

Mukuru Promotion Centre NEWSLETTER

Empowerment Step by Step

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From the Director

Dear Friends,

July was a month of great joys, heartfelt sorrows and a number of frustrations. Among the joys were the creativity of the artists; the production and distribution of face masks by dressmaking students; seeing the disabled students learning how to make a house for mushrooms and their interest in the processes; the excitement and gratitude of last years students who received starter kits for various small businesses; Felix and his delight in his new keyboard to improve his musical career; Charles the carpentry instructor building the isolation room with five of his students; the surprise of the patients when they watched cartoons about CoVid19 on the Clinic's new television for health education; the training of staff in Child Protection; seeing the progress on the new Songa educational facility; the disabled children receiving therapy; the boys at the rehabilitation centre advancing in wisdom and grace; improving academic and other skills; and the patients receiving food and treatment.

Among the heartfelt sorrows were the deaths of students from mob violence and a shot from police; death of a student from an accident and two from illnesses. Parents and grandparents struggling desperately to feed families with no fixed income; desperation of single mothers whose children have gone onto the streets while they struggle to earn their living; the horror of seeing primary school children selling peanuts to motorists or using cloths to clean windscreens in busy traffic, exposing themselves to danger of accidents and sexual exploitation.

The frustrations were being unable to attend important meetings as often two meetings were scheduled for the same time; lack of common sense in serious situations; some sectors inability to acknowledge the needs of all the citizens.

In spite of all the challenges, I commend our staff for the wonderful work they do each day. A special thank you to all of you for enabling the various MPC activities to proceed at an exceedingly difficult time.

Best wishes, Sr Mary Killeen

Our Lady of Mercy Vocational Training Centre

July was a tough month for Kenya however this did not deter us from serving the poor. We reached out to the Mukuru residents several times despite the corona virus.

The social worker was a regular visitor to the slum as she had cases to follow up. There was a burns case where the student needed hospitalization. She also visited four sponsored students who were given business starter kits and saw their development. The Art and Craft instructor continued to sensitize staff, students and visitors on the importance of observing CoVid19 through art. The two young artists from Mukuru Primary; Malach and Alex have continued to enhance their art talent. We thank Andrew our Art instructor for taking time to guide them.



Drawing by Patrick reminding people on the need to stay safe



Drawing by Andrew (Art Instructor) sensitizing People to avoid crowds



Andrew - Social Distancing



Young Malach



Malach (L)

Alex(R)



Our Lady of Mercy Vocational Training Centre through the Amaranth Program at St Catherine's Social Office distributed free face masks to vulnerable groups to combat CoVid19. The free face masks were also accompanied by nutrition packs for the vulnerable people, the majority being HIVAIDs patients and malnourished children. This group of people lack all the basic necessities used in controlling the spread of the virus. We gave each person four (4) face masks and nutrition packs. Over 90 beneficiaries were served that day. The group unanimously recognized Mukuru Promotion Centre for taking care of them during these hard times.







Fridah in red (2019 Dressmaking student) has been assisting in production of face masks, she also took part in the distribution drive together with two teachers from Skills.

Mushroom Project for the Disabled Youths

In June 2020 Mukuru Promotion Centre, Light for the World Kenya and Cheshire Disability Services Kenya signed an MOU to the in-Business project. The project will be funded by Light for the World Kenya Office. The project has the objective of engaging three (3) groups of persons with disabilities in Mukuru slum, Kibera and Limuru. Each group comprises of 20 people on average and their plan is to start fifteen (15) businesses in three (3) years' time and provide stable income for 120 disability youths. The groups will become major suppliers of the quality gourmet mushrooms for Java House in Kenya.

Mushrooms are edible fungi that grow on decaying organic matter, commonly known as substrate. Mushrooms are different from other crops as they do not require sunlight to grow. They start as very small spawns. The spawns grow in the substrate to produce a fine white fibrous structure called mycelium. From the mycelium the mushroom fruit is produced. This is the part that is harvested.

