



Mukuru Promotion Centre
Empowerment Step By Step
 Sponsored by Sisters of Mercy
www.mercymukuru.co.ke

Newsletter

June 2021
 Vol 6, Issue No.6

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New Songa Mbele Facility Opens

Dear Partners, Supporters and Friends,

Sorry for the delay in sending this newsletter. We were so engaged with many things that it was hard to believe that the time flew by, but now we have recorded the works here for you.

The children of Songa Mbele na Masomo Centre entered the newbuilding on June 8. The staff, children and their parents were thrilled. We will have the official opening when the donors and the Kenyan Child Foundation officials can be present. Mark Cave, of ProVictimis, visited the Centre and was astonished at the development. Hopefully his organisation will be in a position to assist the Centre again as it continues to improve the services with and for the children living with disabilities and their parents. The CoVid19 pandemic has impacted on many of our donors.

The primary and secondary teachers find it hard to adapt to changes in the term dates caused by school closure due to CoVid19. Many of the primary teachers are also struggling with the changes in the education system for which they feel they have not had adequate preparation.



The new system is curriculum based, hard and expensive to implement with big numbers in classes and parents who are not able to afford the materials required for their children. We still do not know whether the primary or secondary buildings are to host the two-year junior secondary course. The new system is now being implemented in Grade 5. Primary education will end in Grade 6 and children will proceed to junior secondary (middle school) after which they will have three years in senior secondary.

After analyzing the secondary school examination results we see there is huge need to improve the quality of teaching in many subjects and to reduce as far as possible some of the other factors blocking the students from excelling. Boys have special challenges in that once they reach the stage of developing into men, they are sent out of the single roomed shack they shared with their mother to find their own place to stay. Upcountry they built their own hut, which was within the compound and near their fathers and mothers huts. In the slums they go and stay with other youths with insufficient supervision and very little provision for their needs. They are in danger of joining gangs, of stealing and drinking alcohol or trying drugs for themselves and selling to others. Girls have their own challenges, pressure for early marriage, pressure to undergo female genital mutilation, little time for study with household chores and working for others to supplement the family income. The youth need mentorship as they cope with life growing up in the informal settlements.

I am happy to see the vocational skills and the boys in rehabilitation celebrate their exams and exam results. They are enabled to move on to the next level. Thanks to those who assisted them and those who helped with food, with items for fire victims, and with what was needed by teenage mothers. It is great to give a helping hand that was so badly needed. Our clinic went ahead with its treatment of ailments presented. We thank God every day that we have not seen CoVid19 affected patients in Mukuru.

May God bless each and every one of you. Together we accomplished a lot in very trying circumstances.

Sr Mary Killeen
Director

Education

For the first time in Kenya's history schools opened for Term Three without the pressure of preparing candidates for national examinations. The revised academic calendar due to CoVid19 pandemic schools must comply with the new regulations set down by the Ministry of Education to recover the "lost year". It will take up to 3 years to return to the normal January – October calendar for the three terms. The Grade 4 learners completed third term in March which is normally October. They are now waiting to join Grade 5 in July. If this sounds a little confusing, imagine what the children and parents are thinking. The four primary schools continued teaching the rest of cohorts that had a number of weeks without all classes.

There were a few notable events other than learning during the month. The teachers attended the TSC Sub-County meetings, many of the younger pupils at St Elizabeth's ECDE were inoculated with the Rubela and Measles vaccine thanks to the Ministry of Health, and the Day of the African Child celebrations. The Community Health Volunteers also helped with the de-worming program for St Elizabeth supported by the Nairobi Metropolitan Services.

We continue to be grateful to the many well-wishers who provide some relief to parents through their donations. Many of the older girls in the primary schools received sanitary towels along with health talks on hygiene.



St Bakhita Pupils receive sanitary towels



St. Bakhita pupils immunized

The pupils enjoy celebrating the "Day of the African Child". There was plenty of dancing, music and stories.



St Michael's Secondary School

The learning for Form 1s 2s and 3s continued as Form 4s completed their academic year in April. The new Form 1 students will be enrolled to commence the beginning of their secondary education in July. Invitation letters were sent out to the eligible Class 8 students who completed their primary education in April. The long gap between finishing primary and joining secondary will help us follow up on the many applications for the 150 positions in Form 1.

