



Mukuru Promotion Centre

*Empowerment Step By Step*

*Sponsored by Sisters of Mercy*

[www.mercymukuru.co.ke](http://www.mercymukuru.co.ke)

# Newsletter

July 2021

Vol 6, Issue No.7

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*Therapy Building Side View*

*Dear Partners, Supporters and Friends,*

We are very grateful to local group, team Pankaj, for feeding the school children daily. Many children in informal settlements will not come regularly to school without food, as they have to go on the streets to scavenge and beg. CoVid19 with the lockdowns, caused so many parents to lose their employment. Things are slowly improving but some businesses closed never to open again and casual work needs are still very low. Thanks to Kenya Wine who provided food parcels for those without an income.

We pray that the effort to keep more secondary female students in education will be successful as all formal employment candidates need their secondary certificate of education. The Kenya Government has a plan of all children transiting to secondary school however, the demands of school for funds and fees are often beyond what parents can afford. Some of the demands are exorbitant, for example, school uniforms and lunches at inflated prices. St Michael's Secondary students who do computer studies need new computers in order to do their practical work. We hope we can assist them.



We continued to attend meetings concerning the completion of the therapy building and to visit the site. Dinah, the Executive Development Officer and Bob Patterson from the Board, followed the progress keenly. It is great to see students of Our Lady of Mercy Vocational Centre participating in their practical training. Students with Special Needs do need their own space as some cannot cope with the pace of mainstream students. They will have this space soon.

It was a very proud moment seeing former street boys setting off to secondary school and to work. Congratulations to all those who have supported them up to this moment and are funding their secondary school expenses. Those who are working and receive an allowance, are now causing other challenges, as they now feel too adult to obey house parents and staff. We will have to move them onto independent living. This transition is not easy as the temptation to return to old habits is very strong.

This is a year before the National election. Already skirmishes and clashes have broken out in different parts of Kenya and whole communities have to migrate to save their lives. This is a recurring tragedy for many. Politicians who fear certain communities will not vote for them, incite followers to kill some people and the others run away and so will not be present to cast their vote. Hence, they arrive in slums destitute. It is very hard for people who had lands and animals to have to leave everything. The crowded slums are a nightmare for people who had their dignified living. In the coming months, these newcomers will need help, counselling and some way to earn a living, while their children need school places. We will do what we can through our Social Services Department and schools.

What a joy we have in Songa Mbele na Masomo Centre as the children are in their new school. There is work going on still to complete the grounds, and other jobs to be done. Each child has to have appropriate furniture. Social workers are enabling parents to receive an allowance of two thousand shillings per month from the Government. It is a long process from registration to actually receiving the money. Thanks to all those supporting the Centre. We have a huge way to go to provide adequate training, education and therapy to the variety of children in the Centre with their different capacities and needs. Hopefully, together we will continue to enable these children develop their gifts.

May God continually bless you all for participating and enabling the work of MPC

Sr Mary Killeen  
*Director*

## Education

The month of July marked the end of 2020 academic year and the start of the 2021 academic year calendar. Teachers worked extra hard to cover the 2020 syllabus despite the condensed third term. All pupils were excited to be promoted to the next grade and continue with learning.

The Grade 4 pupils in all the schools have been on the long break since April 2021 and they were glad to be back in class. A few pupils have not yet reported back parents citing lack of bus fare to return from upcountry. The social workers have been busy doing follow ups to ensure all Grade 4 pupils get back to school.

MPC Primary School Enrolments for 2021			
Primary School	Boys	Girls	Enrolments
St. Catherine's	628	642	1,270
St. Bakhita	485	468	953
St. Elizabeth	839	916	1,755
Sancta Maria Kayaaba	771	881	1,652
<b>Total</b>	<b>2,723</b>	<b>2,907</b>	<b>5,630</b>
<i>Percentage</i>	<i>48.4%</i>	<i>51.6%</i>	

All Pre-primary 2 pupils were promoted to primary school in Grade 1. The smooth transition was well organized for them. The Pre-primary 1 Class were promoted to the Pre-primary 2 Class.

MPC Pre-Primary Enrolments for 2021			
Primary School	Boys	Girls	Enrolments
St. Catherine's	40	35	75
St. Bakhita	27	37	64
St. Elizabeth	59	76	135
Sancta Maria Kayaaba	29	22	51
<b>Total</b>	<b>155</b>	<b>170</b>	<b>325</b>
<i>Percentage</i>	<i>47.7%</i>	<i>52.3%</i>	

The percentage of girls' enrolments is very encouraging, and we hope to maintain these kinds of percentages up to Form 4 secondary. Often for poverty reasons the girls are removed from secondary schools while the boys continue with their education. The 'Girls Empowerment Project' sponsored by the Goetz Foundation will assist girls to complete their secondary education so that they can participate in society in more proactive ways and have their voice heard.

