs	36-49 Yrs	50-64 Yrs	Above 64 Yrs	Total
Outpatients								
Respiratory	185	62	23	85	51	14	4	424
Gastronintestinal	79	44	22	76	28	14	1	264
Cardiovascular	42	19	37	97	35	32	10	272
ENT	6	17	7	8	7	1	1	47
Genitourinary	5	7	8	123	24	5	0	172
Sexually Transmitted Diseases	0	0	1	12	7	1	0	21
Musculoskeletal	4	14	12	25	21	8	1	85
Integumentary (Skin)	28	9	8	18	1	0	0	64
Dressing	1	1	0	3	2	0	0	7
Other Diseases	26	10	8	28	3	2	0	77
<i>Subtotal Outpatients</i>	376	183	126	475	179	77	17	1433
Clinics								
ANC				0	0			0
Immunizations	143							143
Nutrition								80
Comprehensive Care	0	0	0	0	1	0	0	1
Tuberculosis	0	0	0	2	1	0	0	3
Non Medical (Mental)	0	0	0	0	0	0	0	0
Referrals to Medical Facilities	0	0	0	0	0	0	0	0
<i>Subtotal Clinics</i>	143	0	0	2	2	0	0	227
Total	519	183	126	477	181	77	17	1660

May 2022 Laboratory Tests

Laboratory Tests	0 - 5 Yrs	6-12 Yrs	13-17 Yrs	18-35 Yrs	36-49 Yrs	50-64 Yrs	> 64 Yrs	Total
ANC Profile	0	0	0	25	2	0	0	27
Anti-Streptolysin O Test (ASOT)	1	2	1	5	2	2	1	14
Bilirubin Levels	1	0	0	0	0	0	0	1
Blood Group	0	0	1	1	0	0	0	2
Blood Sugar (R.B.S/F.B.S)	0	1	2	6	8	13	2	32
Brucella	0	0	0	2	1	0	0	3
BS for MPS (Malaria)	41	19	9	34	12	6	0	121
Calcium Levels	3	0	0	1	0	0	1	5
Creatinine levels	0	0	0	0	0	0	0	0
Du Test	0	0	0	0	0	0	0	0
Full Haemogram	43	30	9	41	22	6	1	152
HbA1c	0	0	0	0	0	0	0	0
Helicobacter Pylori	1	4	12	24	17	7	1	66
Hemoglobin Levels	0	0	0	0	0	0	0	0
Hepatitis B (HBsAg)	0	2	0	1	0	0	0	3
High Vaginal Swab Microscopy	0	0	1	17	5	0	0	23
Lipid profile	0	0	0	0	0	0	0	0
Liver Function Test	0	1	0	1	0	0	0	2
Pregnancy Test	0	0	7	19	3	0	0	29
Rheumatoid Factor	0	1	0	5	14	9	2	31
Salmonella	0	2	3	5	1	1	0	12
Stool Analysis	24	47	25	55	19	7	0	177
UEC's (Urea, Electrolytes and Creatinine)	0	0	0	0	0	0	0	0
Uric Acid	0	0	0	0	1	0	0	1
Urinalysis	2	11	30	96	25	10	1	175
Urine Culture	0	0	0	3	0	0	0	3
Urine multi drug test	0	0	0	0	0	0	0	0
VDRL/Syphilis	0	1	1	4	1	0	0	7
Total	116	121	101	345	133	61	9	886
<i>Average Tests Per Day 42</i>								

Education

Primary Schools

Throughout the year there are 3 major examinations carried out in primary schools. To determine the entry mark for pupils in the next grade, opener exams are conducted over three days. In the middle and at the end of the term more examination sets are carried out. The results help the teachers to understand the entry level of the pupils, their capabilities and the gaps that need attention. Given the results Maths and Science appear to be the subjects that require more emphasis.

Primary Schools		Class	Math	English	Kiswahili	Science	SST/RE	Total
St Bakhita	Opener Exam	7	38.82	42.28	48.61	35.60	45.57	210.88
		8	30.61	42.18	47.91	54.06	48.07	224.00
	Mid-term	7	42.76	45.73	49.5	40.01	47.62	225.62
		8	34.24	44.47	50.32	53.33	48.92	231.28
St Elizabeth	Opener Exam	7	51.31	47.23	48.82	39.62	41.72	186.94
		8	35.20	42.67	45.87	45.91	45.23	214.88
	Mid-term	7	52.66	48.39	50.28	45.21	44.56	241.10
		8	40.72	44.81	48.97	47.25	46.93	228.68
St Catherine	Opener Exam	7	51.65	47.32	56.45	42.65	54.08	252.18
		8	37.82	51.63	50.53	52.09	53.37	251.63
	Mid-term	7	53.45	50.41	58.13	45.32	56.62	263.93
		8	40.79	52.56	53.41	53.95	55.61	256.32
Sancta Maria Kayaaba	Opener Exam	7	41.16	45.61	52.68	32.36	47.65	222.07
		8	35.69	45.13	49.78	51.65	47.93	226.60
	Mid-term	7	45.68	47.79	54.68	38.56	50.64	237.35
		8	49.60	48.28	52.89	53.63	51.39	255.79