The teaching continued throughout the month in the different subject areas. The extra-curricular activities helped students to shine in other areas.



Whole School Mass

The whole school participated in the inter-house sporting competition at St Michael's. The sports day involved soccer, leg ball, athletics, sack racing and finally, a football match between the students and the teaching staff.



Girls 50m Race



Leg ball



Boys Soccer



Staff vs Students

Regular parent meetings were held during the month for Form 1, 2 and 3. Given that many parents are busy trying to earn a living the turn-out was good. The parents were briefed on their children's performance as well as other programs and services at St Michael's. Our commitment to the parents was to work as hard as possible to help the students achieve their potential. The CoVid19 pandemic has put a lot of strain on an already heavy load for parents who are doing their best to provide for the families.



Form 1 Students make a commitment to perform at their best.



Child Protection Form 3 Parent Meeting



One of the commercial banks in Kenya, ABSA, visited the school and promised to improve the computer laboratory. The present computers are between 10-15 years old and have been upgraded a few times. Needless to say that they have well and truly reached their used by date. St Michael's hope to receive 20 computers from Absa Bank and their technician came to conduct an audit on anything else that may be required to ensure that the computers are fully functional.

One of our Form 3 students, 16 year old Jaffar Abdirashid, was involved in a motorbike accident. The road was wet and greasy and he was learning how to ride the bike. Sadly, Jaffar was in a coma for nearly 2 weeks before he died. Our condolences to Jaffar's family and his friends at school.



Jaffar in hospital

Kenya Certificate of Secondary Education Analysis for 2020 Academic Year

Form Four

	Cluster One		Cluster Two		Cluster Three		Cluster Four		
Subject	Mean Grade	Subject Teachers	Mean Grade	Subject Teachers	Mean Grade	Subject Teachers	Mean Grade	Subject Teachers	Overall Mean Grade
English	6.61	Mrs Josephine	5.48	Mrs Josephine	5.71	Mr Kevin	5.57	Mr Francis	5.84
Kiswahili	4.96	Mr. Mogire	4.27	Mr Mogire	4.95	Mr Ojiambo	4.94	Mr Mogire	4.78
Mathematics	3.36	Mr Jasper O.	1.41	Mrs Winnie	2.28	Mrs Esna G	2.57	Mr Musa	2.54
Biology	4.41	Mr Machoka	2.26	Mr Machoka	2.76	Mr Machoka	2.89	Mr Machoka	3.08
Chemistry	3.60	Mrs Esna G.	1.92	Mrs Esna G.	1.81	Mrs Shauline	2.41	Mrs Shauline	2.43
Physics	3.91	Mr Musa	2.64	Mr Musa	3.57	Mr Musa	2.89	Mr Musa	3.25
History	8.46	Mr Mogire	7.64	Mr Mogire	7.64	Mr Raphael	6.66	Mr Raphael	7.60
Geography	8.63	Mr Kidavi	-	-	8.66	Mr Kidavi	7.74	Mr Kidavi	8.34
C.R.E	6.43	Ms Rose N.	5.27	Ms Rose N.	5.91	Ms Rose N.	5.87	Ms Rose N.	5.87
Business Studies	4.98	Mr Ondiek	3.98	Mr Ondiek	3.11	Mrs Winnie	3.99	Mrs Winnie	4.01
Agriculture	9.34	Ms Irene M.	6.58	Ms Irene M.	7.86	Ms Irene M.	8.98	Ms Irene M.	8.19

Our Lady of Mercy Vocational Training Centre

The CoVid19 pandemic has turned many things upside down. Admission of new students that used to take place in January is happening now and many colleges are planning to hold virtual graduations. According to the Ministry of Education, the normal school calendar will resume in 2023. The terms have been shortened from 14 to 11 weeks and holidays from 4 to 1 week. The admission of new students slowed down from 60% in May to 40% in June. As we already know, individual families in Kenya have been hard hit by lockdowns and the pandemic has ravaged the economy resulting to job losses. Our plan is to extend the admission of new students to August and introduce an intensive program for students. All in all, students enrolled for 2021-2022 academic year are making good progress with the Tuesday session on guidance and counseling proving to be effective.