MPC has been lobbying the Ministry of Education and the Teachers Service Commission for more teachers to improve the pupil / teacher ratio. The Nairobi City County Education Board deployed County ECDE teachers to the 4 primary schools. The 4 MPC sponsored schools were allocated teachers dependent on the current number of ECDE classrooms in each school. The teachers were sent as follows:

<b>Primary School</b>	<b>County ECDE Teachers</b>	<b>Centre Managers</b>	<b>Total</b>
St. Catherine's	3	1	4
St. Bakhita	4	1	5
St. Elizabeth	5	1	6
Sancta Maria Kayaaba	1	1	2
<b>Total</b>	<b>13</b>	<b>4</b>	<b>17</b>

The new academic year brought new admissions in the 4 primary schools. Grade 1 pupils were admitted and the process is still on-going as the number of ECDE children promoted to Grade 1 could not fill the three streams in each primary school. The Pre-Primary 1 pupils (aged 4yrs) will also be admitted as the current group move up to Pre-Primary 2. All other classes will receive admissions as well. St. Michael Secondary will admit up to 150 Form 1 students to begin their secondary education.

The end of year assessments were carried out during the month. These exams were later analysed by teachers in their schools and learners awarded marks and positions at school level. There are three sets of examinations – Opening, Mid-term and End of Term. The Opener exams for Classes 5, 6, 7 and 8 were conducted after pupils resumed school.

All MPC schools have Mass schedules and the parishes are supporting the spiritual and faith development needs of the schools. St. Mary's Parish has also agreed to provide catechism classes to St. Elizabeth Primary pupils. Each school has a teacher in charge who works closely with the catechist.

Over the last four years we have been telling the challenging story of the feeding program at the schools. MPC is committed to ensure that all pupils and students receive at least 1 meal per day. We are aware that at least 30% of the students only receive 1 meal a day. The pandemic has increased the number. The numbers are increasing as pupils hear about the meals provided at the schools simply because MPC has had some temporary support from a local donor who provides lunches. One of our schools, St Elizabeth in Lunga Lunga Informal Settlement is currently having a difficult time enrolling more children into the school due to limited space in the classrooms. The Sub-County Education Office however insists in all children being admitted into school despite the current scenario. There is no hope of Government support for the feeding program any time soon. MPC will continue to lobby the Government. The approximate cost of feeding the children in the schools is around €7,000 per month. We are very grateful to local donors who have provided some assistance, but we are a long way off.

Many pupils were absent from school especially in the last 2 weeks of the month. Some of the reasons were sickness, peer pressure, lack of funds to pay for firewood levies and income generation. The pandemic has created a huge chasm in the earning capacity for parents. All stake holders have been engaged to make sure all children are in school whenever they are supposed to be in school. International Development agencies are concerned that the pandemic has put back development 15-20 years in the developing countries. We can see that differences in many areas that have impacted on the families in Mukuru.



*St. Catherine Primary End of Term celebrations*



*St Bakhita Scouts*



## St Michael's Secondary School

St. Michael Sec. School is a three streamed school with a **CURRENT** total number of 321 students (form ones not admitted). During its registration it was a one streamed learning institution but the numbers have grown with time. In this regard, the school needs to be re-registered to fit the current population. The process of re-registration of the School started in 2018 but the process was interrupted and not completed. After visiting the County Director of Education in Makadara, the response was, since the process was started and an inspection carried on 2<sup>nd</sup> August 2018, and no other follow up was made after that, then the whole process will start afresh as an assessment report is only valid for 6 months.

The new academic year commenced in July. For the Form 1s it was their first taste of secondary school while the other Forms returned to continue their education journey. The staff gathered first to organise and plan the term ahead for the students and parents. The major events for the term will be the normal meetings for parents, examinations and sport days for students, and setting targets for teachers.



*St Michael's Staff Meeting*

St Michael's Secondary has launched a new program directed at helping girls to complete their secondary education with the maximum results. A special mentoring program has been sponsored by the Goetz Foundation (Austria). The aim of the program is to increase by 30% the number of girls completing secondary education with at least a C+ average by 2023. We are grateful to a number of professional women who are participating in the program and who have committed to mentoring the girls. There are 80 girls in the program who are very excited. The program will also consist of parent meetings so that they are aware of the girl's progress and also to embrace the wonderful opportunity of education.



*Form 4 Parent / Teacher Meeting*

As part of the formation of St Michael's students the school has developed a mentorship program in the current Form 4 Class. Each teacher has been assigned between 5 and 8 students to mentor as they prepare to sit for their KCSE – national examination. The focus of the gender specific groups will be on life skills and the importance of hard work despite the many challenges they undergo in their day to day lives.