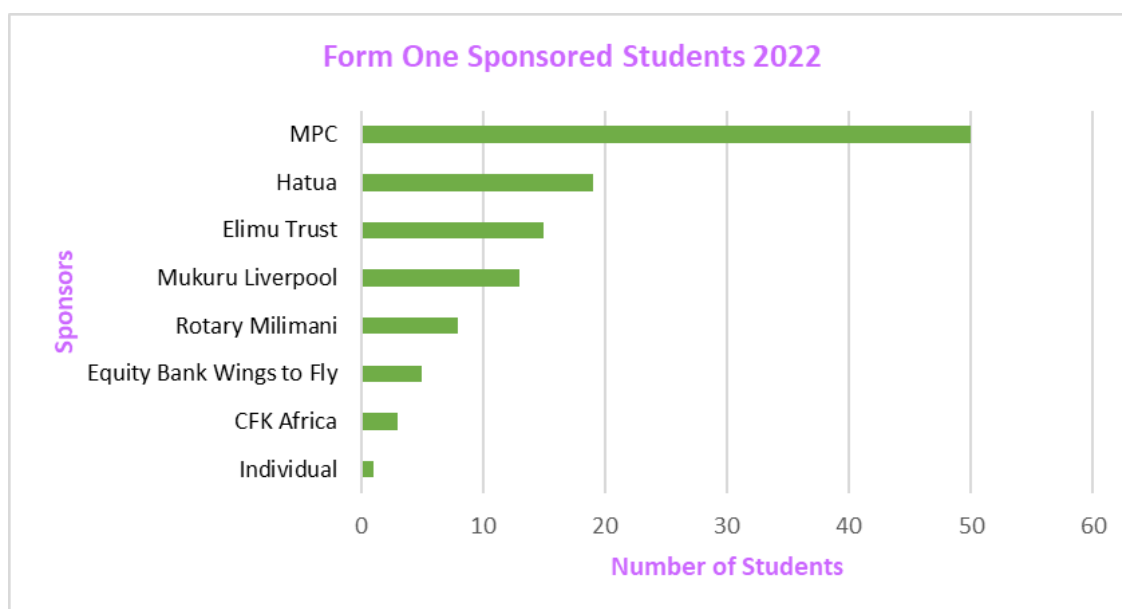
DKA Austria supports several projects at MPC. During her monitoring and evaluation visit Maria met with the St Elizabeth Primary School Headteacher, Mrs Grace Okomol as the representative of all the four MPC primary schools. At a separate meeting the pupils' representatives consisting of 4 pupils from each school spent time with Maria to share their learning experiences.



*Pupil Representatives with Maria, DKA
Schools donor meeting*



There were 744 pupils who completed their KCPE examinations in March resulting in 52% eligible for admission to secondary school. Realistically, 27% of the children will have a very good opportunity through scholarship programs. Unfortunately, most of the pupils' parents will not have the means to secure positions in secondary schools for their children. Normally, pupils receive a 'calling' letter from the Government offering them a place at a secondary school in the country. Many of the positions are in boarding schools which just catapults secondary education to another impossible sphere for parents living in the slums. Through the MPC Sponsorship Office MPC managed to secure 114 student sponsorships for the very poor.



A few years ago, the Government launched the new Competency Based Curriculum system 3-3-3-4 from the 8-4-4 system. The new education school components are preparatory, primary, middle and senior schools. To ensure CBC junior / middle secondary education is achieved, the Government is expanding some public primary schools to accommodate the Grade 6 pupils when they transit to Grade 7 in junior secondary in 2023. One of those schools in Nairobi Viwandani zone is Nairobi South Day Secondary School, where Nairobi South Secondary school was built. This secondary day school was launched by the County Education Director, Area Chief. A few Class 8 pupils who have not yet joined Form One can join Nairobi South Day Secondary School. The school is in its final stage of completion.



Nairobi South Day Secondary School

As the primary schools prepare for the 2022 final exams, the Kenya National Examination Council (KNEC) activated the portal for KCPE exams and Grade 6 KPSEA (*Kenya Primary School Education Assessment*) exams which is under the new system. The registration process for these two classes was open for one month and then came to an end. The schools are now waiting for the nominal rolls from KNEC for candidates to confirm their details.