Enrolments 2021			
Course	Males	Female	Total
Hairdressing and Beauty	0	39	39
Computer Packages	48	32	80
Catering (Food & Beverage)	5	15	20
Plumbing & Masonry	16	2	18
Deejay	8	1	9
Art and Crafts	10	1	11
Dressmaking	1	10	11
Front Office Management	1	9	10
Total	89	109	198

Guidance and Counseling session for Hairdressing and Beauty class



The tourism industry in Kenya is one of the sectors that was greatly affected by CoVid19 with increased hotel cancellations resulting in huge revenue losses and unemployment. The Government promised to bail out the industry by disbursing ksh3 billion stimulus package. The impact has affected our intake. Students who wanted to take a course in Food and Beverage Production and Service have decided to choose alternative courses. Many of them have opted for Hairdressing and Beauty which is a female dominated course. The numbers in the Catering class have dropped 50% to 20 in 2021.

Workers in the hotel industry who were sent on unpaid leave have not been reinstated. The industry has stopped employing new staff and internships have become hard to place. The Catering course is one of the vibrant courses and the drop in numbers will affect our activities and income. We hope the general recovery pathway put in place by the sector and the government will lead to buoyant future for the industry.



2020 Catering class



New Catering group

Deejay is extremely important to the music industry and there is a lot involved in getting a crowd revved up. Passion for music, knowledge of equipment, how it all works, what plugs into what, how to trouble shoot audio set-ups, mixing and phrasing are key aspects involved in the Art of Deejay. Mixing is the part everyone else actually “sees”. Our current DJ teacher tells us that, it is part of their culture to mix music. Mixing increases fun to the music being played and separates the DJ from playlists and auto mix functions. It allows DJs to response to the gathering, helps DJs to stand out, to play more adventurous tunes to put the DJ in control.

The best way to improve on mixing is to practice often, record one’s practice sessions and listen back to them. This is exactly what our DJ students have been doing. They have put in a lot of practice and listening. The six new students will be doing their CAT on recording and mixing. This will help the teacher work on the weak areas.



Deejay students learn how to mix music

The outgoing Plumbing and Masonry students have been receiving some more practical experience by assisting with a few projects around some of the MPC sites. The students have been involved in landscaping, levelling the ground, marking the square for the sensory garden at Songa Mbele. They have also renovated the Catering classroom by giving it a face-lift. The plumbing students were also involved in cold water installation toilet, hand basin, shower and the kitchen sink. They have also learned stone dressing and how to construct walls with finishes of keying and plastering.



Catering classroom floor taking shape



Walls constructed with finishes of keys



Plastering the wall



Landscaping at Songa Mbele

Social Services

The social services and outreach to the community comprises many activities and interventions. We are fortunate for the donor who provides the funding for social workers and services. The summary of those activities are listed below.

Mukuru Promotion Centre											
Social and Health Services Statistics											
For the Month of June 2021											
NO	Case type / Activities	Education						Health	Welfare		Total
		St Bakhita	Sancta Maria Kayaaba	St Elizabeth	St Catherine	St Michael's Secondary	Vocational Training Centre SKILLS	MPC Clinic	Songa Mbele na Masomo	MPC Rehabilitation Centre	
1	Abuse Cases	1	2	1	1						5
2	Amaranth Clients				107						107
3	Behavior and Discipline Cases		8	20	1	1	3			2	35
4	Counseling and Guidance sessions	2	4	5	10	7	13	3	23	4	71
5	CoVid19 Hygiene Material Resources	1			22		100		20		143
6	Donation Issued	3	7	8	50	10		2	8	1	89
7	Donation Received		2	20	7	1	2		13	8	53
8	Fire and Floods Disaster assistance	10	72		12			1			95
9	Food Distribution								8		8
10	Home Visits	3	12	12		4			4	1	36
11	Hospital Visits	4				1		10			15
12	Malnourished Babies				36				1		37
13	Medical Cases	8	22	12	29	12	3		10	8	104
14	Meetings and Trainings		1		1	1		2	5	1	11
15	Mentorship Sessions		3	3	1		1				8
16	Mobilization of Resources		7	40						1	48
17	Needy Families Support (Community)			7	7	2					16
18	Needy Primary and Secondary Students	2	7	11	3						23
19	Networking		3	11	13			2	21	5	55
20	New Admissions to MPC Institutions			9			1		2		12
21	New Teenage Pregnancies cases										0
22	Nutritional Support	3	2		17	1		2	1		26
23	Pregnancy Support Packages	3					2				5
24	Provision of Sanitary Towels			19	160	2			6		187
25	Referrals	1	13	5	15	9	4	10	9		66
26	Safeguarding Follow Ups			3				5		1	9
27	School Absenteeism/Truancy	23	42	11	222	4					302
28	Schools Profiles		12	8	10	49	44				123
29	School Visits										0
30	Songa Mbele Therapy Sessions								51		51
31	Sponsorship Follow-ups			6			32			14	52
32	Uniform Aid		2	3	3	6					14
	Totals	64	221	214	727	110	205	37	182	46	1,806