*Male teachers mentoring the boys*



*Female teachers, social workers and  
Head of Education mentoring girls*



*Peer Mentoring Address*

Peer mentorship is encouraged in the school because students feel freer talking to their own. All students were encouraged to help each other. In the course of the month, the opportunity was given to a Form 2 student to talk to the members of the staff and the school at large.



The social office at St Michael's assisted with a number of cases during the month. There were 32 families who received food parcels donated by Kenya Wine Agency Limited. Another family was assisted with clothes and shoes while 7 girls received sanitary towels. Uniforms were also given to 2 students as they were victims of a fire outbreak and 4 more girls received warm scarfs. Sadly, a Form 3 student died during the month due to an accident. The social worker, 3 teachers and a few students from his class visited the family. The student's hospital bill is 1.5m KHS (\$150,000US) and the school raised some funds to pay towards the hospital bill. The sum will be an impossible task for the family to pay.

*Students fundraise for Jaffar*

The moment of truth for students and teachers are the results from the examinations. The tables below shows how each class performed.

Form One Classes								
SOUTH					NORTH			
Subject	Mid-Term	End Term	Dev.	Teacher	Mid Term	End Term	Dev.	Teacher
English	6.43	5.53	-0.89	Mr Francis	7.20	4.88	-2.31	Mr Francis
Kiswahili	5.75	6.55	0.80	Mr Mogire	7.00	6.68	-0.31	Mr Kidavi
Mathematics	1.77	1.37	-0.39	Sr Nancy	1.65	1.94	0.28	Mr Obiri
Biology	4.51	3.78	-0.73	Ms Irene	4.57	4.17	-0.40	Mr Machoka
Chemistry	2.93	4.28	1.36	Sr Nancy	6.50	4.02	-2.47	Miss Esna
Physics	2.93	4.3	1.42	Mr Musa	2.92	5.20	2.27	Mr Tanui
History	5.05	2.4	-2.63	Mr Raphael	6.3	2.76	-3.59	Mr Mogire
Geography	7.12	7.82	0.70	Ms Rose	7.23	7.6	0.44	Mr Machoka
C.R.E	7.66	6.65	-1.00	Mrs Sarah	7.10	6.11	-0.98	Mrs Sarah
Business Studies	2.77	3.58	0.81	Mr Ondiek	3.69	4.43	0.74	Mr Ondiek
Agriculture	1.88	5.50	3.70	Ms Irene	1.97	5.90	3.93	Ms Irene
Computer	4.18	4.02	-0.15	Mr David	4.64	4.52	-0.12	Mr David
	4.41	4.66	0.25		5.07	4.86	-0.21	



Form Two Classes								
SOUTH					NORTH			
Subject	Mid Term	End Term	Dev.	Teacher	Mid Term	End Term	Dev.	Teacher
English	7.92	2.40	-5.51	Mr Kevin	7.86	1.71	-6.14	Mr Namusonge
Kiswahili	4.04	7.68	3.63	Mrs Sarah	2.88	6.89	4.00	Mr Wilberforce
Mathematics	1.21	1.19	-0.02	Mr Tanui	1.11	1.98	0.86	Mr Musa
Biology	4.72	6.85	2.12	Mr Machoka	4.17	6.12	1.94	Mr Machoka
Chemistry	1.82	2.74	0.92	Mr Dennis	1.09	1.68	0.59	Sr Nancy
Physics	4.41	2.53	-1.87	Mr Tanui	3.46	3.72	0.25	Mr Tanui
History	4.35	6.48	2.12	Mr Raphael	3.22	6.31	3.09	Mr Raphael
Geography	3.94	5.83	1.89	Ms Rose	5.16	6.53	1.37	Ms Rose
C.R.E	3.66	4.00	0.33	Ms Rose	4.25	3.91	-0.34	Ms Rose
Business Studies	5.15	4.59	-0.55	Mr Ondiek	6.45	5.50	-0.95	Mr Ondiek
Agriculture	4.10	7.25	3.15	Ms Irene	3.26	6.43	3.17	Ms Irene
Computer	7.60	5.15	-2.44	Mr David	8.06	5.05	-3.00	Mr David
	4.41	4.72	0.31		4.25	4.65	0.40	