There are several types of mushrooms: the edible and non-edible. The edible ones include:

• Button -Agaricus

- Oyster -Pleurotous
- Shiitake -Lentinula Edodes
- Straw -Volvallella volvacea

This project will be dealing with Oyster mushrooms. With desirable conditions such as shelter, reliable water supply and stable temperature (15-30 degrees) mushrooms can grow in almost every part of our country. To get started, we needed to identify a piece of land. The next step was to build a simple mud house and wooden shelves. The house has to be well aerated to allow circulation of air. The construction work at Mukuru is almost complete and plans are underway to start looking for substrate. Substrate is basically the substance on which mushrooms grow. This can be forest soil, wheat straw, bean straw, millet straw or even rice straw and it has to be sterilized as the slightest bacterial infection can ruin the entire farm.

Nylon small bags will be needed to prepare the seedlings and big ones for the final planting. The seedlings also called spawns are the most popular and they can be found locally. Good hygiene is important in a mushroom farm hence hand gloves, methylated spirit and cotton wool will be needed.

The actual process starts with mixing and soaking of the substrate (what mushrooms feed on) and packing the substrate into grower nylon bags. Sterilization (in a drum) is important followed by inoculation (planting the seed). The next process is incubation, then transfer of the germinated seed/spawn into the mushroom house. This is followed by house management and this basically involves watering and checking temperature and humidity, then harvesting, packaging and house disinfection.

The beneficiaries of the project have been introduced to the mushroom farming. A practical training of mushroom farming will follow, then training of mushroom as a business.



Technicians doing ground work in order to start construction



Constructon work in progress



David (last right) from Light for the World with some of the Youth

The Mushroom project is situated at the Head Office campus and involves five youths with disabilities. The project is an income generating program that teaches the youth how to cultivate mushrooms. They had to build the mud house where the mushrooms will be planted and harvested later to sell. The project is sponsored by Cheshire Disability and Light of the World.



Cheshire Disability, Light of the World and Sr Mary survey the area

The 2016-2020 MPC strategic plan will be coming to an end this year. As a department, we met to deliberate on the mission vision, core values of MPC and our focus areas. The staff appreciated the opportunity to revise and own the mission and vision of MPC. It was also an opportunity to ask ourselves whether we are making impact and progress as far as the mission and vision of Mukuru Promotion Centre is concerned. The ultimate goal is to implement the strategic plan and regular reviews will be necessary even as we work on the 2021-2025 strategic plan.

Sponsorship

July has been a fairly successful month despite the many challenges. To witness the number of our beneficiaries growing academically and preparing for a successful future, because of our supporters, has been inspiring. To afford vocational training to the destitute of Mukuru slums is our major aim so as to ensure for them a sustainable livelihood. The programs such as catering, hairdressing, garment making, art and craft are set in place to pass on a variety of skills. The activities for the month included: shopping for starter kits business setup; issuance of a keyboard to a beneficiary; visiting a beneficiary involved in an accident and the dissemination of food provisions. We are deeply appreciative of the kindness shown by Elizabeth Kruzel for the initiative.



Caren Auma receives her starter kit for hairdressing.



Shopping for the items



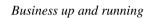




Business setup for the catering student (Janet Juma)



Doreen received her starter kit





A former street boy has benefited together with his team was donated an electronic keyboard to ensure him to advance his music talent and production.

Felix Ouma (St. Michael's Secondary) received a keyboard thanks to Catherine Nolan.

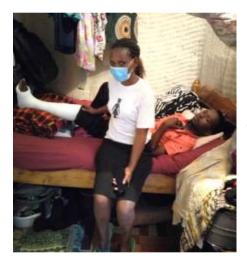
Since schools closed in Kenya, the Ministry of Education instructed the schools that students should undertake online learning on television, mobiles and radios. Such learnings can take place for those who have the infrastructure, but for many marginalized children in the slums it remains out of reach due to costs. Additionally, smartphones are beyond the reach of most slum communities. Hence our students need to resume the face-to-face learning especially our Form Four students. A joint meeting between the teaching staff, sponsorship officer, child protection officer and the head of education was held to brainstorm how the students can resume gradually. After the deliberations we will try to have a school program that will help keep the students occupied, supervised and learning a range of interesting topics. The curriculum won't be covered but it will give us an opportunity to provide some remedial work as well as some fun. The program is aimed at maintaining their welfare while they acquire other skills taught in school.



Meeting with St. Michael's Secondary teaching staff.

School closures had impacted on students who rely on the school feeding program as the main source of nutrition. With everyone now at home, families' ability to provide food for their children has been reduced even further. In such poverty, most students in the slums are forced to work as they need money to get food.