Pictures paint a thousand words hence the photo gallery this month.

The Cheshire Disability Trainings Sessions



'Ring a bell' training activities



Sancta Maria Primary pupils



Disaster management training at Songa Mbele



Kenya Sign Language Workshops at Songa



Rotary Milimani provided sanitary towels to girls from Songa Mbele and St Catherine's Primary school.

Unfortunately, we often see the devastating effects of fire outbreaks in the slums. The recent outbreaks in June impacted hundreds of families.



Fuata Nyayo Village just behind the Mater Hospital.



The donations that MPC receives from the BA crew members and other well-wishers go the directly to families and victims of such disasters.

Mark Cave from Provictimis visited Songa during the month and was able to accompany the social workers on a few home visits to see how the families are doing.



Millicent, a Class 5 pupil at St Bakhita Primary who had just given birth to a beautiful girl, was also visited.



Sancta Maria Kayaaba pupil receives a visit after one of the fires and food parcels.



Team Pankaj continues to help with the nutrition program at the schools.



A number of students from St Michael's had fainted due to no food at home. Several needy students received food parcels.



The teenager mothers received a care support package for the expected birth.



A former St Michael's Secondary student is delighted with the birth of her baby.



Primary students received uniforms so that they could attend classes. Some were victims of the fires and others could not afford the uniforms.



Health Services

The Clinic treated over 1,500 patients and conducted over 700 laboratory tests. We received a welcome medical donation from Safaricom Foundation. The extra equipment will help to provide services that will improve our efficiency.



Pauline Wahome from Safaricom Foundation hands over the medical donations to Sr Mary.



The new Health Information Management System from Microvision continues to be refined to enable that all necessary Ministry of Health reports are captured as well as specific reports for our donors. After a series of meetings with staff we hope to have the database up and running by July.

The clinician and nurse conducted a deworming program for the pupils at St Catherine's Primary school. MPC has ensured that the de-worming program is carried out for all pupils at the four primary schools. At times we have overseas volunteer medical personnel who help with the program.

The clinic staff continued to up skill their knowledge on the current guidelines and treatment of conditions. This is done through discussion forums which are held regularly. Other staff continued with their supervision sessions from the Ministry of Health on tuberculosis and HIV/Aids. We are grateful to the Sub-County coordinators who actually provide the supervision and guidance to the staff members.

Sales Representative, Allvan M. Butichi from Chemoquip donated a glucometer to the Clinic.



Patients Treated in June 2021

Category	Gender		Total
New Cases	Male	306	
	Female	481	
			787
Revisits	Male	395	
	Female	332	
			727
Total			1,514
<i>Percentage</i>	<i>Male</i>	<i>46.30%</i>	<i>701</i>
	<i>Female</i>	<i>53.70%</i>	<i>813</i>

Most Common Treated Ailments in June

Diseases	Male	Female	No. of Cases
Acute Upper Respiratory Tract Infections	83	70	153
Lower Respiratory Tract Infections	52	54	106
Candidiasis	31	54	85
Other fungal infections	42	32	74
Diarrohea	42	43	85
Gastritis	36	47	83
Helminthiasis	28	44	72
Febrile Illness	49	46	95
Myalgia	81	86	167
Pregnancy	0	53	53
Unitary Tract Infection	78	93	171
Wounds	45	11	56
Tuberculosis	5	0	5
Diabetes / Hypertension	28	22	50
Immunizations	31	56	87
Other Diseases	70	102	172
Total	701	813	1,514