FORM THREE								
SOUTH					NORTH			
Subject	Mid Term	End Term	Dev.	Teacher	Mid Term	End Term	Dev.	Teacher
English	4.47	3.91	-0.55	Mr Kevin	5.09	4.85	-0.23	Mrs Josephine
Kiswahili	4.20	5.91	1.70	Mr Mogire	3.54	3.54	-0.00	Mr Mogire
Mathematics	1.42	1.60	0.18	Mr Tanui	1.52	2.48	0.95	Mr Musa
Biology	4.53	3.73	-0.80	Mr Machoka	4.50	3.87	-0.62	Mr Machoka
Chemistry	4.22	1.85	-2.37	Mr Dennis	2.45	2.17	-0.28	Sr Nancy
Physics	1.93	2.47	0.53	Mr Tanui and Mr Musa	2.36	2.57	0.21	Mr Musa and Mr Tanui
History	3.86	6.69	2.82	Mr Ondieki	3.69	6.00	2.30	Mr Wilberforce
Geography	4.50	7.12	2.62	Mr Wilberforce	2.82	5.76	2.93	Mr Raphael
C.R.E	3.39	5.44	2.04	Mr Raphael	4.25	4.73	0.47	Ms Rose
Business Studies	5.05	3.57	-1.47	Mrs Winnie	3.76	2.72	-1.04	Mrs Winnie
Agriculture	4.00	3.40	-0.60	Ms Irene	5.50	2.42	-3.07	Ms Irene
Computer	3.40		-3.40	Mr David	4.30	6.80	2.50	Mr David
	3.75	4.15	0.40		3.65	3.99	0.34	

Form Three Classes								
WEST					EAST			
Subject	Mid Term	End Term	Dev.	Teacher	Mid Term	End Term	Dev.	Teacher
English	5.93	4.97	-0.96	Mr Namusonge	4.63	4.51	-0.12	Mm Namusonge
Kiswahili	3.24	3.97	0.72	Mr Mogire	5.23	4.72	-0.51	Mr Wilberforce
Mathematics	1.58	1.94	0.35	Mr Obiri	1.36	2.30	0.93	Mrs Kariuki
Biology	5.21	3.35	-1.86	Mr Dennis	4.92	2.92	-2.00	Mr Machoka
Chemistry	2.69	2.38	-0.31	Sr Nancy	2.84	1.84	-0.99	Mr Dennis
Physics	1.89	2.22	0.32	Mr Tanui and Mr Musa	2.31	2.52	0.21	Mr Musa and Mr Tanui
History	5.75	7.83	2.08	Mr Kidavi	3.53	7.00	3.46	Mr Wilberforce
Geography	3.45	5.73	2.28	Mr Raphael	1.92	5.90	3.97	Mr Ondiek
C.R.E	2.55	6.08	3.52	Mr Raphael	4.33	6.33	1.99	Mrs Sarah
Business Studies	4.14	2.92	-1.21	Mr Ondiek	4.10	2.70	-1.40	Mrs Kariuki
Agriculture	6.40	2.92	-3.47	Ms Irene	5.00	4.33	-0.66	Ms Irene
Computer	5.37	7.22	1.84	Mr David	5.30	7.20	1.90	Mr David
	4.02	4.29	0.27		3.79	4.35	0.56	

Sports uniforms do not last very long with students. It has become difficult for the students to participate in interschool competitions. We are hoping that we can organise something so that the students can look good and play well. This term, we are to participate in the regional competitions which require jerseys and other sports equipment.

## Our Lady of Mercy Vocational Training Centre

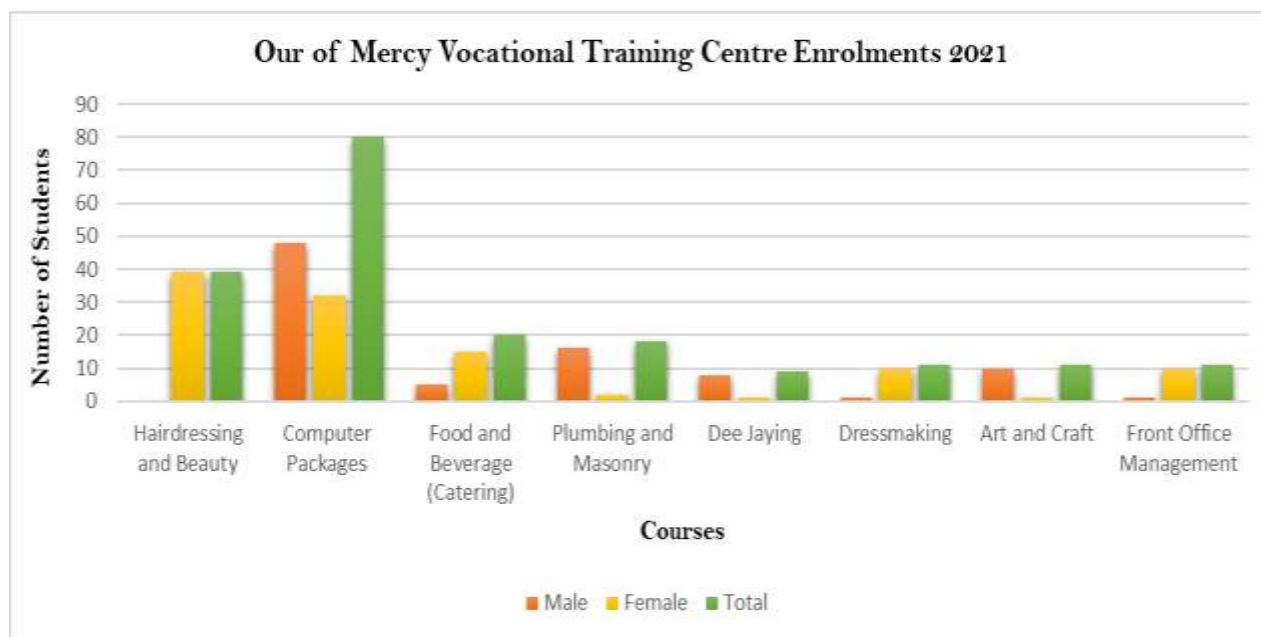
The main activity in July was the orientation program for new students which took 3 days and the continued construction of the new therapy block. The anxious new students were welcomed and we spent much time answering their questions. The new students were introduced to the place as well as the supporting programs of MPC as they transit from high school to vocational training. The orientation program offered solutions to questions before they can become problems. By planning appropriately and using all resources available, we were able to relieve anxiety and prepare students for success.