The school admission process continued in May and by the end of May, the enrolments at the four MPC schools numbered 5,434 which is down on previous years. The numbers are expected to increase. Parent meetings were held to explain the new CBC system especially for those children going into Grade 6. The most important aspect for the parents is to support their children emotionally and educationally so that they can have the best chance of excelling. Other items discussed at the meetings were discipline, property maintenance, resources, peaceful elections in August, and child protection and safeguarding.



Parent Meeting

MPC Primary School Enrolments for 2022			
Primary School	Male	Female	Total
St. Bakhita	545	538	1083
St. Catherine	552	637	1189
Sancta Maria Kayaaba	638	692	1330
St. Elizabeth	881	951	1832
Total	2,616	2,818	5,434

One of the biggest inducements for children to attend school is the feeding program. Many of the parents in Mukuru slums rely on the schools to provide one meal a day for their children. The feeding program supported by Team Pankaj has played an enormous role in keeping children in school and off the streets. MPC appreciates all those generous donors who remember the poor. The World Food Program recommended allowance for children is captured in the table below. Based on the recommendations the cost of the feeding program per month ranges from €5,000 to €6,000.



Recommended Food Daily Portions Per Day Per Child		
5 years to 6 years Pre-Unit and Nursery		8 Years to 16 Years
80 gm of cereal	30gm of fruit	125gm maize
25 gm of pulses	25gm of vegetables	45gm beans
2 gm of vegetable oil	25gm of porridge	40gm porridge
200ml of milk		35gm vegetables
7gm of flour		
2gm of sugar		

Feeding over 5,000 children per day is very costly and parents cannot afford 30 – 50 khs per day (50c) per child as recommended by the Ministry. When you don't have the funds it is impossible. Food is not a luxury but a basic necessity. We are very grateful to many people who do help MPC to provide food parcels to hundreds of families in Mukuru slums. MPC has employed several cooks for each school as the Government does not supply them. One donor, Our Lady of the Mission Parish in WA provided funds for 2 solar hot water systems as part of our environmental program to reduce the amount of firewood required to boil 4 x 400 litres of water each day. To prepare the beans and maize takes up to 6 hours. That's a lot of firewood.

Some of the large jikos need replacing as cracks have emerged after several years of heavy use. The kitchen equipment at St Catherine's and St Elizabeth are creating a health hazard as escape smoke fills the rooms. As part of its environmental plans MPC hopes to fund solar hot water systems at the other primary schools.



St Catherine's Primary School kitchen



Kerrigan Cup Committee

The Kerrigan Tournament used to take place in July each year. Due to CoVid19 pandemic related restrictions the last time was in 2019. As things have now normalized preparations are underway to hold the tournament in June 2022. The tournament has been sponsored by Waves Trust for over 25 years. More news to follow in the June newsletter.



St Bakhita Pupils

All MPC primary schools start the new term with a Mass of Thanksgiving for all the blessings received in the previous term and the ones to come.

St Michael's Secondary School

The new 133 Form One arrived at St Michael's with a gender ratio of 68 boys and 65 girls an increase of 5.5% of girls. The three-stream cohort received an orientation and were welcomed to St Michael's hoping that the next 4 years will be a time of development for them. They were delighted as they were taken through their subjects.



Form One students at orientation



Form 1 North Physics class during a practical lesson outside with Mr. Tanui

The enrolments at the start of the new academic year stands at 444 which is still below the 600 school capacity. It is difficult to increase enrolments for Form 4 as it is the last year and the Ministry places restrictions on movement of students in the last year. The hope is to increase the school enrolments to 550 by the end of the year.

Students	Boys	Girls	Total
Form 1	68	65	133
Form 2	81	44	125
Form 3	50	53	103
Form 4	45	38	83
Total	244	200	444

While the Form Ones had much of the focus in May the other students were busy continuing with their academic year that started the March. The 2022 academic year commenced with a Mass and Fr Gabriel Udoh encouraged the students to work hard and always place God first in whatever they do in life.



St Michael's Thanksgiving Mass

There were several staff, student and parent meetings in May. One of the most important meetings was held with the Form 4 parents. This is the last year for the Form Four students and their futures will greatly depend on their individual performances. The clearer the communication between the parents and school the greater the results could be for the students. All Form Four students have now been registered with KNEC.



Form One Parent Meeting



Form Four Parent Meeting



Maria from DKA with St. Michael's staff

St Michael's welcomed one of the MPC donors, Maria, from DKA Austria. Several meetings were held with Maria and the staff and student council.



St Michael's Student Council

Students participated in the Child Protection Office organized training sessions on safety awareness and self-defense. The practical elements of the training will commence in June where the girls will start the first phase.