The Laboratory Tests For June

	Type	Cases		Type	Cases
1	Urinalysis	130	8	Antenatal Profile Tests	40
2	Stool Ova / Cyst	116	9	Pregnancy Tests	13
3	Malaria	86	10	Haemoglobin Levels	8
4	Full Haemogram	66	11	Salmonella Antigen	7
5	Random Blood Sugar	44	12	Hepatitis B	7
6	HighVaginal Swabs	21	13	Rheumatoid Factor	5
7	Helicobacter Pylori	28	14	Other Laboratory Tests	14
	Total				736

Average 34 tests per day

Welfare Services

Songa Mbele na Masomo

The moment that all the children had been waiting for had arrived, with very high expectations, the Opening of the new facility arrived.

The new facility was officially handed over on 3rd June 2021 and the Opening was held on 8th June. In the presence of Sr Mary Killeen, Sr Louise Roche, Charles Maina, Luciah Njogu, Brian Adongo, Frank Laurence and Anshi Builder's Director, Mr Vinod handed over the keys! The children were ecstatic! The smiles were beaming brightly with great pride that someone cared so much to fund this impressive building. We are extremely grateful to The Kenyan Child Foundation for choosing us. The needs are many in slums, but this new facility will be a game changer for children and their families living with disabilities.



There are a few minor external tasks that need to be completed however, but we could not hold off any longer as the children would enquire everyday when they could return to classes. It was a joyous moment to witness. The teachers started moving and the learning commenced immediately. The teachers were in the week before making sure that the classes would be ready for the children. Bursting with delight the 41 children made their way through the new gate to the magnificent classrooms. All the children participated in the blessing ceremony conducted by Fr Gilles M.Afr and 6 seminarians. A video was put together of the occasion which will be placed on the MPC website.





Mark Cave from Provicimis Switzerland, who sponsored the boundary wall, visited the Centre. As one of the first international visitors he was delighted to see the new facility completed. Mark managed to spend quite a bit of time interacting with the enthusiastic children. He also managed 2 home visits. Mark was impressed by the developments at the

Centre since his last visit and he promised to come again.

The teaching and learning had a very different flavour. The new facility has a capacity to enrol over 220 children with disabilities and this will be done at a gradual increase. The pandemic has impacted on our donor funding and we need to consider carefully the next phase for enrolments.

Two parent meetings were held during the month, one on Disability Awareness (Autism) and the other Kenyan Sign Language workshops. Both meetings and workshops were well attended. There were also 49 therapy sessions carried out.



The donations during the month were: vegetables, cleaning products, trees and gas cylinders for the new kitchen.





Rooftop terrace



Multi-storey Facility – Sponsored by Kenyan Child Foundation
Architect: Malinson Koech (Lins Consult)
Contractor: Anshi Builders Ltd – Mr Vinod

MPC Rehabilitation Centre

The focus for the month of June was centred on the 5Rs +P (Rescue, Recruitment, Rehabilitation, Reintegration and Resocialization) and P (Prevention). During the month there were referrals to Karai Children's Centre which is a partial integration and a full reintegration back to families.

The learning continued throughout the month with the remedial, accelerated learning classes and vocational training in carpentry and joinery. Education is one of our re-socializing tools we give to ensure they fit back into the society after they have left the rehabilitation. On the whole, the academic evaluations and assessment were all above average. The Grade 2 class mean was just 4 shy of reaching 250 marks. The Grade 6 class mean was 243 out of 500 marks. In the Grade 7 class, four boys scored above 250 marks. In all the classes language has been the big improver.



Carpentry is a resocialization initiative to ensure boys have a skill when they leave the Centre. The students in this class have matured in their work. When there are odd jobs around the centre the students help out with the repairs. Assisted by outside instructors, they helped construct the greenhouse that now grows many of the centre's vegetables. The students also drilled a number of hooks for the mosquito nets in the dormitory. All of these jobs help build their confidence.

The NITA exams were held and by all indication the results should be fairly good. However, the students after the exams said they wish they had done a little more mathematics, technical drawing and theory.



The Reintegration and Reunification Initiative Day was held in June. It's a time when we invite the boys' known parents, guardians and relatives to come to the Centre and learn more about the processes in place to help the boys return to their families.

Parents and families gather for the program

The home tracing program continues throughout the year to find the boys' families so that after the rehabilitation program they can be successfully reunited with family.