*Orientation for Art, Dressmaking, Plumbing and Front Office Students*



*Orientation Hairdressing and Beauty students*



The Hairdressing and Beauty course focuses on a range of practical skills that underpin the knowledge required in haircutting, plaiting, hairstyling and colouring. Beauty on the other hand focuses on facials and skin care, hair removals, massage, make-up application, shaping and tinting then manicure and pedicure. Becoming a hairdressing and beauty therapist can be an extremely rewarding career. Alongside the knowledge students gain they are able to release inner creativity while also discovering new trends and skills. The course also provides hands-on training in beauty products, tools, techniques and equipment.

Currently, there are 40 Hairdressing and Beauty students. The class comprises lovely young mothers and girls who are determined to make a difference in their lives. A single mother shared how she has been sitting outside estates in South B waiting to be called to wash peoples' clothes and the harrowing insecurity she would go through to earn a little income. All of these students are hopeful that their social economic status will change after the course. The class covers such topics as Introduction to Hairdressing, Client Care, Shampooing and Conditioning, Blow drying, Barbering and Braiding / Plaiting.



*Hairdressing and Beauty practicals on session*





Our Lady of Mercy Vocational Training Centre has received old computers which were new in 2009. The Pentium 4 series is a single-core CPU for desktops, laptops and entry-level servers. Since the manufacture of Pentium 4 there have been many technological advances which resulted in greater efficiency. In July 2021, we received a donation of 7 Intel Core i3 CPUs from the Rotary Club of Oakville Canada. Although the Core i3 chips are slow in content creation, photo editing or video work, these CPUs are good for everyday computing. The Computer Instructor is responsible for training all students in the Computer Packages course. The computer laboratory now has 27 upgraded computers. Unfortunately for OLMTC Microsoft keep producing new software that require faster processors and bigger RAM and Hard Drives which all costs money. These new upgraded ones will help with faster connectivity and improved learning for the students. These CPUs have useful applications that will make the work easier and quicker, and the results will be much better. We do appreciate the Rotary Club for the donation.



*OLMVTC Students and MPC staff receive the donated computers*



## Therapy Block Update

The work on the Therapy Block continues to gather momentum with lots of activities carried out during the month. The activities included: Truss Structure, Ramp concreting, First floor walling, Window fabrications, Installation of windows and doors, Ground floor wall plastering, Roof structure fascia boards.



*Roof structure showing set trusses and purlins*



*Ramp concreting*

The first floor walling was completed for both external and internal walls.



*First floor walling in progress*



*Side view building*



*Fabricating and installing windows*



*Ground Floor wall plastering*



*Fascia boards bolted to the trusses*

The mabati sheets for the roofing took 2 days to complete.



*Roofing works in progress*



*Back view of the building*

The first-floor plastering continued during the month. Most of the rooms have completed 3 sides of the walls.



*First floor plastering on-going*



*Platform for the water tank to carry 1,000 litres.*

The water pressure in Kenya is not great so all dwellings and office buildings need to have storage tanks inside the roof. The platform for the tanks were constructed to hold the 2 x 1,000litres tanks.

## Social Services

There were many engagements throughout July. Given the nature of the Social Services Department there never seems to be a quiet time. The services are interconnected to all other MPC departments. The table below summarizes the activities during the month.