Mathew, one of our St Michael's students was involved in an accident while he was on his job as a boda rider (motor bike taxi). Mathew was trying to help his single mother provide for the family. He fractured his leg and is currently recuperating at home. We wish him a quick recovery.



Mathew Irungu with his mother, resting in bed.



Ascah; a teenage mother received a food parcel.

Some beneficiaries have received a small food parcel donated by their sponsors. The food is donated to cushion the vulnerable families living in the slums from adverse effects of CoVid19.

MPC Clinic

Although the numbers were down from the previous month the Clinic continued attending to 977 patients; distributing immunity booster parcels to 1,000 patients living with chronic illnesses; TB screenings program at the Rehabilitation Centre and lots of meetings. The largest age group treated was the 18 to 35 years followed by the under 5 years.

There were a number of CoVid19 updates, meetings and trainings. The nurse attended an Incharges' monthly meeting hosted by the Ministry of Health (MOH) whereby they learned all the issues regarding quality CoVid 19 management. The four MOH officials conducted the usual CoVid19 supervision visit at the Clinic. They assessed our Clinic's ability to respond, prevention infection control and case identification. They identified some gaps such as availability of all material necessary for prevention of infection, an isolation /holding area within the facility for suspected cases. They also supervised the Mother Child Health immunization program which was reported as well managed.

During the month we received one suspected CoVid19 case that turned out negative for the virus after referral. We developed a CoVid19 holding area in the Clinic for suspected cases. Special thanks to Mrs Sheikh from Victoria Bank Charitable Trust in Nairobi for assisting us. We are more cautious, strategic and working towards all interventions that will assist us in the present and more in the future to avoid contracting the disease while in the line of duty.

The nurse and the laboratory technologist also attended two zoom sessions training by AmeriCares and Misean Cara hosted in Ireland. The key areas highlighted were infection prevention control and proper extended use of PPEs during CoVid 19 pandemic.

The staff also attended a training on Child Protection and Safeguarding that was facilitated by Sr Lillian, Sr Rose and Catherine Karuno. We learnt more on the different types of child abuse, mode of reporting and different types of vulnerable children and adults.



MPC Clinic staff with the Child Protection and Safeguarding facilitators

Another big improvement to the Clinic was the installation of a large television set that broadcasts medical information. We developed a series of medical videos and health related clips that demonstrates understanding and treatment of various diseases like cholera, typhoid and other communicable diseases, influenza, TB and CoVid19. We are grateful to DKA Austria for their support and funding for this project. It means that while patients are waiting to see the doctor, they can watch and learn about the diseases affecting the community on the large screen.



Patients watching medical clips in the waiting bay.

During the month the Clinic attended to 16 TB patients and 3 where placed on supplementary foods to boost their immunity. There were 4 new TB cases in July. The antenatal mothers numbered 80 while 96 children were immunized. There were 4 new clients who started on the comprehensive care program and have been responding well to treatment.

Patients Treated in July

Category	Gender	Under 5	6-17yrs	18yrs – 35yrs	Above 36	Total
New Cases	Male	39	17	50	37	143
	Female	50	16	111	43	220
		89	33	161	80	363
Revisits	Male	77	28	55	75	303
	Female	69	28	141	73	311
		146	56	196	148	614
Total June		235	89	357	228	977

The Most Common Treated Diseases in July

	Diseases	No. of Cases
1	Urinary tract infections	182
2	Acute upper respiratory tract infections	226
3	Gastroenteritis	140
4	Fever unspecified	51
5	Gastritis (unspecified)	43
6	Hypertension and diabetes	70
7	Respiratory tract infections	46
8	Neuralgia and neuritis unspecified	51
9	Abdominal pregnancy	38
10	Tension type headaches	35
11	Others	289
	Total	1,171

The total number of laboratory tests was 397 with the top five listed below

	Highest Laboratory Tests for July	No. of Tests
1	Stool for ova and cyst	70
2	Full Haemogram	76
3	Urinalysis	102
4	Malaria test	30
5	Random blood sugar test	34

Mrs Sheikh from Victoria Bank Charitable Trust assisted the Clinic to respond to pandemic by supporting the construction of the isolation room at the Clinic.





Carpentry instructor, Charles, supervisors the carpentry students to prepare the CoVid19 isolation room at the Clinic.