Peter making a coffee table

Success stories are always a great time for rejoicing. A former resident, Peter Kamau who studied carpentry Grade III at the Centre was sponsored by Vera Smith to continue with his studies for Grade II. Vera also assisted with carpentry tools and now Peter is able to work independently as a carpenter.



Kevin Salama is reunited with his grandmother

While at the Centre the boys receive spiritual and faith formation from Our Lady Queen of Peace Parish catechists. The sacrament of Baptism and First Holy Communion was received by 15 boys.



A special day on the calendar is the Day of the African Child. The event was organized by the Mercy Education Office. Several primary and secondary schools from around the district came to the Centre and shared stories, music and dance. It was a very good gesture for the boys to know that society cares for them and to start interacting with children who have walked a different path from them.

The boys continued to be fully engaged at the Centre from looking after the rabbits, playing basketball with each other to growing vegetables and taking an interest in all the different aspects the Centre can provide. We cannot offer these services without the generosity of donors.



Taking care of the rabbits



Basketball



Carpentry students construct the donated greenhouse



Gardening the veggie patch

A special thank you to Dr. Monica for the greenhouse. The veggies are looking greener all the time.

Sponsorship

Schools progressed as usual in the month of June, where all measures and health protocols were observed to control the spread of Covid 19 pandemic. More cases were identified in the western part of Kenya where the curfew was reduced to 7.00pm while in the capital, Nairobi was 10.00pm. The sponsorship office offered masks to the students who could not manage to acquire one.

The Sponsorship Office supported a number of vulnerable students living in Mukuru Slums, some being orphans, or their parents are incapable of providing for their daily needs. Through the sponsors, some students received funds for their upkeep, rent or school uniforms so that they could continue with their schooling. Also, the sponsorship office was able to support a former sponsored student with an additional amount for his air ticket to Qatar for a job opportunity.



Alex Gatere receives additional payment for his air-ticket.



Agnes Akinyi receives rent and uniform assistance to continue her nursing course.

The Sponsorship Office was preparing the profiles, reports and letters that will be uploaded to the new sponsorship database. The information will be easily accessible by the donors so that they can log on at any time to see how their sponsored student is progressing.

During the month the Office also prepared many financial reports for sponsors who are supporting the students. If you have not received your report just drop us an email: info@mercymukuru.co.ke.

Child Protection and Safeguarding (CPS)

The specialized area of Child Protection and Safeguarding continued. The activities included awareness raising with pupils and students, information on processes for parents, various reports to departments and referrals to government agencies. We were fortunate to have 7 volunteer counsellors who assisted and followed-up with the many cases. The counselling sessions included areas of trauma, behavioural, abuse and family stresses.

The 65 counseling sessions were:

▪ St Bakhita Primary	2
▪ St Catherine Primary	10
▪ St Elizabeth Primary	5
▪ Sancta Maria Kayaaba	4
▪ St Michael's Secondary	4
▪ Songa Mbele na Masomo	23
▪ MPC Rehabilitation Centre	4
▪ Our Lady of Mercy Vocational Training Centre	13

The confused academic year has created all sorts of problems for schools and absenteeism has become a major issue for our schools. The reasons range from parental negligence, lack of school fees, taking care of their younger ones or looking after sick family members. Our social workers with the help of the local Chiefs and Community Health Workers follow up and endeavour to bring the children back to school.

Absenteeism:	302
▪ St Michael's Secondary	4
▪ Sancta Maria Kayaaba	42
▪ St Bakhita	23
▪ St Elizabeth	11
▪ St Catherine's	222 – majority were for school fee balances.



St Bakhita's Grade 1 Pupils



St Elizabeth's Grade 3 Pupils

Children Rights Awareness Training

Child Protection and Safeguarding Interventions for June

Case Type (Activity)	No. of Clients	Case Type (Activity)	No. of Clients
Sexual Abuse	1	Absenteeism and Truancy	302
Physical Abuse	1	Counselling	71
Emotional Abuse	1	Parent Meetings and Teachers Meetings	10
Negligence	2	Police and DCI	1
Awareness Campaign Sessions	6	Motivational & Moral Talks	3
Total Activities and Interventions for June			398

Announcements

No special announcements this month.



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