	Mukuru Promotion Centre										
	Social and Health Services Statistics										
	For the Month of July 2021										
	Case type / Activities	Education						Health	Welfare		
NO		St Bakhita	Sancta Maria Kayaaba	St Elizabeth	St Catherine	St Michael's Secondary	Vocational Training Centre SKILLS	MPC Clinic	Songa Mbele na Masomo	MPC Rehabilitation Centre	Total
1	Abuse Cases	1	1	2							4
2	Amaranth Clients				114						114
3	Behavior and Discipline Cases	1	2	5		3	3				14
4	Counseling and Guidance sessions	2	2	10	9	2	2	1	21	1	50
5	CoVid19 Hygiene Material Resources	2			19	3		3			27
6	Donations Issued		3	1	184	33		3	2	3	229
7	Donations Received		41		6	1		4	4	13	69
8	Fire and Floods Disaster assistance		16		3	2	4				25
9	Food Distribution	50	64	60	102	32	20		1		329
10	Home Visits		6	6	1	1	2		7	1	24
11	Hospital Visits	1		1				8			10
12	Malnourished Babies				43						43
13	Medical Cases	9	19	9	26	12	4		3	3	85
14	Meetings and Trainings	2	1	1		2	4	3	7	1	21
15	Mentorship Sessions			3		2	2				7
16	Mobilization of Resources									1	1
17	Needy Families Support (Community)		3	64		1	20		4		92
18	Needy Primary and Secondary Students	2	2	5							9
19	Networking		1	5	16		3	3	2	2	32
20	New Admissions to MPC Institutions		4				116		12	0	132
21	New Teenage Pregnancies Cases										0
22	Nutritional Support	2		60	21	32					115
23	Pregnancy Support Packages	3				1					4
24	Provision of Sanitary Towels				2	7			35		44
25	Referrals	1	5	7	13	7	8	171	3		215
26	Safeguarding Follow Ups			3				1			4
27	School Absenteeism/Truancy	0	72	5	107	6					190
28	Schools Profiles	1	11	2					17		31
29	School Visits										0
30	Songa Mbele Therapy Sessions							0	48		48
31	Sponsorship Follow-ups			4	57				30	1	92
32	Uniform Aid		4		1	9					14
	Totals	77	257	253	724	156	188	197	196	26	2,074



With over 2,000 interactions in July, we would like to highlight in pictorial form some of the encounters between the people we serve and our staff.



*Teenager mothers receive Care packages through St. Bakhita Social Office*



*Needy community members receive provisions from MPC Social Offices  
St Michael's, Songa Mbele and Sancta Maria Kayaaba.*





*Nutritional Support  
St Bakhita Parents, St Elizabeth Parents and St Catherine's Social Offices*



*Graduation Ceremony at Mary Immaculate Rehabilitation Centre.*



*For many students their first meal of the day*



*Training for the Social Workers, Parents and Community Health Volunteers at the new Songa Mbele facility*



*The St Catherine's Social Office organized with the Clinic staff to conduct the Deworming program for the pupils.*



A number of home visits were conducted to follow up on the fire victims. A single parent family in Kayaaba a former Form 4 St Michael's student.

## Health Services

The administrative side of the Clinic received a boost as the medical database upgrade was completed. The upgrade will provide more diagnostic and analytical data details that will assist in proposals that will identify specific areas that can be addressed. The Vision EMR system was officially launched in July and the staff are grateful as it will result in greater efficiency and reliability.



*Deworming Program St. Catherine Primary School*

The deworming program continued during the month at St Catherine's Primary School. Some of the components in the Albendazole are similar to Ivermectin the drug that has been used in the treatment of CoVid19. MPC has had the deworming program going for several years. We believe that it has had a positive impact in providing a level of protection for the children against CoVid19. The program will continue as it has a number of benefits for Mukuru children.

We are grateful to Beta Healthcare International Ltd who donated 1000pcs of Betafen analgesic syrups and 800 pcs of Betasil pediatric syrup that will facilitate the management of pain and respiratory conditions in children.

*Beta HealthCare Ltd*



The Clinic staff continue to receive various trainings on infectious diseases. This month the staff received training on latent tuberculosis infection and tuberculosis preventive therapy. The knowledge was then shared to all other medical staff at the Clinic. The training has helped put in place guidelines and procedures that will ensure prevention of TB transmission to staff and the contacts of our TB clients.

The number of people treated at the Clinic in July remained steady with 1,395 patients with various diagnoses and needs.



### Patients Treated in July 2021

Categories	Sex	0-5 Years	6 - 12 Years	13 - 17 Years	18 - 35 Years	36 - 49 Years	50 - 64 Years	>65 Years	Total
New Cases	Female	236	41	33	284	99	29	7	729
	Male	205	43	26	128	60	26	13	501
Revisits	Female	16	3	4	22	11	5	4	65
	Male	17	1	6	29	24	18	5	100
<b>Total</b>		474	88	69	463	194	78	29	1,395
Percentage	Female	53.16%	50%	53.62%	63.09%	56.7%	43.59%	37.93%	56.92%
	Male	46.84%	50%	46.38%	33.91%	43.3%	56.41%	62.07%	43.08%