Social and Health Services

The social workers in their respective offices were mainly involved in mobilizing sick and vulnerable community members to receive immunity booster parcels and food hampers. The social workers have been a great support to the community by interacting with clients, visiting offices and following up on cases. The activities for the month also included the normal home and hospital visits, referrals, profiling, counselling, nutritional support and managing the enormous spike in teenage pregnancies from 2 to 28.

The students at St Michael's (100) received guidance and counselling during the distribution of sanitary towels as a preventive measure to the teenage pregnancies. This has been an alarming situation of great concern. Two of these cases are girls from MPC schools. One social worker has attended a session with the girls at Mukuru Development Slum Project (MSDP) who have already enrolled in the teenage mother program.



The modest face mask is a simple protection measure against the virus. During the month 157 needy families received face masks courtesy of Vocational Training Centre program. Another 84 clients were issued face masks at St. Catherine's social office. Other masks were donated by APDK to issue to the families with special needs children.



Ryan was accompanied to St. Mary's Hospital to have a CT scan after the scan it showed that he had meningitis and was admitted. A few days later Ryan was discharged. However, the doctors at the hospital were not convinced that Ryan was improving the way they expected so they recommended an MRI of the brain. We hope that all will be well.



Immunity Booster Parcels and Food Hampers



The Mushroom project is an initiative within the 'Employ-Able' program, sponsored by Cheshire Disability Society Kenya and Light of the World. The students began their project during the month assisted by Irene the social worker. A detailed account of the program is described under the vocational training centre section.



Summary of July Activities

Case Type (Activity)	Number of Clients
Admissions	2
Home Visits / Hospital Visits	13
Amaranth Client (Nutritional Supplements HIV/AIDS)	83
Disciplinary and Behavioural cases	2
Nutritional Support	822
Malnourished Babies	15
Sanitary Towels	136
Medical Cases	79
Teenage Pregnancy	28
Mask Distribution	241
Counselling	105
Deaths	1
Profiling - Secondary and Songa	99
Therapy Sessions	32
Weekly Upkeep	4
Support to Needy Families	126
School Visit – Special Needs	1
Total Clients Served from MPC Social Offices	1,789

Songa Mbele na Masomo

The Centre has continued to be operational despite the CoVid19 pandemic. Safety measures have been applied every time visitors come to the Centre. The food distribution exercise is still on-going. The Centre has fed 30 needy families in the slums, 17 of them being families from the Centre. These food hampers have been donated by StarKids Initiative.



StarKids Food Donations



Site Meeting

The new facility construction has completed 90% of the substructure works. The column work for the upper ground floor is almost completed. The backfilling on the upper ground floor has started and nearly completed. The hardcore filling on the lower ground floor is finished and some sections of the concrete floor is done. The progress is so far so good.



Side view of the construction site



The staff have attended the refresher training on Child Protection and Safeguarding at MPC. The training reminded us how to protect and safeguard the rights of all those people we are attending to especially, the children.

HOD training at the main office hall

Since most of the children are not attending the Centre our caregivers have been carrying out the home program effectively. A total of 32 clients attended therapy this month with each client attending three sessions per week. Five new clients were admitted for therapy this month. Two children have delayed milestones; two have cerebral palsy; and one has hydrocephalus. The new children's parents could not afford the expensive therapy fee at the Government hospital. The parents are very pleased to see the improvements in their children.



Millicent, Kenya Red Cross



Therapy sessions

This young girl saw one of the Centre pupils struggling to eat and she offered to help



Songa Mbele na Masomo Disabilities Outreach

Case Type (Activity)	Number of Clients
Abuse Cases	1
Admission to Therapy	2
Clothing Assistance	5
Food Parcels and Hampers	30
Distribution of Masks	84
Home Visits	3
Profiles for Therapy Sessions	19
Nutritional Support	1
Sick Cases	6
Therapy Sessions	32
Trainings	1
School Visits	1
Mushroom Project for 'EmployAble'	1
Total Clients Served	186



Fuata Nyayo home visit Special Needs child



Food distribution

As the pandemic continues around the globe our curfew time in Kenya was lifted a little. For July the hours will be between 9pm to 4 am to help curb the spread. There is a lot of concern on the welfare of our beneficiaries living in Mukuru informal settlement scheme due to the overcrowding and lack of capacity to earn a living.