St Michael's Secondary Students

Sr Magdalene Musau visited the school for the day and spoke about her recent book *'The Change You Want is Within You'*. Based on a true story of a Kamba girl, the book conveys a story that a person has the power within oneself to overcome all challenges no matter how difficult the challenges.



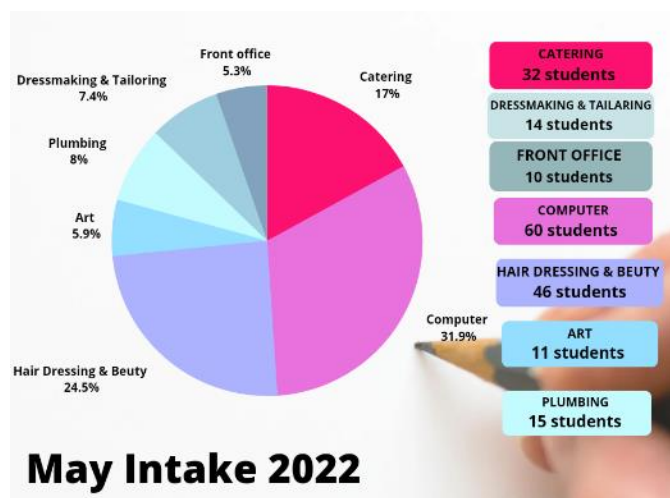
Facilitator Brian takes students through a meditation



Sr Musau presents the students with copies of her book

Our Lady of Mercy Vocational Training Centre

May was equally busy for Our Lady of Mercy Vocational Training Centre. There was a remarkable improvement in enrolments compared to 2020-2021 CoVid19 years. The new cohort assumed responsibilities for their academic performance immediately. Running the Centre around the realms of happiness, positivity, engagement and wellbeing has been our desire. Other than the skills students acquire, we ask our students to look into themselves and think about how they can benefit and grow from the experiences. The Social and Child Protection Office has been of great help. They have been instructing students about the meaning and purpose of life during the Tuesday mentorship sessions. As the new cohort start their one-year program we promise to make experiences relevant.



Mentorship program in progress



Blow-drying demo by a student

The demand on vocational training to keep improving and evolving is increasing. The need to expand with some of the courses to accommodate the demand will be undertaken by MPC over the next couple of months. The current two-storey block was constructed over 20 years ago and thousands of students have gone through the doors during that time. Today there are new advances that potential employers expect students to have. Having wheelchair friendly classrooms and specific room sizes that are conducive to greater learning has also become a requirement by the Ministry. The two courses with specific needs are the Hairdressing and Catering courses. The current catering kitchen can only have 6-8 students per session. Some aspects of the expansion have commenced like the ramp, painting and renovations, but the larger ticket items will take a little longer. We sincerely thank the Fidel Goetz Foundation for their financial support with the expansion plans.



An Outside extension of the Pride Restaurant



Ramp for students with disabilities

DKA Austria has been a long-time partner with MPC as well as other projects in Africa. During the visit, Maria was able to interact with all the DKA Austria funded projects in Nairobi as part of the monitoring and evaluation requirements. At the Centre, she managed to meet student representatives. She underscored DKA Austria's support for a dignified life, free from exploitation and poverty, for all people. We are grateful to Maria and DKA Austria for supporting MPC over the years.



Maria and Michael Kioko art student



Maria engages with students and teachers

Over weeks and months, we are thankful to the British Airways Crew members who bring lots of donated goods to MPC. Recently the Centre received beauty products and coloring material for the special needs students.



Donation of beauty products and colouring materials by Nick Shah



Announcements

There are many activities that continue throughout the month that are not reported but are very necessary to maintain the outreach services of MPC.

- ❖ Chantal Goetz visit – Pan African Female Network program is in its initial stages and Chantal engaged with MPC, female professionals to brainstorm and share ideas on the planning, reasons and benefits of networking between female professionals across Africa. The program will provide future networking opportunities between different female professionals in Africa with MPC as a partner.
- ❖ The transition into the new Therapy building block. We are grateful to the major sponsors Manos Unidas (Spain) and Salvatore Family (UK) and supporting sponsors J & H Killeen (Ireland), Mukuru Liverpool (UK), and Zuzarte Families (Canada).
- ❖ Reinstallation of software programs on the new Server.
- ❖ Manfred Pichler from BBM Austria carried out some work with Reinhard on the Rehabilitation Centre's solar electrical system.



The Official Opening Ceremony for the new facility at Songa Mbele na Masomo will take place on 20th July 2022.

MPC is incredibly grateful to the **Kenyan Child Foundation** and their tremendous support for the education of children living with disabilities in Mukuru slum.

We hope to live stream the ceremony in July. A link will be sent out to you closer to the time. We hope that you can join us celebrate this wonderful occasion.