### Most Common Laboratory Tests in July

Laboratory Test	0-5 Years	6-12 Years	13- 17 Years	18-35 Years	36-49 Years	50-64 Years	>64 Years	Total
ANC Profile				8	1			9
Blood Group					1			1
Blood Sugar	1			5	4	12	5	27
BS for MPS	112	23	14	64	29	6	3	251
DU test	1							1
Full Hemogram	7	1		15	6	1	1	31
H Pylori		1	4	13	9	2	2	31
High Vaginal Swab					2			2
Haemoglobin (HB) Level	61	8	11	14	4	1	2	101
Pregnancy Test			4	12				16
Rheumatoid Factor			1	7	8	1	4	21
Salmonella Antigen Test		1		10				11
Stool Analysis	21	18	4	45	8	3		99
Urinalysis	6	7	4	70	23	6	5	121
Urine Culture				2	1			3
VDRL			1	4	1			6
<b>Total</b>	<b>209</b>	<b>59</b>	<b>43</b>	<b>269</b>	<b>97</b>	<b>32</b>	<b>22</b>	<b>731</b>

### Most Common Treated Ailments in July

Diseases	0 - 5 Years	6 - 12 Years	13 - 17 Years	18 - 35 Years	36 - 49 Years	50 - 64 Years	>65 Years	No. of Cases
Acute Upper Respiratory Tract Infections	97	10	5	38	20	6	1	177
Acute Lower Respiratory Tract Infections	11	9	3	1	6	3	0	33
Urinary Tract Infections	3	0	2	21	9	2	1	38
Immunization	164	0	0	0	0	0	0	164
Gastritis	15	6	1	19	9	2	1	53
Febrile Illness (Unspecified)	3	0	1	1	3	0	0	8
Fungal Infections (Other)	2	1	0	5	2	0	0	10
Candidiasis	0	0	0	8	4	0	0	12
Diarrhoea (unspecified)	8	3	2	1	3	0	0	17
Helminthiasis	0	0	3	2	6	0	0	11
Myalgia	0	0	1	4	1	3	1	10
Diabetes and hypertension	0	0	0	3	4	4	1	12
Pregnancy	0	0	0	3	0	0	0	3
Tuberculosis	0	0	0	1	3	1	0	5
Wounds	1	0	0	3	2	0	1	7
Other Diseases	15	4	5	28	7	7	2	68
<b>Total</b>	<b>319</b>	<b>33</b>	<b>23</b>	<b>138</b>	<b>79</b>	<b>28</b>	<b>8</b>	<b>628</b>

The highest categories for the Clinic in July were under 5 category at 34% and the 18-35 years at 33% requiring medical treatment. Over 61% of the treatments were new patients. The most common treatment was for respiratory issues. The immunization rate has really improved in 2021.



### Songa Mbele na Masomo

The Songa Advisory Council held its quarterly meeting during the month with some new developments for the Centre. After assisting the Centre for 6 years, Mr Charles Maina retired. The Council expressed its appreciation and gratitude to Charles for his leadership at Songa especially the last couple of years with the construction of the new facilities. Sr Mary Killeen introduced the new Chairperson, Mrs Mary Wamalwa, to the Advisory Council and staff. We welcome Mrs Wamalwa and know that the Centre will be in good hands. The staff were also introduced to the new Programs Coordinator, Sr Mary Akinyi as Sr Philomena will continue with her studies.

With the new facility the admission of new children in the Centre is still on-going. In July the Centre admitted another 12 children with disabilities that now makes a total of 72 children. The CoVid19 pandemic and the changes in the school calendar have thrown many things out so it is hoped that admissions will continue to improve as life settles a little more.

The activities and learning continued during the month. Improvement has been noted on the clients attending therapy often, some are able to stand and make steps without support, muscle strength improvement has also been noted in some children. The severe Autistic children were able to use the Sensory room. As the year progress it will become clearer as to what kind of special equipment will be necessary for the sensory room. The Sensory garden is still under construction.



*Special Coaching Class*



*Special Day Care Class*



Cheshire Disability Kenya provided training to staff and parents in July. The Autism seminar was attended by the social workers, community health volunteers, parents, teachers and caregivers. The sessions went for several days with different groups to maximise the learnings.

The Centre appreciates the donations provided by generous people. In July the Centre received: sufuria – Augustinian Missionary Sisters; sacks of potatoes – Prabhditt Saloo and some clothes and shoes from a couple of families.

### *Therapy Sessions*



### *Sensory garden pathway*

The sensory garden will have different planter boxes placed on the paved area so that the children can access the plants, smell the scents and taste the edible ones. The pathway will help those in wheelchairs to access all areas of the Centre. The wheelchair children will be able to come down the ramp, move along down to the playground and swings and maybe do a few laps of the circuit before appreciating smelling the scents and seeing the flowers in the garden. Another big thank you to the donors who helped in making the site more children friendly.