MPC continued to advocate and lobby on behalf of the beneficiaries to the Ministry of Education. The long school break has had a detrimental impact on the pupils and students. The issues raised at the meeting were: lack of e-learning facilities at home; teenage pregnancies; increase in violence; increase in gang and cult recruitments and unavoidable deaths. A report was then compiled with the help of the social office and submitted to the Ministry. The significant points were:

Teenage Pregnancies: By mid-July there were two pregnant teenage girls from Sancta Maria Kayaba Mukuru Primary School and one from the Vocational Training Centre. The concern was how to protect others from pregnancy and further protect those who are already pregnant from backyard abortions. Abortion is illegal in Kenya. There was one young girl who almost died after a botched abortion but MPC Clinic intervened and took the girl to hospital. All the affected girls from MPC schools are under 18 years with the youngest being 13 years of age.

There are also teenage pregnancies from Mukuru community for children who are currently not under our jurisdiction, some are our former students, others from other learning institutions. The numbers are high at 26 girls in total and from this total, only 8 girls are 18 and 19 years of age. The other 18 girls are between 15 and 17 years of age.

The schools have been closed since April. The long unsupervised break for young people creates opportunities of mischief and abuse.

The local administration beside MPC is equally concerned about the situation and this was captured in the Daily Nation newspaper.

Deaths: Some of our youth have joined gangs at the expense of their own life while others have died because of other reasons. MPC has lost six young people: two from mob justice, one from a fire breakout, one from leukemia and one from asthma and one from a road accident.

MPC learnt that the admission changes to vocational training did not apply to our training centre. The policy change was to admit only students who had completed high calculations are straining. This decision would

school into vocational training. This decision would have

impacted on our enrolments since some are school dropouts or partially completed primary education and special needs. The new changes apply to institutes registered as technical institutes under technical training. MPC will continue to empower special needs, non-form four graduates and school dropouts.

St Elizabeth Primary School borehole was finally completed. After a series of technicalities, the borehole is now in use. The working party and committee managed to address the many outstanding issues and forwarded a report to Athi Water Services and Nairobi Water and Sewerage Company as the main contractors and the Nairobi Metropolitan Services as the main overseer.

The other borehole at Sancta Maria Mukuru Kayaba Primary School has been constructed and is waiting for the water to be connected.







St Elizabeth borehole and powerhouse

Sancta Maria borehole

Borehole Committee meeting

Through Fr Innocent from the Missionaries of Africa, the Interreligious Dialogue & Islamic Studies (IRDIS) group supported MPC by providing funds to cater for CoVid19 safety training to staff and support volunteers as they work with Mukuru community on the front line. We appreciate very much the support from the group and will be reporting on the training next month.

St Michael's Secondary

July saw a number of activities resume to some sort of normalcy more so on the return to school for the Form Four candidates. Two meetings were held during the month to plan the return of the Form Four students. From the meetings we crafted a program for them which involved mostly listening skills, communication skills and practical lessons in the science subjects. We were delighted to receive 58 students on 27th and hope that the numbers will increase.

Classes

The arrangement in the classrooms is 1.5m apart. Once they came back, it was easy to handle them. Safety guidelines were taught to keep them safe.

The students who attended enjoyed a lot the practical lessons in the laboratory. This showed how enthusiastic they were coming back to school. The lab technician also engaged the science teachers to enable them to learn more on how to handle some specific practicals.



The Macheo program sponsored four St Michael's teachers to learn the 'Foundations of Teaching with Technology' which was a big boost for us. The classes are ongoing. They started the lessons on 21st July and will conclude on 18th of August. The teachers were: Wilberforce Kidavi, Rose Nyangweso, Shauline Muraya and Danford Mogire. This program provides tools on how to teach effectively through online platforms. After the course they will teach the rest of the teaching staff.

The social worker from St Michael's attended to many students and families during the month.

- food support immunity booster package for the sick and malnourished at Mary Immaculate Clinic (MIC)
- case assessments for profiling
- incoming cases
- referral letters to the MIC
- issuing of sanitary towel to the girls
- guiding and counselling our students on protective behaviours
- attending to child protection and safeguarding trainings

MPC Rehab Centre

The restlessness among the boys is almost at zero this month compared to previous months as a majority of them now realize the value of being at the Centre. This is a win-win situation. The boys' leadership council has taken its role seriously and is now actively contributing to an orderly Centre.

During our first assembly the boys were reminded of the end of term examination and the need to work harder. This reminder had a positive impact as they have been fully engaged in active learning and revision. Catechism and spiritual formation lessons have also resumed. End of term two assessment is on-going, and some improvements have been noted from the marked exams.





Catechism lesson

Library lesson

Our class eight candidates this year are very organized with their class work. We have high hopes as competition is high amongst them. The candidates have shown a positive attitude in learning and gives much hope for a successful year.

The carpentry students are doing very well in their theory and practical work. The students have been involved in several projects and continue to show a lot of understanding as they carry out the activities.

The secondary school boys have been doing their studies in the library under the supervision of a staff member. The two Form Three boys have been attending Mangu High School zoom class. We are so fortunate that they allowed a boy who is not in their school to join in – at least they understand our situation.

The boys are utilising the Profuturo tablets well in their classes. The boys have really taken a greater interest in the lessons since materials that they can relate to, have been loaded into the tablets.

For the Year 1s we have loaded phonics videos to help their pronunciation of words and visualizing them in different ways.



Boys using the Profuturo tablets in class

The Year 2 class has sourced materials that are in line with what they study using textbooks. So far, we have managed to source for three subjects and looking forward to having the rest of the subjects by next term.

We were saddened to hear about the passing of Martin Kimeu. Martin graduated from last year's carpentry class and was doing so well. After graduation we managed to get him a placement with Exotic Wood / Art Products in January 2020 and was living at the Centre until February 2020. As he turned 18, he needed a National Identity Card and went to his home

place to apply. He had started buying household items in readiness to start his new life. He was killed by a group of young fellows. Fr Simon from South B Parish conducted the requiem Mass. Martin's mother informed us that he got into a confrontation which involved two groups. The opponent group called out 'thieves' and he was not able to escape with the rest of his group and he was beaten to death.



The boys participated in various games such as ball games and play station, acrobatics and scouting during the month. The scouts group continues taking their drills in the mornings although some mornings have been overtaken by watering of veggies in the garden.

We held our monthly sport tournament and it was very encouraging to see the boy's enthusiasm for winning.













Our garden caught the eye of Mr Pankaj's and he decided to team up with us. His innovative farming methods that he is teaching us will help boost our production of veggies for the Centre. He organized for a farm trip for the boys on 16th of July 2020. Each house produced 5 boys for a full day learning experience at a farm in Isinya known as Plant Raiser.





Farming Lessons

The results from the visit are amazing as our garden is already prepared and ready for planting. One house has already planted veggies and the other houses will plant after three weeks consecutively. The staff members are having a smooth time as there is no more pushing to get things done in the garden.







We are so fortunate to be receiving food hampers from well-wishers. We have received milk, bread, fruits and veggies in large quantities from Team Pankaj. The team also brought brand new track suits for the boys.







Donation of milk and veggies from Team Pankaj

Action and Focus is also sending us veggies frequently and enough to share with Songa Mbele.







Veggies from Action and Focus Group

Paula Cullen and her team purchased school shoes and leather balls for the boys. They were overwhelmed by the touch of Toughees Bata shoes, one of the best school shoes in Kenya. Some boys were heard saying that they never dreamt of owning such expensive shoes. They could not hide their joy as they tried them on.



The team also supported the pool table repairs. It's all thumbs up!





We accompanied Sr Mary to Mater Misericordiae Hospital to look at some wood donations. We are fortunate to receive good quality items including hardwood doors. The items will greatly improve the small projects in the carpentry classes.





Happenings...

We wish to acknowledge the special efforts of some of our donors during the month:

- Mrs Elizabeth Kurzel who provided funds for the starter kits Austria
- Catherine Nolan (Keyboard) Ireland
- Manos Unidas (Clinic equipment and Immunity Booster Parcels) Spain
- Mrs Sheikh Victoria Bank Charitable Trust (Clinis Support) Kenya
- Interreligious Dialogue and Islamic Studies (CoVid19) Kenya
- Catholic Women's League St Joseph's Pignatelli Parish Attadale, Western Australia
- Attadale Parishioners Western Australia
- Mercy Village Residents, Western Australia (St Michael's Secondary)
- Friends of Sr Assumpta Walsh, England
- Friends of Sr Kathy Kettle, Australia
- Friends of Mukuru Western Australia
- Team Pankaj
- Paula Cullen and Friends

Thank you for your generosity!

Mukuru Promotion Centre

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youth and seniors each day.

We can not do it alone.