## MPC Rehabilitation Centre

July was a little different because some boys were reunited with their families as part of the reintegration process and other boys returned to the Centre for the school holidays. All in all, there were 33 boys at the Centre in July. We would like to acknowledge the local and overseas donors who are a great support to the Centre and its activities but always mindful of the boys' welfare. Paula Cullen and Friends, Fr Helmut and Friends, Brothers and Sisters in Need, Team Pankaj help make the Centre's purpose achievable.

The school holiday break provided some time for the staff to catch up on new school admissions, registrations for examinations and for the boys it was an opportunity to do some extra revision and practical classes for the carpentry students.



*Profuturo Classes*



*Carpentry students*

The carpentry students made the kennel for the dogs who will be lodging at the Centre and warning staff of any intruders. 'Boris and Carrie' the German Shepherds had a litter (5) at the Head Office and a few of the pups will be going to the Centre. The others will go elsewhere at the right time.



There were other fun activities like acrobatics. When they are not playing basketball they are toning up with yoga exercises.



Besides one on one counselling sessions, the boys undergo group counselling three times a week. The counsellor conducted several sessions during July. The psychosocial counselling helps to look at how to heal the past as they look forward to embracing the present and shaping their future. Other therapeutic activities such as yoga, singing, games also help in a more fun way.



One of the big events in July was the Graduation ceremony. Sixteen boys graduated from the program. Usually, the event takes place at the end of the year, but because of Covid 19 pandemic, this did not take place in 2020. Graduation marks the end of the 12-month residential program and parents, friends, family members, friends of MIRC, representatives from Our Lady Queen of Peace and Government officials come to celebrate the joyous milestone with the boys.

During July 3 boys were reunited with their families and other home visits were conducted.



*Kamande's parents*

We are fortunate to have generous sponsors who provide funding to enable some students to move to the next stage in their rehabilitation. Education is a key empowerment tool. MPC enables possibilities but it is up to them to make the most of the opportunities.



John Wachira Form 1  
*Nyangwa Boys High School*



Deogracious Enoit Form 1  
*Butula Boys High School*



Bill Otieno Form 2  
*Mbaikini High School*



James Kamau Form 4  
*Mang'u High School*



David Chege Form 2  
*Mbaikini High school*



David Otieno Form 2  
*Mbaikini High school*



*Boys receiving USIU donations*



*Boys assorting vegetables*



## Sponsorship

The schools closed for the end of term (academic year 2020) on July 17<sup>th</sup> for a one-week break and the new academic year 2021 commenced as well for the new Form 1 students as well as the primary pupils. The academic year will return to normal in 2023 when the curricula will be taught for all year groups in one calendar year.



*Agnes Akinyi receives a laptop made possible by her donor to complete her final year of nursing.*

The Sponsorship Office was able to support some needy students since a few of them are orphaned or their parents are unable to provide for their daily needs. The students were assisted by receiving funds for their upkeep, payments for uniforms, food and resources material. We supported a few sponsored students with some learning materials like exercise books. One of our sponsors was also able to provide a laptop for a sponsored student, Agnes Akinyi for her third-year studies in Nursing. For this, we are highly appreciative for the continued support given to our sponsored students.

The community service program by the sponsored students was carried out during the short break. Students helped out with various duties allocated to them at the various centres within MPC which covers 5 sites. Apart from developing the spirit of teamwork it gives the students an opportunity to show their appreciation for the sponsorship program. Their duties included, sweeping the veranda around the school, washing the windows and collecting rubbish and separate materials for recycling.



## Child Protection and Safeguarding (CPS)

The Safeguarding Office was kept busy during the month. Much of the time was spent investigating the absenteeism at the different schools. It would seem that until the school calendar returns to normal in 2023 the social workers will be spending much time doing follow ups on the pupils and students. At times there are reasonable answers to the absenteeism but for the purposes of safeguarding it is important to ensure that the children do not miss out on schooling.

### Safeguarding Interventions for July

Case Type (Activity)	No. of Clients	Case Type (Activity)	No. of Clients
Sexual Abuse	0	Absenteeism and Truancy	197
Physical Abuse	1	Counselling	50
Emotional Abuse	2	Parent Meetings and Teachers Meetings	
Negligence	3	Police and DCI	0
Awareness Campaign Sessions	1	Motivational & Moral Talks	4
<b>Total Activities and Interventions for July</b>			<b>258</b>



*A home visit for one of the pupils from St Bakhita Primary School.*

## Announcements

- We welcomed the arrival of two overseas placements who will be volunteering at one of the MPC Departments for the next 3 to 6 months.
- Dozens of Virtual Meetings
- Half Yearly Reports



Mukuru Promotion Centre

*Empowerment Step by Step*

Sponsored by Sisters of Mercy

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